

Gerontology Academic Program
California State University, Fullerton

PROGRAM PERFORMANCE REVIEW

Spring, 2017



CALIFORNIA STATE UNIVERSITY
FULLERTON

PROGRAM PERFORMANCE REVIEW

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1. Program Mission, Goals and Environment

The mission of the CSU Fullerton Gerontology Academic Program is to provide learning, research, and practice opportunities that produce outstanding gerontologists and professionals with aging expertise who meet the needs of the aging population. In accordance with this goal, the CSUF Gerontology Academic Program offers a Master of Science in Gerontology and an Undergraduate Minor in Gerontology. These cross-disciplinary courses of study offer students' knowledge, perspectives, and expertise from academia and the field. Both programs require internships and provide students with a strong foundation in applied and theoretical gerontology, with an emphasis on biological, psychological, and social aspects of aging, as well as ethical and cultural considerations of aging.

Our Masters-level program provides a wide variety of course offerings and research opportunities, and prepares students for positions in program planning, evaluation, education, policy/advocacy, health and healthcare, non-profit, and administration. This is an interdisciplinary program with the opportunity to collaborate with faculty from diverse academic disciplines. In addition, our program is flexible and caters to individuals currently in the work force. Our courses are offered late afternoons and evenings, students can take classes either full- or part-time, and we offer electives from a number of disciplines such that study plans can be tailored to meet personal career objectives.

Our gerontology minor is a 21-unit program suitable for all undergraduate majors, particularly those in anthropology, biology, business, communications, economics, human services, kinesiology, psychology, and sociology. The 21-units include 3 required lower-division units, 9 required upper-division units, 3 required internship units, and 6 upper-division elective units. The minor is designed to be broad and multi-disciplinary and to enhance any student's chosen major of study. Many students who complete the minor apply to the MSG program.

Leadership and location of the Gerontology program have been in transition for the past several years. While this has caused several challenges to program stability, we are now at a place where we have good momentum and continuity. For a number of years prior to the 2011/2012 academic year, the Coordinator for the program was Dr. Joseph Weber (also the Chair

of Sociology during that time) and the program was housed in Sociology. During the summer of 2011, Dr. Barbara Cherry was elected as Program Coordinator and the program was moved from Sociology to the general campus (housed in the Ruby Gerontology Center) to create more visibility as a multi-disciplinary program and provide better access for students and faculty from other departments. Dr. William Haddad (Professor Emeritus of History) served as Acting Coordinator and then Coordinator for 2012-2015. The current Program Coordinator is Dr. Laura Zettel-Watson and Gerontology is now housed with Environmental Studies in a dedicated suite in the Humanities Building (H424). Table 1 provides information on the transitions occurring from 2011 to 2016. While the program has undergone a great deal of transition, these moves have created a more multi-disciplinary focus and central location while continuity has been provided by the continued leadership of Drs. Zettel-Watson, Horn Mallers, and Cherry who have been involved in various roles since 2011.

Although the Gerontology Program is a multi-disciplinary program and serves students from at least 5 colleges, primary support for the Gerontology Program is provided by the College of Humanities and Social Sciences. The College of Health and Human Development has provided resources on occasion, including an Associate Coordinator course release and office equipment from the recently closed Institute of Gerontology. The program also receives more than \$10,000/year from private donors, which we distribute to our students in the form of academic scholarships.

We have both a Gerontology Program Council (GPC) and Affiliated Faculty. The GPC consists of approximately 10 faculty (currently from Psychology, Human Services, Anthropology, Sociology, Kinesiology, Counseling, Economics, and Marketing) who meet at various times throughout the academic career to coordinate the Gerontology Academic Program, serve on committees, and provide hands-on support and guidance for the program. In an effort to promote faculty participation, service on at least one standing committee (Curriculum and Assessment, Admissions, Awards and Scholarships, Events, or Marketing) now is required of all Council Members, and many also serve as chairs or readers on student thesis or project committees. The Affiliated Faculty consists of an additional 20 faculty and researchers across campus with an interest in Aging and Gerontological issues.

Table 1. Transitions in Leadership and Location in the Gerontology Academic Program.

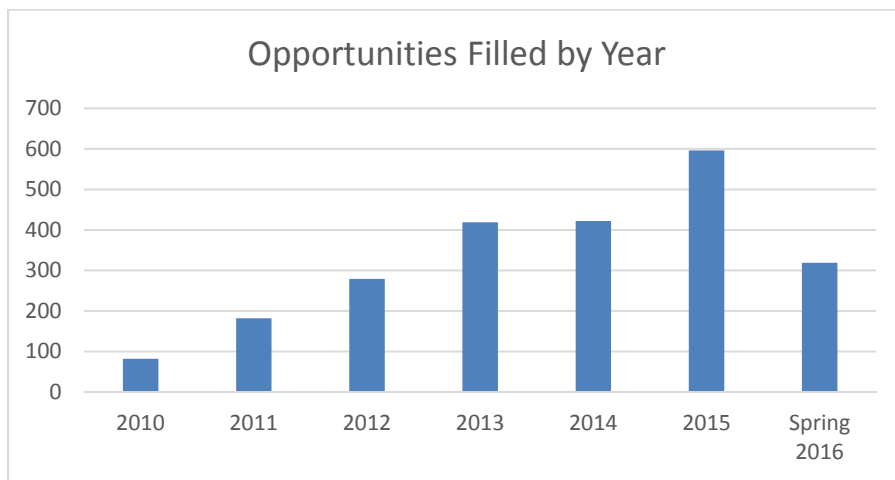
| Academic Year | Program Coordinator Home Department | Associate Coordinators Home Department | Office | College |
|----------------------|--|---|---------------|---|
| 2011/2012 | Dr. Barbara Cherry Psychology | Dr. Laura Zettel-Watson Psychology | RGC08 | Humanities and Social Sciences |
| | | Dr. Melanie Horn Mallers Human Services | | |
| 2012/2013 | Dr. William Haddad History | Dr. Laura Zettel-Watson Psychology | RGC08 | Humanities and Social Sciences |
| | | Dr. Melanie Horn Mallers Human Services | | |
| | | Dr. Barbara Cherry Psychology | | |
| 2013/2014 | Dr. William Haddad History | Dr. Laura Zettel-Watson Psychology | RGC08 | Humanities and Social Sciences |
| | | Dr. Melanie Horn Mallers Human Services | | |
| | | Dr. Barbara Cherry Psychology | | |
| 2014/2015 | Dr. William Haddad History | Dr. Laura Zettel-Watson Psychology | RGC08 | Humanities and Social Sciences |
| | | Dr. Melanie Horn Mallers Human Services | | |
| | | Dr. Barbara Cherry Psychology | | |
| 2015/2016 | Dr. Laura Zettel- Watson Psychology | Dr. Melanie Horn Mallers Human Services | H424 | Humanities and Social Sciences Health and Human Development |
| | | Dr. Barbara Cherry Psychology | | |

Society, communities and current policy are not prepared for the support and services that will be required to accommodate the burgeoning population of older adults. Current statistics report that as of 2010, 40 million individuals were 65 years of age or older (13%), that by 2020 this number will be 54 million (16.5%) and by 2030, a projected 72 million or 1 in 5 individuals will be over 65. In Orange County alone, over 16% of the population is 60 years and older; in surrounding counties, such as San Bernardino and San Diego, numbers are similar (nearly 11 and 12%, respectively). A career in aging is currently one of the top 10 fields for employment and will remain so for the foreseeable future. Interestingly though, CSUF is one of the few

institutions that offers an MSG to students who live locally or in surrounding counties. The CSUF Gerontology Academic Program has worked diligently to create a program that can meet this need by incorporating both applied and theoretical coursework that will train future gerontologists and professionals with a variety of age-related skill sets. However, with such growth of the aging population, an anticipated increase in student interest in both the minor and MSG program, and relatively few universities that offer gerontology programs, greater resources (including faculty support) at CSUF is critical.

The CSUF campus also houses a very active Osher Lifelong Learning Institute (OLLI). The Institute has approximately 1600 members at this time, which allows for a variety of collaborations between OLLI members and the campus community. OLLI members serve as research participants, tutors, panel members and participants in various classroom activities. OLLI elects a member to serve as a liaison for these collaborations, and this individual serves as an ex officio member of our Gerontology Program Council. Figure 1 shows steady increase in OLLI collaborations with CSUF since 2010. Although a very small part of the campus community, Gerontology Program affiliates represent a sizeable number of these collaborations.

Figure 1. Number of Collaboration Opportunities Filled by OLLI Members – by Year



Note: includes calendar years 2010 through 2015, but only Spring of 2016.

In terms of future plans, the Association for Gerontology in Higher Education (AGHE) is currently developing an accreditation procedure for academic programs in Gerontology to which we plan to apply. In the meantime, we plan to begin working on an application for AGHE's Program of Merit during Fall 2017. As stated on the AGHE Website:

The Program of Merit is a voluntary program of evaluation for AGHE member and nonmember institutions that offer either gerontology programs (degree and non-degree granting) and/or health professions programs whose curricula integrates gerontology/geriatrics content. The Program of Merit designation gives gerontology and health professions programs an AGHE “stamp of excellence” that they can use to verify program quality, lobby within their institutions for additional resources to maintain program quality, market the program, and recruit prospective students.

Though this will be labor intensive, and likely take well over a year to two years to complete, we believe this will be a critical component for marketing and student recruitment, as well as ensuring our program’s core principles and outcomes.

In addition, we continue to update our website in Gerontology to respond to the changing needs of our students and the dynamics of the field. Website changes, however, are very slow and we have noticed that outdated sites remain current; we are attempting to work with staff, including IT, to regularly update our content. This remains an onerous task without a dedicated staff member to assist us.

2. Program Description and Analysis

Our program includes a minor and a graduate program and no additional programs have been created in the past five years. However, additional classes have been added to meet minor requirements as well as reinstatement of important classes that had not been taught for a number of years (e.g., BIOL 306). Our minor requirement is 21 units (7 classes) of which 9 units (3 classes) can overlap with the student’s major. Current course offerings include the following.

Undergraduate Minor in Gerontology

The Minor in Gerontology is a 21-unit specialty program designed to introduce undergraduates to the diverse applications of gerontology.

Lower-Division Requirements (3 units)

- Gerontology 133 Introduction to Gerontology (3)*

Upper-Division Requirements (9 units from the following)

- Biology 306 Biology of Aging (3)*
- Kinesiology 454 Physical Dimensions of Aging (3)
- Psychology 362 Psychology of Aging (3)*
- Sociology 443 Sociology of Aging (3)

Internship (3 units)

One three-unit internship at the 300/400 level in a related field. An internship is a supervised experience working within the community. Internships are coordinated through the student's major department.

Electives (6 units)

Examples of Electives:

- Anthropology 308 Culture and Aging: Anthropological Gerontology (3)
- Biology 306 Biology of Aging (3)
- Child/Adolescent Studies 312 Human Growth and Development (3)*
- Finance 411 Retirement and Estate Planning (3)
- Gerontology 420 Aging and Dementia (3)
- Health Sciences 342 Stress Management (3)*
- Human Communication Studies 320 Intercultural Communication (3)*
- Human Services 310 Case Management (3)
- Human Services 380 Theories and Techniques of Counseling (3)
- Kinesiology 353 Physical Activity and Lifelong Well-Being (3)*
- Management 435 Service Organizations and Operations (3)
- Marketing 351 Principles of Marketing (3)
- Nursing 357 Health Promotion: Adult-Aged Nursing (3)
- Philosophy 314 Medical Ethics (3)*
- Psychology 302 Learning and Memory (3)
- Sociology 351 Sociology of Families (3)*

* Meets General Education requirement.

Master of Science in Gerontology

Substantial changes have been made to increase rigor in our graduate program. This includes elimination of the exit exam. All students are now required to complete either a project or a thesis for the degree. In addition, GERO 535 (Evaluation and Program Planning) was added as a required course after feedback from MSG alumni about what they felt would have better prepared them for professional employment in the field.

The Graduate program has a minimum requirement of 30 units (10 classes). The current program provides the core classes that gerontologists will need as well as opportunities to select particular classes that will enhance certain specific career goals.

Required Core Classes (21 units)

- GERO 500 Applied Gerontology/Professional Development (3)
- GERO 501 Research Methods in Gerontology (3)
- GERO 503 Aging and Public Policy (3)

- GERO 507 Biopsychosocial Aging (3)
- GERO 535 Evaluation and Program Planning (3)
- GERO 595 Gerontology Internship (3)
- GERO 597 Project (3) or GERO 598 (thesis)

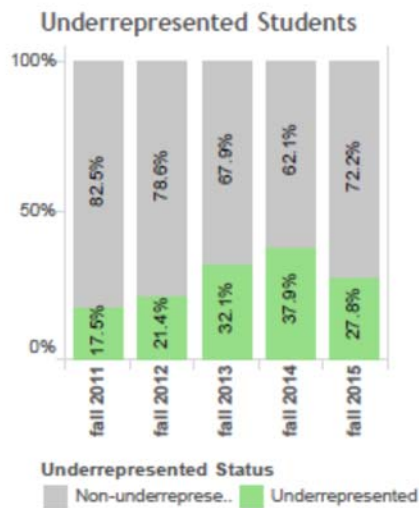
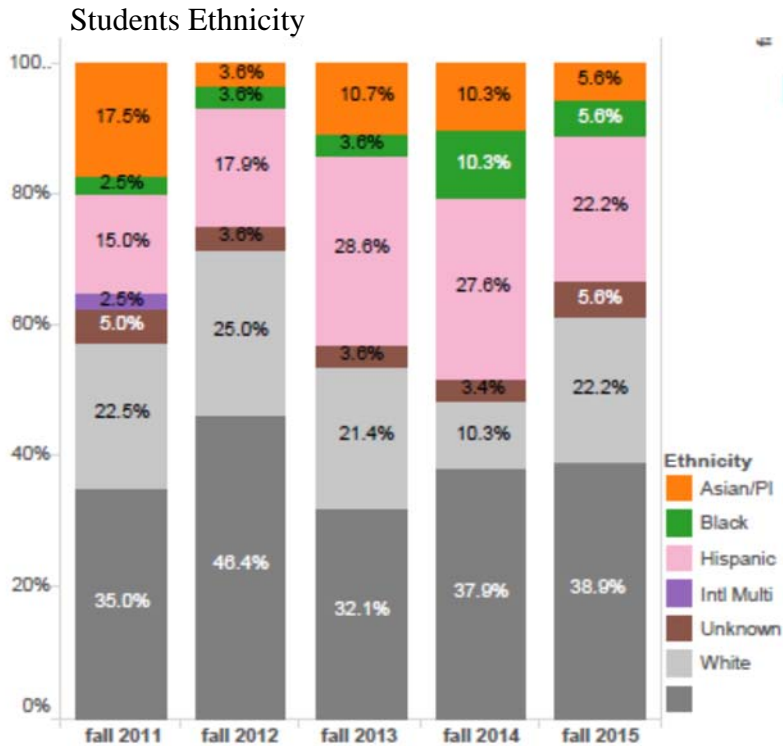
Electives (9 units)

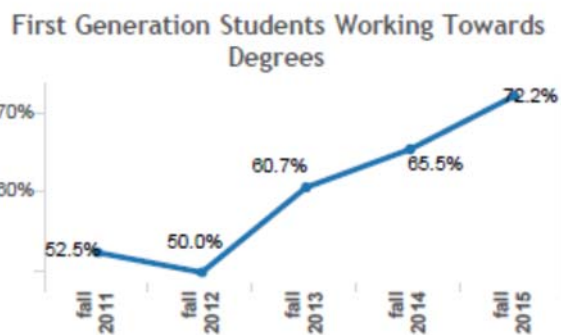
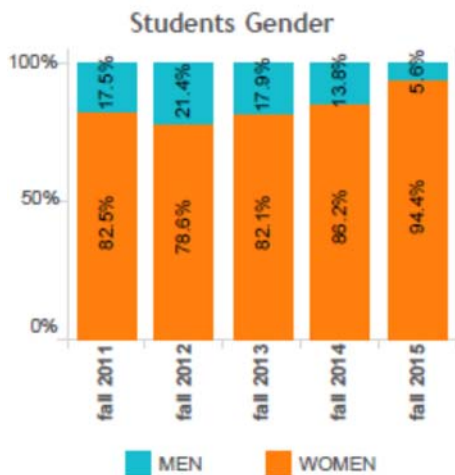
The remaining nine units are Gerontology electives as well as electives from other departments. Current electives include (in alphabetical order by Department or Program):

- Anthropology 435 Anthropology of Death and Mortuary Practices (3)
- Chemistry 445 Nutritional Biochemistry (3)
- Economics 506 Economics of Aging (3)
- Finance 411 Retirement and Estate Planning (3)
- Gerontology 420 Aging and Dementia (3)
- Gerontology 425 Successful Aging and Gerotechnology (3)
- Gerontology 450 Applied Health Promotion in Aging Populations (3)
- Gerontology 462 Advanced Psychology of Aging (3)
- Gerontology 506 Economics of Aging (3)
- Gerontology 508 Social and Ethical Issues in Aging (3)
- Gerontology 526 Administration and Systems Management (3)
- Gerontology 525 Successful Aging and Gerotechnology (3)
- Gerontology 527 Aging: A Multigenerational Perspective: Adv. Social Work Practice (3)
- Gerontology 545 Nonprofit and Societal Marketing (3)
- Health Science 401 Epidemiology (3)
- Health Science 440 Determinants of Health Behavior (3)
- Health Science 450 Applied Health Promotion in Aging Populations (3)
- Human Services 400 Ethical and Professional Issues in Human Services (3)
- Human Services 410 Crisis Intervention for Para-Professionals (3)
- Human Services 412 Gerontology in Human Services (3)
- Human Services 420 Human Services Management (3)
- Human Services 480 Case Analysis and Intervention Techniques (3)
- Kinesiology 454 Physical Dimensions of Aging (3)
- Kinesiology 455 Functional Perform. Assessment and Programming for Older Adults (3)
- Management 435 Management of Service Organizations (3)
- Marketing 545 Nonprofit and Societal Marketing (3)
- Marketing 596T Contemporary Topics in Marketing, 50+ Consumer Marketing (3)
- Philosophy 400 Ethical and Professional Issues in Human Services (3)
- Political Science 526 Administration and Systems Management (3)
- Psychology 415 Cognitive Processes (3)
- Psychology 462 Advanced Psychology of Aging (3)
- Psychology 474 Health Psychology (3)
- Psychology 475 Psychopharmacology (3)
- Sociology 443 Sociology of Aging (3)
- Sociology 455 Sociology of Health and Illness (3)

The Gerontology Program recruits an ethnically diverse pool of Masters students, with a mix between recent BA/BS graduates and returning students. MSG students are primarily female, and the majority are first generation students. The following figures illustrate demographic characteristics of MSG students between 2011-2015.

Figures 2a-2d. MSG Student Demographics





Our program has several challenges at the present time. Our recruitment of new students has dropped in the past two years despite an increase in recruiting efforts. We think this may be due to a new CSUF graduate program in Social Work, which now offers an aging track. From the MSW website:

The two-year MSW program at the Fullerton campus offers students two direct service specialization options: Child Welfare and Community Mental Health (with specialization options, including Aging: a Multigenerational Perspective). The Community Mental Health concentration prepares students to work with various client populations across the mental health care system, including children, families, adults, and older adults.

Because of this issue, we have recently been expanding our recruitment efforts. Last year (2015-2016), in addition to CSUF recruiting opportunities (Fall: Health & Social Science Welcome Day, Fall Graduate School Fair, and Spring: Fullerton Day), we have had booths at both

University of California, Irvine's graduate school fair (Fall 2015) and the Association of Gerontology in Higher Education's Annual Meeting (Spring 2016) in Long Beach. Such efforts will continue as long as we are able to fund them.

We have also been addressing the amount of time to completion for the thesis or project by offering workshops for those who have completed their course work but are still working on their thesis or project. In addition, we have incorporated more time in regular course work to address thesis and project ideas, including the creation of course assignments that would allow for literature reviews and encourage our students to use these as a way to begin their first chapters of the thesis or project.

Short-term, we are working on General Education (GE) approval for a new class (GERO 313) titled *California Gold: Diversity and Aging* (GE category = Explorations in Social Sciences and Cultural Diversity). As described in the course syllabus, California serves as a microcosm for diversity and aging globally. Issues related to race/ethnicity, but also gender, disability, income, sexual orientation, and religion are considered among aging Californians. Demographics, needs, and both current and potential future support services are explored.

In addition, we are currently collaborating with the Alzheimer's Family Services Center in Huntington Beach to redesign GERO 420 (*Aging and Dementia*) to incorporate a service-learning component. Students would use a portion of this class to interact and care for individuals with different types of dementia on site during the course of the semester. Finally, we are continuing to work on the aforementioned certificate program which we feel would help recruit additional students to the Master's degree.

3. *Documentation of Student Academic Achievement and Assessment of Student Learning Outcomes*

Gerontology is currently a small field with supportive networking. Perhaps the best indicator of the strength of our program is that our students go on to do incredible work in leadership positions in the field. For example, graduates of our MSG program hold positions in the following places:

Orange County Office on Aging

Orange County Council on Aging

Recreation Supervisor, City of Newport Beach
Director of Senior Services with the LGBT Center of Orange County
Adjunct Assistant Professors at CSUF in Health Sciences, Gerontology
Access Program with Orange County Transit Authority
Social Work and Case Management at Huntington Beach Senior Services
Alzheimer's Orange County

In terms of assessment, we have recently implemented three student learning outcomes for our Master's students. This form is completed by individual faculty serving on thesis or project committees. Each faculty member serving on a committee is required to assess student learning after the thesis/project defense meeting with a form evaluating the application of gerontological theories, concepts, and issues (Student Learning Outcome 1), written communication skills (Student Learning Outcome 2), and oral communication skills (Student Learning Outcome 3) based on a rating scale of 0 (poor) to 4 (excellent).

SLO 1: Application of Gerontological Theories, Concepts, and Issues

4. **Excellent:** Student thoroughly reviewed relevant literature and integrated interdisciplinary knowledge; logically applied literature to research question or inquiry; incorporated strong methodology (and analysis, if applicable); drew several insightful conclusions; included several meaningful implications for the field.
3. **Good:** Student reviewed the relevant literature and integrated interdisciplinary knowledge, but not as thoroughly as for #4; applied literature to research question or inquiry; incorporated good methodology (and analysis, if applicable); drew a few insightful conclusions; included a few meaningful implications for the field.
2. **Acceptable:** Student reviewed relevant literature, but with some gaps, and adequately integrated interdisciplinary knowledge; used adequate methodology (and analysis, if applicable); drew a few conclusions; included a few implications for the field, but lacked the insight required for #3 or #4.
1. **Deficient:** Student conducted a limited literature review and/or seemed to “miss the big picture”; used inadequate methodology (and analysis, if applicable); any conclusions drawn were cursory or did not reflect an entirely accurate understanding of the topic/literature.
0. **Poor:** Student failed to review and understand the literature; failed to apply interdisciplinary knowledge correctly; used inappropriate methodology (and

analysis, if applicable); failed to draw conclusions or implications related to the topic/literature.

SLO 2: Written Communication Skills

4. **Excellent:** Student's writing was clear, concise and well-organized; demonstrated excellent clarity and grammatical mastery.
3. **Good:** Student's writing was generally clear and organized; demonstrated good clarity with few grammatical errors.
2. **Acceptable:** Some sections of the student's writing were unclear and unorganized; demonstrated adequate clarity with several grammatical errors.
1. **Deficient:** Several sections of the student's writing were unclear and organization was deficient or lacking; demonstrated little clarity with more widespread grammatical errors.
0. **Poor:** Severe problems with student's writing and organization; significant lack of clarity and serious and numerous grammatical errors impairing reader's understanding.

SLO 3: Oral Communication Skills

4. **Excellent:** Student's oral communication was well-organized and eloquent; had excellent audience engagement; provided well-expressed responses; arguments were skillfully presented; advanced knowledge in subject area exhibited.
3. **Good:** Student's oral communication was organized and articulate; had good audience engagement; provided clear responses; arguments were well presented; strong knowledge in subject area exhibited.
2. **Acceptable:** Student's oral communication was mostly organized and articulate; had acceptable audience engagement; provided basic responses; arguments were sufficiently presented; adequate knowledge in subject area exhibited.
1. **Deficient:** Student's oral communication was somewhat disorganized and inarticulate; had low audience engagement; provided inadequate responses; arguments were insufficiently presented; inadequate knowledge in subject area exhibited.
0. **Poor:** Student's oral communication was mostly disorganized and inarticulate; had unacceptable audience engagement; failed to provide sufficient responses; arguments were poorly presented; very little knowledge in subject area exhibited.

During 2016, we assessed student learning outcome 1 (SLO 1), which was to determine the extent to which MSG students could acquire and apply advanced interdisciplinary knowledge

of gerontological theories, concepts, and issues. Ten students completed their thesis or project between 2015 and 2016. Each student had three committee members. Committee members were sent an email during Fall 2016 requesting they rate MSG students using the student's thesis or project. Thirty assessments were completed for 10 students by 15 different faculty (response rate = 100%). Our goal is that all students score at 2 or higher on the three SLOs, but particularly for SLO 1. All faculty gave their students at least a 2 on SLO 1. Note, no 0's or 1's were given and the average score was a 3.2 indicating that, overall, MSG students' ability to acquire and apply advanced knowledge of gerontological theories, concepts, and issues, via a thesis or project, was "good": (see rubric below). Overall scores for the ten students were SLO 1 = 3.20; SLO 2 = 3.15; SLO 3 = 3.26. In forthcoming years, SLOs 2 and 3 will be assessed.

In addition, some of our classes are offered online and student assessment is evaluated in several ways. In our Gero 133 online class, students are assessed with five quizzes, one exam, six discussion boards which include hands-on activity (e.g., students use materials to accelerate their aging so they can experience limited mobility, etc.), and written assignments. In our Gero 425 online class, students are assessed with a midterm and final exam, discussion board assignments, confirmation of visits to a shop that sells medical devices, wheel chairs, etc., and presentation of a universal design for their own home or home of a loved one where they can age in place. In our Gero 595 online class, biweekly discussions are evaluated for duties performed at internship sites and connections to course material. A mid-semester interview paper and end of semester final paper are also assigned.

4. Faculty

As an academic program rather than a department, home departments for our tenure-track faculty are in other disciplines (e.g., Human Services, Health Sciences, Psychology, Sociology). The composition of the teaching staff has changed from the last program performance review in that we have more tenure track faculty teaching our core classes. Some of our part-time faculty have retired (Pauline Abbot, Echo Chang, Peggy Weatherspoon) and we have brought on other part-time faculty to replace them (Karen Fazio, Urvi Patel). In addition, Dr. Joseph Weber (previous coordinator and full-time faculty member in Sociology) has retired.

Core 500 level classes are taught primarily by tenure-track faculty (Drs. Zettel-Watson, Horn Mallers, Cherry). Several required 500 level courses have also been taught by part-time faculty (Gero 501, 503, Dr. Patel; Gero 535, Ms. Fazio). Ms. Fazio was contracted to teach this class due to her expertise in the field as a professional gerontologist. Part-time faculty have also taught 400 level courses (Dr. Patel, Ms. Wong, Ms. Fazio).

In addition to hiring highly qualified instructors, the Gerontology Program also has employed a Graduate Assistant for the past 5 semesters. In an effort to assist our MSG students toward timely graduation, we have chosen to replace an offered elective with a funded graduate assistant. The graduate assistant has served as a tutor and facilitator for our MSG students to use as a resource for study design, data analysis, and writing. This assistant has typically been working with students approximately 15 hours per week.

5. Student Support and Advising

The Gerontology Academic Program advisor has been Ms. Karen Wong since 2012. She also helped with a portion of the advisement in 2011-2012 along with Dr. Barbara Cherry. Ms Wong has an MSG from CSUF and currently advises both masters and minor students. Ms Wong spends approximately 10 to 15 hours a week advising students either by email, phone, or in-person. This constitutes about 15-20 individuals per week and includes undergraduate minors, undergraduate potential minors, undergraduate non-minors with an interest in gerontology but an aging concentration in their own department (e.g., Human Services), graduate students, potential graduate students, applicants, and students from other departments with an interest in interning in the aging field (Sociology, Psychology, Human Services, Health Sciences, Business, Kinesiology).

Each student is assessed based on their individual situation. The student TDA is reviewed with the student. A study plan is implemented to help the student stay on target with graduation. In addition, if the student has any specific interests (interest in leadership skills, job hunting, or a specific area of gerontology) the meeting will be more in-depth to help the student reach future goals. Students are provided information on the following:

- 1) Scholarships
- 2) Internships

- 3) Specific courses for their particular area of interest
- 4) Study abroad options with gerontology
- 5) Completing study plans for undergrads and grads
- 6) Information pertaining to project/thesis
- 7) Information on academic probation
- 8) GS-700 (Each semester the student adviser will call students registered for GS-700 to check on their progress and prompt them to move toward completion)
- 9) Internships in gerontology
- 10) Project and thesis guidance on selecting a chair, committee member and topic
- 11) Goals and timelines set for students registered for GS-700.

Ms. Wong also teaches our internship class. Her outstanding work with students over the course of the past few years has been recognized at both the College and the University level. She has been nominated and/or awarded for a variety of honors:

2016: Assigned Time for Exceptional Levels of Service to Students

2014: CSUF Community Engagement Award for Extraordinary Internship Coordinator

2012: National Society of Collegiate Scholars Award for Excellence in Inspiring Leadership and Scholarship. Also, key note speaker at the annual meeting.

2012: CSUF College of Humanities and Social Sciences Faculty Award Nomination for Outstanding Nontenured Faculty Member

2011: CSUF College of Humanities and Social Sciences Faculty Award Nomination for Outstanding Nontenured Faculty Member

As a program, we also offer several outreach events for our students. For example, we periodically hold workshops for struggling students. These are aimed at graduate students who have stalled at a particular part of their writing or research. The workshop hosts, compensated with funds from the programs Operations and Expenses budget, address any challenges the students are experiencing and try to partner struggling students together to help each other, facilitated by the graduate assistant, the advisor, and the program coordinators. We also host a meet-the-faculty event each fall semester to have students hear about ongoing research by faculty affiliates across campus. This allows students and affiliated faculty to meet and discuss possible collaborations for theses and projects.

Sigma Phi Omega (SPO) is a nationally-based honor society for Gerontology which is open to both graduate and undergraduate gerontology students. We currently have a very active chapter with Ms. Karen Wong serving as faculty advisor. Meetings and events are held throughout the academic year. For example, April is *Careers in Aging month* and typically Sigma Phi Omega hosts an event with gerontologists from the field along with students and faculty. Just in 2015-2016, the following events have been sponsored by SPO:

| | |
|---|----------|
| Sigma Phi Omega Mixer | 2/10/15 |
| Scholarship Application Workshop | 3/16/15 |
| Careers in Aging | 4/06/15 |
| SPO Initiation Ceremony/Banquet | 5/05/15 |
| Coping with Dementia--Book signing & talk with Rosemary DeCuir | 10/25/16 |
| Gerontology Project Workshop | 11/10/16 |
| Revolutionizing Healthcare—Book signing & talk with Dr. Josh Luke | 12/01/16 |

We are also very fortunate to have a number of donors who provide scholarships to students conducting research in the field of aging. We hold an awards ceremony in early May to honor scholarship recipients and their sponsors and new SPO members. We have approximately 10 scholarships awarded yearly from four sources. These awards range from \$500-\$1500 per student, per semester.

6. Resources and Facilities

Gerontology has one “first rights” classroom, UH 240. Although one classroom should be able to meet the needs of our small program, the small size of the room (cap of 27), does not allow us to offer reasonably sized undergraduate/general education sections or electives. When we can offer just 7 courses per semester, we struggle to meet our full-time equivalent student (FTES) target if we cannot offer larger lower-division courses. Further, we currently only use standard classrooms, but it would be helpful in teaching Gerontology 501 (Research Methods) and in preparing students to conduct analyses for their thesis research to have access to computer classrooms/laboratories.

The CSUF Pollak Library has a dedicated Gerontology librarian, Joy Lambert, to support our students as well as a specific site on the library website that provides additional assistance (Gerontology Subject Guide at <http://libraryguides.fullerton.edu/c.php?g=189692&p=1252599>). In addition, the library helps the Gerontology Program and its students by providing a variety of print and online resources. Ageline, the library's main Gerontology-focused database, includes information specifically focused on older adults reflected in fields such as social work, health sciences, sociology and psychology, and others. As Gerontology is a multidisciplinary field of study, students and faculty can also find pertinent research in a number of other library databases including PsycINFO, PubMed, CINAHL, Academic Search Premier, CQ Researcher, Sociological Abstracts, and Social Services Abstracts. Access to 85 Gerontology journals is available through online database subscriptions.

The library is also continuously augmenting the Gerontology collection, which includes books, eBooks and audiovisual materials. Gerontology books and eBooks are actively added each year, purchased using the library's approval plan and by librarian selections. Any materials students and faculty need outside of the library's immediate collection can easily be obtained through ILLiad, the library's interlibrary loan service.

7. Long-term Plans

In accordance with the University's mission, goals and strategies, we are diligently working to position our program to better prepare our students to become effective, resourceful, and impactful professionals serving older adults. To this end, we continue to design programs both within and outside the classroom that provide our students with high-impact practices and that link their future career with the current community. We continue to work on maintaining a high profile both within CSUF and beyond to capitalize on interdisciplinary and community research and programs. As noted above, we will work to achieve Program of Merit status, and eventual accreditation via AGHE.

We need additional financial support to address a number of issues, including: inadequate support staff for the program, additional funds to increase our marketing, and more funds to increase our ability to include more high-impact service learning components (on-site facilities) to our curriculum as well as provide more student support workshops to move our students

through the program in a timely fashion. It may be helpful to note that faculty who teach and/or coordinate the gerontology program are not “housed” in gerontology; rather, such faculty are also committed to their home departments, often leading to tremendous work overload. The program has been fortunate that there has been funding to provide course release time each semester for the elected Program Coordinator, who has traditionally provided a release for an assistant coordinator (one release each for coordinator and associate coordinator, per semester). Faculty are in great need, however, of additional support in order to grow the program and meet the ever demanding changes of the aging population. This could include support for more release time for coordination, website support, research funding to better engage students in aging-related research, MSG thesis/project mentoring, and student travel.

Finally, as addressed earlier, marketing and student recruitment are primary goals. To elaborate, our program has a 2.0 FTEF (10 courses/semester), from which the coordinator and associate coordinator course releases are deducted. We have also needed to pay our student assistants from this. This leaves us with funding to offer 7 courses per semester. Three of these are required gerontology masters-level courses, which generally have about 10 students/class. In order to meet our FTES target (~120 students/semester), we need to offer three sections of GERO 133, cross-listing them with partner departments (e.g., PSYC, SOCI, HESC) for exposure. This results in our inability to offer more than one GERO elective (graduate or minor) per semester, impeding our service to our undergraduate minors. The current structure also has created a dependence on GERO 133 and our partner departments, who allow us to list the course under their departments and then transfer the FTES to us after the semester begins. While we are grateful to our partners, enrollment from semester to semester is tenuous, often dropping in fall and rebounding in spring (when we can use the fall to advertise). We continue to market the program to reduce our reliance on other departments – for Spring 2017, 48% of 133 students enrolled through GERO sections, as compared to 21% in Fall 2016. Ideally, we will be able to add FTES/FTEF to enable us to offer additional electives. A greater number of electives will enable us to serve a greater number of minors, increasing campus-wide exposure and creating a larger pool of potential MSG students.

8. Appendices

I. Undergraduate Degree Program

II. Graduate Degree Program

III. Faculty

IV. Resources

V. Long-term planning

VI. *Curriculum Vitae* of faculty (which should include recent scholarly/creative activity and any research funding)

APPENDIX I. UNDERGRADUATE DEGREE PROGRAMS (MINOR)

TABLE 2. Minor Program Enrollment in Headcount.

| Academic Year | Headcount minors |
|---------------|------------------|
| 2015-2016 | 49 |
| 2014-2015 | 68 |
| 2013-2014 | 80 |
| 2012-2013 | 61 |
| 2011-2012 | 47 |

TABLE 3. New Minors by Department Major.

| Academic Year | Department Majors | | | | | | | | | |
|---------------|-------------------|--------------|---------------|----------------|-------|------|-------|--------|-----------------|-----|
| | Anthro | Comm. Disord | Comm. Journal | Health Science | Kines | Nurs | Psych | Soci o | Human Service s | Bio |
| 2015-2016 | | | | 2 | 1 | | 5 | 3 | 1 | 1 |
| 2014-2015 | 1 | 2 | | 6 | 2 | 1 | 4 | 3 | | |
| 2013-2014 | | 1 | 1 | 1 | 3 | | 5 | 7 | | |
| 2012-2013 | | | | 8 | | | 4 | 7 | | |
| 2011-2012 | | | | | | | 2 | 6 | | |

APPENDIX II. GRADUATE DEGREE PROGRAMS (MASTER OF SCIENCE IN GERONTOLOGY)

TABLE 4. Graduate Program Applications, Admissions, and Enrollments

| Academic Year | # Applied | # Admitted | % Admitted | # Enrolled | % Enrolled |
|---------------|-----------|------------|------------|------------|------------|
| 2015-2016 | 11 | 5 | 45 | 5 | 100 |
| 2014-2015 | 15 | 10 | 67 | 9 | 90 |
| 2013-2014 | 38 | 23 | 61 | 17 | 74 |
| 2012-2013 | 16 | 9 | 56 | 6 | 66 |
| 2011-2012 | 24 | 18 | 75 | 15 | 83 |

Percentage of students enrolled is equal to the number of students enrolled divided by the number of students admitted.

TABLE 5A. Graduate Program Enrollment in FTES (Master's)

| Academic Year | Enrollment in FTES |
|---------------|--------------------|
| 2015-2016 | 25.5 |
| 2014-2015 | 29 |
| 2013-2014 | 27.9 |
| 2012-2013 | Not available |
| 2011-2012 | Not available |

TABLE 5B. Graduate Program Enrollment in Headcount (Masters).

| Academic Year | Enrollment in Headcount |
|---------------|-------------------------|
| 2015-2016 | 11 |
| 2014-2015 | 15 |
| 2013-2014 | 34 |
| 2012-2013 | 16 |
| 2011-2012 | 23 |

TABLE 6A. Graduation rates for Gerontology Master of Science cohorts by Cohort.

| Master's Students Cohort | Headcount | % Graduated in 2 years | % Graduated in 3 years | % Graduated in 4 years | % Graduated in 5 years | % Graduated in 6 years |
|--------------------------|-----------|------------------------|------------------------|------------------------|------------------------|------------------------|
| 2015-2016 | 3 | 0.0% | NA | NA | NA | NA |
| 2014-2015 | 8 | 0.0% | NA | NA | NA | NA |
| 2013-2014 | 14 | 7.1% | 21.4% | NA | NA | NA |
| 2012-2013 | 6 | 33.3% | 83.3% | 83.3% | NA | NA |
| 2011-2012 | 12 | 25.0% | 41.7% | 58.3% | 66.7% | NA |

TABLE 6B. Average/mean time elapsed between entrance to the Master of Science Program and graduation for the following cohorts.

| College Year Graduating Cohort | Average Year to Degree | # Graduated | Min. Year to Degree | Max. Year to Degree |
|--------------------------------|------------------------|-------------|---------------------|---------------------|
| 2015-2016 | 5.6 | 6 | 2.5 | 9.5 |
| 2014-2015 | 3.7 | 12 | 2.0 | 7.0 |
| 2013-2014 | 2.8 | 8 | 2.0 | 4.0 |
| 2012-2013 | 3.2 | 12 | 2.0 | 5.5 |
| 2011-2012 | 2.3 | 14 | 1.5 | 4.0 |

TABLE 7. Masters Degrees Awarded.

| Academic Year | Degrees Awarded |
|---------------|-----------------|
| 2015-2016 | 6 |
| 2014-2015 | 12 |
| 2013-2014 | 8 |
| 2012-2013 | 12 |
| 2011-2012 | 14 |

APPENDIX III. FACULTY

As an academic program rather than a department, home departments for our tenure-track faculty are in other disciplines (e.g., Human Services, Health Sciences, Psychology, Sociology).

Table 8. Faculty teaching core classes. Bold indicates tenure track faculty. Thesis/Project class (Gero 597/598) is committee chair (tenure track/multiple departments).

| Academic Year | 500 | 501 | 503 | 507 | 535 | 595 |
|---------------|------------------|-----------------|------------------|-----------------|----------------|----------------|
| 2015-2016 | K.Fazio | B.Cherry | M.Mallers | | K.Fazio | K.Wong |
| 2014-2015 | M.Mallers | B.Cherry | U.Patel | L.Watson | J.Weiss | K.Wong |
| 2013-2014 | M.Mallers | U.Patel | U.Patel | L.Watson | | K.Wong |
| 2012-2013 | M.Mallers | U.Patel | M.Mallers | | | K.Wong |
| 2011-2012 | J.Weber | J.Piazza | M.Mallers | P.Abbott | | P.Weatherspoon |

APPENDIX IV. RESOURCES

Table 9. Department resources from state-supported budget and fund-raising.

| Academic Year | State-Supported | Fund-Raising* | % State Supported |
|----------------------|------------------------|----------------------|--------------------------|
| 2015-2016 | \$4100 | \$6500 | 39% |
| 2014-2015 | \$4166 | \$6500 | 39% |
| 2013-2014 | \$4166 | \$6500 | 39% |
| 2012-2013 | Not available | \$6500 | NA |
| 2011-2012 | Not available | \$6500 | NA |

*Scholarships; does not include \$100,000 scholarship endowment

APPENDIX V. LONG-TERM PLANNING

While some of our long-term goals have been discussed above, the following is a summary of ongoing, and possible new, long-term goals and related timeframes. As indicated previously, these are dependent upon support and resources.

| Activity | Timeframe | Note/Comment |
|---|--|---|
| Continue marketing and recruitment efforts for MSG program and minor | Ongoing | Next step: class presentations to non HHD and HSS majors, such as Communications. |
| Secure release time for faculty to write program-related grants | Ongoing | One idea we have is to lead University-wide workshops to faculty about how to infuse aging content into their disciplines. |
| Increase FTEF in order to offer more Gero-housed classes and create new courses, such as Global Aging | Ongoing | |
| Increase FTES in order to develop tracks in the MSG program | Ongoing | We believe offering tracks will help our students be more marketable; such examples include “service/wellness”, “administration” and “research”. |
| Creation of a fully-online MSG program. | Begin formal discussion in Fall 2019. | This would allow us to recruit beyond the Southern California geographic area. |
| Secure funding to hire marketing graduate student, or release time for faculty, to support efforts to expand field-work opportunities. | Ongoing | We believe students will benefit from internships in non-traditional entities, such as corporate banking and hospitality. We need labor and resources to have the time to build such relationships and develop appropriate programs. |
| Work with University Extended Education (UEE) to develop a self-support Certificate Program for Professionals. | Begin formal discussion in Fall 2019. | We recently proposed this to UEE, but after 2 years of discussion, their advisory board deemed that <p style="padding-left: 40px;">“ There is a lack of industry as well as individual recognition for the need to have extensive Gerontology training. In order to create a need in the program, the field would need to first educate the public / market.”</p> We hope that with success of building |

| | | |
|--|--|--|
| | | <p>relationships with non-traditional industries (above), increasing enrollment and expansion of the MSG program, and working towards AGHE accreditation, we can revisit the development of a Professional Certificate in the future.</p> |
|--|--|--|

APPENDIX VI. CURRICULUM VITAE

Curriculum vitae for core Gerontology faculty follow (in alphabetical order).

CURRICULUM VITA
Barbara J. Cherry

A. Personal Information

Business Address:

Department of Psychology
California State University, Fullerton
800 N. State College Blvd.
Fullerton, CA 92834
(657) 278-2731
FAX: (657) 278-7134
email: bcherry@fullerton.edu

B. Education

| | |
|--------------------|---|
| 1964-1968 | San Marino High School San Marino, CA |
| 1968-1972 | University of California, Los Angeles Major: Physiological Psychology B.A. December, 1972 |
| 1988-1990 | California State University, Fullerton Major: Experimental Psychology M.A. August, 1990 |
| 1990-1995 | University of Southern California, Los Angeles Major: Cognitive Psychology Ph.D. Spring, 1995 |
| <u>Fellowships</u> | |
| 1995 | Postdoctoral Fellowship, Training in Endocrinology and Neurobiology of Aging Department of Neurology University of Southern California |
| 1993-1994 | Pre-doctoral Fellowship, Division of Cognitive Neuroscience and Neurogerontology Department of Neurology University of Southern California |
| 1991-1994 | Pre-doctoral Fellowship, Adult Development and Aging Area (ADAGE) Department of Psychology University of Southern California |

Honors and Awards

- 1997 National Institute on Aging Summer Institute
July 20-27 at Airlie House, Airlie, Virginia
- 1990 M.A. Student of the Year
California State University, Fullerton
- 1972 Dean's List, Honors Program
Graduated Cum Laude
University of California, Los Angeles

C. Professional Background

Academic Appointments:

- 2014-present Professor
Department of Psychology
California State University, Fullerton
- 2012-present Associate Coordinator
Gerontology Academic Program
California State University, Fullerton
- 2011-2012 Coordinator
Gerontology Academic Program
California State University, Fullerton
- 2010-2014 Associate Professor
Department of Psychology
California State University, Fullerton
- 2006-2010 Assistant Professor
Department of Psychology
California State University, Fullerton
- 2002-2006 Part-time Faculty
Department of Psychology
California State University, Fullerton
- 2001-2008 Adjunct Assistant Professor Research
Department of Occupational Science and Therapy
University of Southern California
- 2000-2001 Assistant Professor Research
Department of Neurology
University of Southern California

| | |
|-----------|--|
| 1997-2000 | Assistant Professor Research Department of Occupational Science and Therapy Department of Neurology University of Southern California |
| 1996-1997 | Adjunct Research Assistant Professor Department of Occupational Therapy University of Southern California |
| 1995-1996 | Assistant Professor Research Department of Occupational Therapy University of Southern California |

Specific Teaching Responsibilities:

| | |
|--------------|--|
| 2003-present | Psychology Department, Spring and Fall semesters California State University, Fullerton Psyc 201, 202, 305, 305L, 415, 500, 510, 520T Chair: Dr. David Perkins (Spring 2003) Dr. William Smith (2004-2006) Dr. Daniel Kee (2006-2008) Dr. Jack Mearns (Fall 2008-2014) Dr. Eriko Self (Fall 2014-present) |
| 2002 | Psychology Department, Spring and Fall semester California State University, Fullerton Psyc 202, Research Methods Chair: Dr. David Perkins (714) 278-3514 |
| 2001-2002 | Occupational Therapy 510, Fall semesters University of Southern California OT 588, Analysis of Quantitative Data, Master's Level Chair: Dr. Florence Clark (323) 442-2810 |
| 2001 | Gerontology 520i, Spring semester, co-teacher University of Southern California, AgeWorks: Distance Learning Adult Development and Aging, Master's Level Director School of Gerontology: Dr. Elizabeth Zelinski (213) 740-5156 |
| 2000 | Gerontology 320, Fall semester University of Southern California Adult Development and Aging, Undergraduate Level Deputy Director School of Gerontology: Dr. Elizabeth Zelinski (213) 740-5156 |
| 1998-1999 | Occupational Therapy 588, Fall semester |

- University of Southern California
OT 588, Research Methods
Chair: Dr. Florence Clark (323) 442-2810
- 1995 Lecturer, Spring Semester
California State University, Fullerton
Psyc 201, Elementary Statistics
Chair: Dr. Daniel Kee (714) 773-3514
- 1992-1993 Teaching Assistant (2 semesters)
University of Southern California
Sensation and Perception
Supervisor: Dr. Ernest Greene (213) 740-2222
- 1992 Teaching Assistant (1 semester)
University of Southern California
Cognitive Psychology
Supervisor: Dr. Stephen Madigan (213) 740-2269
- 1991 Teaching Assistant (1 semester)
University of Southern California
Introductory Psychology
Supervisor: Dr. Stephen Madigan (213) 740-2269
- 1990 Teaching Assistant (1 semester)
University of Southern California
Supervisor: Dr. Joseph Hellige (213) 740-2270
- 1990 Teaching Assistant (1 semester)
California State University, Fullerton
Experimental Child Psychology
Supervisor: Dr. Daniel Kee (714) 773-3514

D. Society Memberships

University:

- Associate Coordinator, Gerontology Academic Program (Fall 2012 to present)
Coordinator, Gerontology Academic Program (Summer & Fall 2011; Spring 2012)
Member, Gerontology Curriculum Committee (2011 to 2013)
Member, Gerontology Admissions Committee (2011 to present)
Member, Health Promotion Research Institute (2008 to present)
Member, Fibromyalgia and Chronic Pain Research Center (2008 to present)
Member, Culminating Autonomy through Technology Laboratory (CATLab) (2010 to 2013)
Member, Institute of Gerontology (2011 to present)
Faculty Advisor, Psychology Department Student Association (2006 to 2014)
Faculty Advisor, Psychology MA Program (Fall 2013)

Member, Psychology Master of Arts Admissions Committee (2010 to present)

Member, Psychology Personnel Committee (2011 through Spring 2013)

Member, Psychology Space & Equipment (2011 through Fall 2013)

Member, Psychology Day (2010/2011)

Member and Chair, Psychology Commencement (2010/2011)

National:

Member, American Psychological Association Division 20 (Aging)

Member, California Council on Gerontology and Geriatrics

Member, Association of Gerontological Higher Education

International:

Member, Association for Psychological Science

Member, International Neuropsychological Society

Member, Psychonomics Society

E. Consultantships

None

F. Research Activities

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International Association of Gerontology and Geriatrics World Congress, San Francisco, CA.

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Grandfield, E., Ignacio, D., Islas, L., Sanchez, V., Briseno, A., & Cherry, B.J. (2016, April). *Blood Pressure and Cognition*. Poster presented at the Annual Meeting of the International Neuropsychological Society, Boston, MA.

Cortez, F., Cherry, B., Zettel-Watson, L., & Rutledge, D. N. (2015 November) *Aging with fibromyalgia: Characterizing symptomatology over time*. Poster presented at the Annual Scientific Meeting of the Gerontological Society of America, Orlando FL.

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Kircher, J., Sanchez, V., Islas, L., Briseno, A., Cherry, B. J., Piazza, J., Zettel-Watson, L. (2016, April). The Relationship Between Social Support, Stress, and Pain in Fibromyalgia. In B. J. Cherry (Chair), *Health and Wellness Among Individuals with Chronic Pain*. Symposium presentation at the Western Psychology Association Annual Convention in Long Beach, CA.

Motts, R., Piazza, J., & Zettel-Watson, L. (2016, May). Quality of life in employed and

- unemployed older adults with Fibromyalgia. In B. J. Cherry (Chair), *Health and wellness among individuals with chronic pain*. Symposium conducted at the 96th Annual Scientific Meeting of the Western Psychological Association, Long Beach, CA.
- Fuimara, M., Quinn, T., Morton, J., Creek, J., Cuevas, S., Hicks, D., Zettel-Watson, L., & Cherry, B.J. (2015, February). *Cognitive clusters in fibromyalgia, A chronic pain condition*. Poster presented at the Annual Meeting of the International Neuropsychological Society, Denver, CO.
- Suen, M., Wehbe, L., Zettel-Watson, L., & Cherry, B.J. (2014, April). *Relationship between cognitive aging and physical activity among healthy older adults*. Poster presented at the Biennial Meeting of the Cognitive Aging Conference, Atlanta, GA.
- Cherry, B.J., Grandfield, E. Melendez, J., Katschke, J., & Bustamante, A. ((2014, April). *Intra-individual variability in younger and older adults on physical and name identity tasks*. Poster presented at the Biennial Meeting of the Cognitive Aging Conference, Atlanta, GA.
- Cortez, F., Melendez, J., Rutledge, D.N., Jones, C.J., Zettel-Watson, L., & Cherry, B.J. (2013, August). *Longitudinal change in cognitive and physical measures in fibromyalgia*. Poster presentation at the annual Myopain Conference, Seattle, WA.
- Suen, M., Follick, B. T., Finn, M., Zettel-Watson, L., & Cherry, B. J. (2013, April). *Cognitive aging and physical activity: Identifying a relationship between physical and cognitive performance in a sample of older adults*. Poster presentation at California Council on Gerontology & Geriatrics Education Annual Meeting, Los Angeles, CA.
- Melendez, J., Keller, T., Katschke, J.M., Grandfield, E., & Cherry, B.J. (2013, March). *Intra- and inter-individual variation: A laterality study*. Poster presented at California State University Fullerton Research Week 2013, Fullerton , CA.
- Follick, B. T., Cherry, B., Zettel-Watson, L., Grandfield, E., Rutledge, D. N., & Jones, C. J. (2012, November). *Patterns of performance within fibromyalgia: Identifying subgroups*. Poster presented at the 64th Annual Scientific Meeting of the Gerontological Society of America, San Diego, CA.
- Katschke, J., Follick, B. T., Ahmadpanah, S., Decollibus, K., & Chaker, M., & Cherry, B. (2012, November). *Pain and working memory: How factors other than age impact cognitive decline*. Poster presented at the 64th Annual Scientific Meeting of the Gerontological Society of America, San Diego, CA.
- Rutledge, D. N., Jones, C. J., Rose, D., Cherry, B., & Aquino, J. (2012, August). *Is cognitive performance associated with balance in adults with and without fibromyalgia?* Presentation at the 8th World Congress on Active Ageing. Glasgow, Scotland.
- Follick, B., Katschke, J., Grandfield, E., Zettel-Watson, L., & Cherry, B.J., (2012, April). *Health*

and cognition: Executive function and processing speed in older adults both with and without chronic pain. Poster presented at the Biennial Cognitive Aging Conference. Atlanta, Georgia.

Zettel-Watson, L., Chang, J.C., Shimizu, R., Rutledge, D.N., Jones, C.J., & Cherry, B.M. (2011, November). *Physical activity predicts cognitive function in fibromyalgia.* Poster presented at the annual meeting of the Gerontological Society of America, Boston, MA.

Levine, B., Rakovski, C.C., Cherry, B.J., Aquino, J.A., Slater, T., & Jones, C.J. (2011, October). *Pain and sleep associated with working memory in adults 50+.* Poster presented at the American Association of Pain Management, Las Vegas, NV.

Levine, B., Grandfield, E.M., & Cherry, B.J. (2011, May). *Subjective and objective cognitive functioning among individuals with and without fibromyalgia.* Poster presented at the Annual Meeting of the Association for Psychological Science, Washington, DC.

Levine, B., Cherry, B., Zettel-Watson, L., & Rutledge, D. (2011, April). *FM and self-reported experiences with anxiety, headaches, and concentration.* Poster presented at the Annual Meeting of Western Psychological Association, Los Angeles, CA.

Grandfield, E.M., Follick, B., Levine, B., Aquino, J.K., Cherry, B.J., & Zettel-Watson, L. (2011, February). *The role of executive function in episodic memory performance in individuals with and without fibromyalgia.* Poster presented at the Annual Meeting of the Center for Vitality and Aging, Dallas, TX.

Callahan, E.L., Lopez, J., Cherry, B.J., Aquino, J.K., Rutledge, D.N., & Jones, C.J. (2010, September). *Do sleep and depression predict pain in fibromyalgia?* Poster presented at the Annual Meeting of the American Academy of Pain Management, Las Vegas, NV.

Roberson, I., Shimizu, R., Zettel-Watson, L., Rutledge, D.N., Jones, C.J., & Cherry, B.J. (2010, April). *Cognitive performance in older adults with and without fibromyalgia.* Poster presented at the Biennial Meeting of the Cognitive Aging Conference, Atlanta, GA.

Cherry, B.J., Chou-C.P., Granger, D., & Mandel, D. (2009, November). A biosocial model of health and well-being derived from Well Elderly II. In F.A. Clark (Chair), *The USC Well Elderly Study II: Broad-based implications for future gerontological research.* Symposium presented at the Annual Meeting of the Gerontological Society of America, Atlanta, GA.

Zettel-Watson, L., Bateham, A., Diosdado, S., Shimizu, R., Oliveros, J., Cherry, B., Rutledge, D., & Jones, C.J. (2009, November). *The impact of social support on functionality of older adults with and without fibromyalgia.* Poster presented at the Annual Meeting of the Gerontological Society of America, Atlanta, GA.

Rutledge, D., Jones, C.J., Cherry, B., Zettel-Watson, L., Lopez, L., & Cayetano, R. (2009,

- November). *Self-assessed physical function levels of persons with/without fibromyalgia*. Poster presented at the Annual Meeting of the Gerontological Society of America, Atlanta, GA.
- Shimizu, R., Diosdado, S., Cherry, B., Zettel-Watson, L., Rutledge, D.N., & Jones, C.J. (2009, October). *Impact of fibromyalgia ADL pain on cognitive performance*. Poster presented at the annual American Academy of Pain Management Conference, Phoenix, AZ.
- Cherry, B.J., Jones, C.J., Rutledge, D.N., Weiss, J., Barakat, B.K., Zettel-Watson, L., Moutappa, M., Just, N., & Aquino, J. (2009, March). *Physical and cognitive performance in fibromyalgia and normal aging*. Poster presented at the Annual Rotman Research Institute Conference, Toronto, Canada.
- Vardanyan, T., Brookhart, S., Apodaca, D., Barakat, B. & Cherry B. J. (2008, April). *Interhemispheric collaboration: Digits and dots*. Poster presented at the Biennial Meeting of the Cognitive Aging Conference, Atlanta, GA.
- Mernar, T., Mandel, D., & Cherry, B. (2008, April). *Occupation and neuroendocrine biomarkers: Linking stress, health and occupation*. Talk presented at the Annual Conference of the American Occupational Therapy Association, Long Beach, CA.
- Cherry, B.J., Barakat, B., Vardanyan, T., Romero, R., Brookhart, S., Apodaca, D., Goode, T., Duclos, A., Patel, U., Adamson, M., & Hellige, J.B. (2008, March). *Age differences in processing information across the left and right cerebral hemispheres*. Poster presented at the CSUF 50th Anniversary Celebration of Research, Fullerton, CA.
- Mandel, D.M. & Cherry, B.J. (2008, February). *Diurnal cortisol in independently living older adults*. Poster presented at the USC Dentistry Research Conference, Los Angeles, CA.
- Barrett, C.K., Anderson, E.C., Romero, R.R., Staggs, D.J., Kordacheh, M. & Cherry, B.J. (2007, November). *Methodological considerations and individual differences in visual search*. Poster presented at the Annual Meeting of the Psychonomics Society, Long Beach, CA.
- Cherry, B.J., Zhang, J., Scott, G., Romero, R., Babagay, R., Henderson, B., Rizzo, A.A., Buckwalter, J.G., & Henderson, V.W. (2007, February). *Normative data on a modified mental rotation task in younger and older adults*. Poster presented at the Annual Meeting of the International Neuropsychological Society, Portland, OR.
- Anderson, E., Barrett, C., Yamashiro, M., Adamson, M., Cherry, B.J., & Hellige, J. B. (2004, November). *Aging, interhemispheric collaboration and individual differences*. Poster presented at the Annual Psychonomics Society Conference, Minneapolis, MN.
- Yamashiro, M.A., Anderson, E.C., Hellige, J.B., Adamson, M., & Cherry, B.J. (2004, June). *Aging, interhemispheric collaboration and associations with memory span/working*

memory. Poster presented at the Annual American Psychological Society Conference in Chicago, IL.

Patel, U.J., Kee, D.W., Segal, N.L. & Cherry, B.J. (2003, May). *Monozygotic twins discordant for handedness: Self-report vs. performance measures*. Poster presented at the Annual Western Psychological Convention.

Cherry, B.J., Henderson, V.W., Henderson, B., Babagay, R., & Nosse, N. (2003, March). *Memory performance in AD and non-demented postmenopausal women in a randomized clinical trial of estrogen*. Poster presented at the Annual Meeting of the Cognitive Neuroscience Society.

Adamson, M., Cherry, B.J. & Hellige, J.B. (2002, April). *A behavioral and fMRI study of categorical and coordinate processing*. Poster presented at the Annual Meeting of the Cognitive Neuroscience Society.

Duclos, A.L., Cherry, B.J. & Hellige, J.B. (2001, August). *Information processing across the corpus callosum: Younger vs. older adults*. Poster presented at the American Psychological Association 109th Annual Convention.

Lohr, J.B., Caligiuri, M.P., Kwok, W., Cherry, B.J., & Hellige, J.B. (2000, May). *A cognitive, perceptual and motor study of hemispheric asymmetry in the major psychoses*. Society of Biological Psychiatry Annual Meeting.

Cherry, B.J., Scott, G.B., Grafton, S.T., Hellige, J.B., & Henderson, V.W. (2000, May). *Implicit memory and estrogen: Aging and Alzheimer's disease*. Poster presented at the American Academy of Neurology.

Hellige, J.B., Taylor, K.B., Cherry, B.J., Shulman, P.S., Marks, N.L., & Scott, G.B. (2000, April). *Factor analysis and behavioral measures of cerebral hemispheric asymmetries in normal adults*. Poster presented at the Annual Meeting of the Cognitive Neuroscience Society.

Cherry, B.J., Scott, G.B., Grafton, S.T., Hellige, J.B., & Henderson, V.W. (2000, April). *Estrogen effects on picture priming performance in Alzheimer's disease postmenopausal women: Facilitation and inhibition*. Poster presented at the Annual Cognitive Aging Conference, Atlanta, GA.

Henderson, V.W., Cherry, B.J., Grafton, S.T., & Hellige, J.B. (2000, April). *Effects of postmenopausal hormone therapy on nondeclarative memory*. Poster presented at the First Congress of the Federation of the National European Menopause Societies, Prague, Czech Republic. Abstract published in *Menopause Review*, 5, 74, 2000.

Taylor, K., Hellige, J., Cherry, B., Lesmes, L., Marks, L., Scott G., Lencz, T., & Raine, A. (2000, February). *The relationship of auditory functional asymmetry to corpus callosum morphology*. Poster presented at the Annual Meeting of the International

Neuropsychological Society. Denver, CO.

- Cherry, B.J., Scott, G.B., Grafton, S.T., Hellige, J.B., & Henderson, V.W. (1999, April). *Estrogen and memory performance in post-menopausal women*. Poster presented at the Sixth Annual Meeting of the Cognitive Neuroscience Society, Washington, D.C.
- Cherry, B.J. & Hellige, J.B. (1998, April). *Right hemisphere cerebral arousal and attention in normal adults*. Poster presented at the Fifth Annual Meeting of the Cognitive Neuroscience Society, San Francisco, CA.
- Cherry, B.J., Neale, P.L., Kee, D.W., McBride, D.M. & Segal N.L. (1996, June). *Visual information processing in hand-discordant monozygotic twins*. Poster presented at the Eighth Annual Convention of the American Psychological Society, San Francisco, CA.
- Cherry, B.J. & Hellige, J.B. (1996, April). *Hemispheric asymmetries in cerebral arousal mechanisms for younger and older adults*. Poster presented at the Sixth Biennial Meeting of the Cognitive Aging Conference, Atlanta, GA.
- Henderson, V.W., Cherry, B.J., & Buckwalter, J.G. (1996, February). *Memory span procedures and working memory in Alzheimer's disease*. Poster presented at the 24th Annual Meeting of the International Neuropsychological Society, Chicago, IL.
- Cherry, B.J., Buckwalter, J.G., & Henderson, V.W. (1996, February). *Episodic memory in Alzheimer's disease: Comparisons of digit span, wordspan, and immediate and delayed recall on a supraspan task*. Poster presented at the 24th Annual Meeting of the International Neuropsychological Society, Chicago, IL.
- Cherry, B.J. & Hellige, J.B. (1995, March). *Hemispheric asymmetries in maintaining vigilance in younger and older adults*. Poster presented at the Annual Convention of the Cognitive Neuroscience Society, San Francisco, CA.
- McBride, D.M., Cherry, B.J., Kee, D.W., & Neale, P. (1994, April). *Effects of baseline tapping differences on lateralized interference in left-handers*. Poster presented at the Western Psychological Association Annual Meeting, Kona, HI.
- Hellige, J.B., Cherry, B. & McDowd, J.M. (1993, June). *Test-retest reliabilities and intercorrelations among three tasks measuring hemispheric asymmetry*. Poster presented at the 5th Annual Convention of the American Psychological Society, Chicago, IL.
- Cherry, B., McDowd, J.M., & Hellige, J.B. (1993, June). *Various aspects of hemispheric asymmetry aren't different for younger and older adults*. Poster presented at the 5th Annual Convention of the American Psychological Society, Chicago, IL.
- Cherry, B. & Kee, D.W. (1991, February). *Hemispheric specialization and manual dominance in left-handed subjects*. Poster presented at the 19th Annual Meeting of the International Neuropsychological Society, San Antonio, TX.

Cherry, B. & Kee, D.W. (1991, April). *Hemispheric specialization: Do baseline differences affect outcome in dual-task studies?* Poster presented at the Western Psychological Association Annual Meeting, Los Angeles, CA.

Major Areas of Research Interest

Cognitive aging
Hemispheric asymmetries in cognition
Chronic Pain/ Fibromyalgia
Health Issues/Successful Aging
Underlying biological mechanisms related to behavior

External Research Grants

Health Mediating effects of the Well Elderly Program
Randomized clinical trial of an Occupational Therapy-based lifestyle intervention in ethnically diverse well older adults. Outcome variables included assessment of physical and cognitive health, coping over time. In addition, cortisol, DHEA, and alpha-amylase levels were measured in saliva to better understand the biological bases of health benefits provided by the activity-based intervention.

Clark (PI), Azen, Cherry, Chou, Forman, Granger, Jackson, Jordan-Marsh, Knight
NIA
June, 2004 to 2008

Estrogen effects on picture priming performance in non-demented and Alzheimer's disease postmenopausal women: Facilitation and inhibition.

Los Angeles Alzheimer's Association Annual Turken Scholarship
Cherry, B.J. Fellowship
4-1-2000 to 3-31-2001
Direct cost: Year 1: \$10,000

NIA Pilot Project 1
Visual Information Processing: Normal Aging and Alzheimer's Disease
Co-Investigators: Joseph B Hellige and B.J. Cherry
April 1, 1999 to March 31, 2000
Direct costs: Year 1: \$30,000

Picture Naming and Pursuit Rotor: Effects of Estrogen on Memory Performance Among Alzheimer's Disease and Non-demented Postmenopausal Women.
The John Douglas French Alzheimer's Foundation
B.J. Cherry, fellow
9/1/97 to 8/31/99
Direct Costs: 1st year: 30,000; 2nd year: 30,000
Indirect Costs: none

Henderson, Thompson, Cherry, & Tocco
Estrogen Effects on Associative Learning in Alzheimer's Disease:
Human Studies and an Animal Model
Alzheimer's Association, Los Angeles
1997-1999 (RG1-96-060)
Direct Costs: 1st year: 58000; 2nd year: 65000; 3rd yr: 62000
Indirect Costs: 1st year: 5800; 2nd year: 6500; 3rd yr: 62000

Intramural Grants 2011/2012/2013:

FM Center grant:

Fibromyalgia Research & Education Center
Center and Institute Planning and Expansion Program
Cherry, B.J. & Rutledge, D.N.
\$15,000 over three years

MAG award:

Milton A. Gordon Fund for Scholarly & Creative Activities
Fibromyalgia: Behavior and Inflammatory Markers
Cherry, B.J.
3WTUs Spring 2012

HPRI

Fibromyalgia: Behavior and Inflammatory Markers
Cherry, B.J.
\$800 Spring 2012

Intramural Research Award

Junior Intramural Research Award
Longitudinal physical and cognitive function in adults aged 50 years and older
Cherry, B.J.
\$5000 plus 3 WTUs Spring 2013

Invited Talks and Presentations 2011/2012/2013:

Remaining intellectually curious/Remaining mentally agile in retirement (2013, September 14;
2012, September 8; 2011, September 17). Guest speaker at CSUF OLLI Retirement Bootcamp.

Longitudinal analyses of physical and cognitive performance in chronic pain. (2013, July 29).
Invited speaker at War Related Illness and Injury Study Center, Department of Veterans Affairs,
Stanford, Palo Alto, CA.

Brain fitness workshop. (2013, March 09). CSUF Fibromyalgia Feedback Conference.

Remaining intellectually curious (2012, October 24). Guest speaker at UCI OLLI.

Leadership Fullerton. (2011, December) Guest speaker at Fullerton Chamber of Commerce Leadership program to inform participants of programs/opportunities for engagement at CSUF.

Physical and cognitive performance measures in fibromyalgia and chronic pain. (2011, October 28). Podcast sponsored by the National Fibromyalgia and Chronic Pain Association.

Interhemispheric communication in younger and older adults. (2011, March 09). Invited talk at University of California, Riverside speaker series.

Brain fitness workshop. (2011, February 26). CSUF Fibromyalgia Feedback Conference.

Cognitive health (2010, October). Fibromyalgia Support Group Meeting.

Peer reviewer for the following journals 2010 to 2013:

Aging, Neuropsychology, and Cognition (2013, fall)

Archives of Clinical Neuropsychology (2011, fall)

Brain and Cognition (2012, fall & spring; 2011, fall; 2010, fall)

Clinical Medicine Insights: Arthritis & Musculoskeletal Disorders (2012, spring)

Journals of Gerontology: Psychological Sciences (2012, fall)

Journal of the International Neuropsychological Society 2010, fall)

Neuropsychology (2012, fall)

KAREN J. FAZIO, MSG

PROFESSIONAL CALIFORNIA STATE UNIVERSITY FULLERTON

EXPERIENCE January 2013 to Present

Instructor for Health Science and Gerontology

- Stress Management: HESC/KNES 342
- Introduction to Gerontology: Gero 133
- Aging and Social Services: Gero 433
- Program Planning and Evaluation: Gero 535
- Applied Gerontology: Gero 500
- First Year Experience: University 100

CALIFORNIA HEALTH ADVOCATES

Senior Medicare Patrol – Special Projects Manager

October 2013 to January 2015

- Medicare Fraud and Abuse Detection and Prevention
- Grant Writing Team for Special Projects
- Expand Outreach to LGBT Older Adults
- Lead for "Train the Trainer" for LGBT Inclusivity
- LGBT Inclusivity Training for Aging Service Professionals

COUNCIL ON AGING, ORANGE COUNTY

Education Department Manager, FAST Coordinator

January 2011 to January 2015

- Aging Services Consultant/Educator
- Financial Abuse Specialist Team (FAST), Coordinator, Educator
- Develop Curriculum
- Program Development
- Grant Writing Team
- Outreach to Community Partners
- Provided Education to Community and Aging Services

Professionals

- Article Contributor- Senior Resource Guide - *Answers*, 2013, 2015, 2017

PREFERRED CARE SERVICES, LLC – RIGHT AT HOME, CENTRAL ORANGE COUNTY

May 2007 to August 2010

Owner/Franchisee

Franchised senior and disabled adult in home care and assistance agency. Purchased, opened and developed successful franchise territory consisting of 52,000 older adults. Grew franchise 74% from year one to year two, grossing more than \$612,000 in the second year. Business sold in the third year.

- Managed Daily Operations
- Community Relations
- Staff Education and Training
- Focused Interest on Maintaining Independence and Quality of Life
- Case Management, Quality Assurance, Connect Families with Resources

Balance for Life - Bodywork and Wellbeing

January 1990 to September 2007

Owner/Holistic Health Practitioner and Life Coach

Worked with diverse clientele, ages 13-95, to assist in managing stress, coping with life threatening illness, chronic pain, and in developing and sustaining a healthy lifestyle.

- Therapeutic massage, guided imagery, meditation, sound therapy
- Developed and facilitated health promotion and wellness seminars
- Provided holistic wellness one-on-one coaching sessions

EDUCATION MASTER OF SCIENCE DEGREE, GERONTOLOGY

California State University Fullerton, 2012 – 4.0 Grade Point Average

Sigma Phi Omega Honor Society – Chapter President

Recipient of the OLLI Outstanding Graduate Student Award

Graduate Project - Case Management Training for In Home Care Companies

BACHELOR OF SCIENCE DEGREE, HUMAN SERVICES-GERONTOLOGY

California State University Fullerton, 2010
3.87 Grade Point Average
Golden Key Honor Society

CERTIFICATIONS **Spencer Institute - 2006**

Certified Holistic Life Coach

Mueller College of Holistic Studies - 1990

Holistic Health Practitioner

**RELATED
EXPERIENCE AND
PROFESSIONAL
ACHIEVEMENTS**

Medcom Trainex, Cerritos, CA, April 2012- 2016

Subject matter expert for gerontology training films and online continuing education for the nursing profession.

AGING SERVICES EDUCATOR, PRESENTER, AND ADVOCATE

- Continuing education for professionals
- Community educator for various topics on aging and wellness

AUTHOR

- *Care – Grieve – Grow: Caring for Your Aging Parents While Caring for Yourself* - 2014
- *Stress Management Life Guide Workbook*, Digital Text - 2015

INTERNSHIPS AND COMMUNITY ENGAGEMENT

PROGRAM COORDINATION, CENTER FOR SUCCESSFUL AGING, CSUF - 2009

- Presented to older adults on health and wellness
- Assisted in developing holistic programs for older adults
- Promoted health programs to seniors and community agencies
- Wrote article on wellness and spirituality for center newsletter

VITAS INNOVATIVE HOSPICE - 2008

VISITED AND SUPPORTED HOSPICE PATIENTS AND THEIR FAMILIES

ORANGE SENIOR CENTER - 2007

- Linked older adults to community services

- Participated in executing lunch program
- Interacted with older adults during classes and activities
- Developed and administered survey for senior center participants
- Supported staff for fund raising activities

Melanie Horn Mellers, PhD, CPG
Associate Professor

CONTACT INFORMATION:

Department of Human Services
California State University, Fullerton
800 N. State College
Fullerton, CA. 92834-9480

mhornmellers@fullerton.edu
657-278-3890

EDUCATION:

Ph.D. December 2003

FIELD OF STUDY: Human Development and Family Studies, Department of Family and Consumer Sciences, University of Arizona

Dissertation: The roles of early parental loss and quality of parent-child attachment on daily well-being and stressor reactivity in adulthood.

SPECIALIZATIONS: Psychology & Gerontology
Department of Family and Consumer Sciences &
School of Public Health, University of Arizona

Proposal: Health education program for middle-aged Mexican-American women, including design, plan for implementation and evaluation.

M.A. June 1999

Family and Consumer Sciences
Division of Family Studies and Human Development
University of Arizona

Thesis: Women's daily health experiences during middle adulthood

B.A. June 1994

Psychology
University of California, Los Angeles
Honors Received: Cum Laude, Departmental and College Honors

Thesis: Development of non-verbal communication skills in low-functioning autistic children

Professional Certification

2013-2015

Credentialed Professional Gerontologist (CPG)
National Association of Professional Gerontologists (NAPG)

TEACHING

Courses below include on-line, hybrid and traditional

California State University, Fullerton

Position: Associate Professor Human Services/Gerontology
Assistant Professor Human Services/Gerontology

Fall 2008-present
August 2014-present
August/2008-August 2014

Department of Human Services

Courses: Introduction to Human Services, Grant Writing and Program Development, Leadership and Personal Development, Building Family Resilience

Masters in Gerontology Program

Course: Aging and Policy, Applied Gerontology, Biopsychosocial Aging, Death and Dying

Freshman Programs

Course: Academic Success for Freshman Students
Future Health Professionals
Compass

Fall 2012
Fall 2010

Academic Guest Presentations:

Fall 2008-present

- CSUF School of Nursing, Talk entitled “Post-Partum Depression and Women’s Health.” Presented January 17, 2015, December 18, 2016
- CSUF WoMen’s and Adult Reentry Center, Talk entitled “Flipping Vulnerability on its Head.” Presented November 14, 2016.
- 50+ Consumer-Centric Collaborative Student Project, CSUF Mihaylo School of Business, Talk entitled “Aging Demographics.” Presented March 7, 2013.
- Women’ Empowerment Day, Citrus Valley Medical Center Conference, Talk entitled “Age Transitions, Quality of Life, and Self Care.” Presented April 30, 2009.
- Freshman Dorms, CSUF, Talk entitled “Stress and Coping: Transitions and Challenges.” Presented May 2, 2010.
- California Council Community Colleges, Family and Consumer Sciences, Presentation entitled “Foster Youth: Demographics, Challenges and Resources”. Presented October 25, 2011.

CSUF Student Leadership Institute (SLI) Presentations:

Fall 2009-2015

- Grant Writing and Program Development.
- Leading and Managing a Diverse Group.
- Introduction to Leadership

California State University, Long Beach

Fall 2001-Spring 2008

Position: Lecturer, Department of Family Studies and Gerontology Program

Courses Taught: Themes and issues in Family and Consumer Sciences, Gerontology Current Issues, Perspectives on Gerontology, Family and Personal Development, The Profession of Gerontology, Odyssey Project: The Lifespan: Mind, Body, and Health

(Personal Development and Successful Aging: An Exploration Through Art), Health and Human Services: Skills for Living, University 100: The University in Your Future.

University of California, Irvine

Fall 2002-Spring 2008

Position: Lecturer, Department of Psychology and Social Behavior

Courses Taught: Adult Development and Aging, Women's Health and Adult Development, Life Span Development, Clinical Psychology, Death and Dying

University of Arizona

Fall 1997-Spring 2001

Position: Lecturer, Department of Family Studies and Human Development

Courses taught: Life-Span Development, Professional Development, Interpersonal Relations and Family Development, Advanced Family Relations.

Invited Presentations: Successful Aging, Stress and Fibromyalgia; Costs and Benefits of Informal Caregiving; Older Women and Aids; Sexual Assault and Relationship Violence; Women's Health across Adulthood; Midlife Development and Menopause

SCHOLARLY AND CREATIVE ACTIVITIES

Peer-Reviewed Journals PUBLISHED (reverse chronological order)

Burkhart, M. L., Horn Mallery, M., & Bono, K. E. (accepted). Daily reports of stress, mood, and physical health in middle childhood. *Journal of Child and Family Studies*.

Horn Mallery, M., Ruby, J., & Garcia, J.A. (2015). Skill and efficacy development in a human services grant writing course. *American Journal of Educational Science*, 1 (4), 117-121.

Horn Mallery, M., Claver, M.C., & Lares, L. (2013). Perceived control in the lives of older adults: The influence of Langer and Rodin's work on gerontological theory, policy, and practice. *The Gerontologist, Special Issue*, 1-8. doi: 10.1093/geront/gnt051

Claver, M.C., Dobalian, A., Ricci, K., Fickel, J., & Horn Mallery, M. (2013). Comprehensive care for vulnerable elderly veterans during disaster. *Archives of Gerontology and Geriatrics*, 56(1), 205-213. doi: 10.1016/j.archger.2012.07.010

Horn Mallery, M., & Claver, M.C. (2012). Leadership opportunities for social work and gerontology faculty: Taking steps to infuse aging content on university campuses. *Generativity*, 4, 1-12.

Claver, M.C., Dobalian, A., Friedman, D., Ricci, K.A., & Mallery, M.H. (2012). The role of Veterans Affairs in emergency management: A systematic literature review. *PLOS Currents: Disasters*, 1, 1-11. doi: 10.1371/198d344bc40a75f927c9bc5024279815.

Horn Mallery, M., Charles, S. T., Neupert, S. D., & Almeida, D. M. (2010). Perceptions of childhood relationships with mother and father: Daily emotional and stressor experiences in adulthood. *Developmental Psychology*, 46(6), 1651-1661.

Horn, M.C., Almeida, D.M., & Neupert, S.D. (2005). Women's daily physical health symptoms and stressful experiences across adulthood. *Psychology and Health, 20* (3), 389-404.

Horn Mallery, M. (2004). Family ties: Implications for daily well being and stressor reactivity during adulthood. *The Gerontologist, 44*, 181. Special Issue.

Manuscripts in Progress

Horn Mallery, M., Bono, K. E., & Burkhart, M. L. (in preparation). A daily diary examination of parents' and children's stress, mood, and health: Buffering effects of parent-child relationship quality.

Germo, G., & Horn Mallery, M. (to be submitted). The relations between adolescents' parental attachment behaviors, friendship quality, and sleep outcomes. Manuscript in preparation.

Horn Mallery, M., & Zettel-Watson, L. (to be submitted). The role of daily alcohol use and stressors reactivity across adulthood. Manuscript in preparation.

Horn Mallery, M., & Ruby, J. (to be submitted). Attitudes and knowledge of gerontology: Views from human services students and professionals in the field. Manuscript in preparation.

Horn Mallery, M., Burkhart, M., & Bono, K. (to be submitted). Middle school aged-children and stress: A daily diary approach to capturing children's reports of stressful experiences. Manuscript in preparation.

Publications: Academic/Scholarly Books & Chapters (reverse chronological order)

Kanel, K., & Horn Mallery, M. (2016). *An Overview of Human Services*. Boston, MA: Cengage

Reiboldt, W., & Horn Mallery, M. (2013). *Consumer survival: Encyclopedia of consumer safety, rights, and protection*. Santa Barbara, CA: ABC-CLIO Publishers.

Horn Mallery, M., Ruby, J., Oren, C., Oren, D.C., & Carlson, M.E. (2013). *Counseling Fathers*. In M. Englar-Carlson's (Ed.), *A Counselor's Guide to Working with Men* (pp. 119-143). New York: Routledge.

Horn Mallery, M. (2012). Family Systems Therapy Applied to the Case of Laura. In G. Corey's (Ed.), *Student Manual for Theory and Practice of Counseling and Psychotherapy (9th edition)*. Thomson: Brooks/Cole.

Horn Mallery, M., Englar-Carlson, M., & Carlson, J. (2011). *Fathers and Sons*. In Dunham, S., Dermer, S. & Carlson, J. (Eds.), *Poisonous Parenting: Toxic Relationships between Parents and Their Adult Children*. New York: Routledge.

Almeida, D.M., & Horn, M.C. (2004). Is daily life more stressful during middle adulthood? In *How healthy are we? A national study of well-being at midlife*, eds. O.G Brim, C. Ryff & R. Kessler, 425-451. Chicago: The University of Chicago Press.

Charles, S.T., & Horn, M.C. (2004). Adulthood and aging: Social processes and development. In W.E. Craighead & C.B. Nemeroff (Eds.), *Concise Corsini Encyclopedia of Psychology and Behavioral Sciences*, 3rd Edition. New York: John Wiley and Sons.

Peer-Reviewed Professional Conference Presentations (reverse chronological order):

Flores, I., & Horn Mallers, M (2017, January). *Exploring mental health barriers among CSUF Latino/a undergraduate students*. Poster presented at the Diversifying Clinical Psychology Networking Event. San Diego, CA.

Horn Mallers, M., & Bono, K. (accepted, 2017). *The resilient families program: Building strong parent-child interactions among at-risk families*. Poster accepted at the Society for Research in Child Development Biennial Meeting, April 6-8, 2017, Austin, TX.

Zettel-Watson, L., Mallers, M., Pucelli, A. J., Koffer, R., & Almeida, D. (2016, November). *Older adults' health-related technology use: Findings from the National Study of Daily Experiences*. Poster presented at the 69th Annual Scientific Meeting of the Gerontological Society of America, New Orleans, LA.

Ruby, J.R., & Horn Mallers, M. (October, 2016). *Human service professionals' interaction with and knowledge of the aging population: Implications for direct practice* Talk presented at the National Organization for Human Services (NOHS) Annual Conference, Tampa, FL.

Bono, K., Horn Mallers, M., & Burkhart, M. (April 2016). *Your stress is my stress: Exploring relationships between parents' stress and children's outcomes*. Talk presented at the Western Psychological Association (WPA), Long Beach, CA.

Horn Mallers, M., Bono, K., & Burns, B (April 2016). *Building resilience among young children and their families*. Talk presented at the Western Psychological Association (WPA), Long Beach, CA.

Kong, S., Enriquez, J. Sierra, J., Bono, K., Horn Mallers, M., & Burkhart, M. (April, 2016). *How was your day? Children's daily reports of stress, mood, and physical health*. Poster presented at the Western Psychological Association (WPA), Long Beach, CA,.

Walker, A., Horn Mallers, M., & Zettel-Watson, L. (2015). The impact of previous work experience on post-retirement alcohol use. Presented at the Western Psychological Association (WPA), April 30-May 3, 2015 conference, Las Vegas, Nevada.

Horn Mallers, Ruby, J., & Garcia, J.A. (2015). Enhancing grit through grant writing. Presented at the 2015 CSU Symposium on University Teaching, CSULA, March 13-14, 2015.

- Howard, Q., Arabpour, A, Bono, K., & Horn Mallers, M. (2014). Father-child relationship quality and child's health outcomes. . Poster presented at the Western Psychological Association (WPA), April 24th-April 27th, 2014 conference, Portland, Oregon.
- Watson, L.Z., Horn Mallers, M., Gee, A., Peirce, K., Rowther, N, Mogle, J., & Almeida, D. (2014). The utilization of technology in health-related management and communication. Presented at the 67th Annual Scientific Meeting, Gerontological Society of America, Washington, DC, November 2014.
- Horn Mallers, M., & Claver, M. (2013). Decisions to evacuate: Well-laid plans or luck of the draw? Presented to the Gerontology Society of America, New Orleans.
- D. Tsukerman, D. Fishel, J. V. Gallegos, M. H. Mallers, K. S. Wilson, & L. Zettel-Watson (2013). Psychosocial predictors of willingness to wear an emergency assistive device in adults over 50. Presented to the Gerontology Society of America, New Orleans
- Anderson, J., Fleming, H.E., & Horn Mallers, M (2013). Effects of parent-adolescent relationship quality on emotional regulations, sleep habits, and health. Poster presented at the Western Psychological Association (WPA), April 25th-April 28th, 2013.
- Fleming, H.E., Anderson, J., & Horn Mallers, M (2013). Parent-child relationship quality, emotional regulation, and risky behavior among adolescents. Poster presented at Western Psychological Association, WPA).
- Germo, G., & Horn Mallers, M. (2013, April). The relations between adolescents' parental attachment behaviors, friendship quality, and sleep outcomes. Poster presented at the Society for Research on Child Development (SRCD), Seattle, Washington, US.
- Horn-Mallers, M, Zettel-Watson, L., & Elmi, C. (2013, April). *Temporal Patterning of Alcohol Consumption among Older Adults*. Poster presented at the 33rd California Council on Gerontology and Geriatrics Annual Meeting, Los Angeles, CA.
- Horn-Mallers, M., Reiboldt, W., & Herrmann, W. (2013, April). *Becoming Aware: Revisiting Mechanisms that Enhance Older Adults' Rights, Safety and Protection*. Poster to be presented at the 33rd California Council on Gerontology and Geriatrics Annual Meeting, Los Angeles, CA.
- Horn-Mallers, M. & Claver, M. L. (2013, February). *Infusing Gerontological Curricula into Non-Gerontology Courses*. Poster presented at the Association for Gerontology in Higher Education's 39th Annual Meeting and Educational Leadership Conference, St. Petersburg, FL.
- Horn Mallers, M, Zettel-Watson, L, & Elmi, C. (2012, November). Temporal patterning of alcohol consumption among older adults. Poster presented at the Gerontology Society of America, San Diego, California.

- Horn Mallers, M., Neupert, S., & Zettel-Watson, L., (2011). Daily Alcohol Usage, Stress and Health: General Findings from the National Study of Daily Experiences. Presented at the Gerontology Society of America, Boston.
- Horn Mallers, M., Charles, S., & Piazza, J. (2011). Early Parent-Child Relationships and Health Outcomes across Adulthood: An Examination of Physiologic Functioning. Presented at the Gerontology Society of America, Boston.
- Claver, M., Dobalian, A., Fickel, J., Ricci, K., & Horn Mallers, M. (2011). Comprehensive care for vulnerable elderly veterans during disasters. Presented at the Gerontology Society of America, Boston.
- Horn Mallers, M. (2011). Predicting Alcohol Usage Patterns among Older Adults: The Role of Early Childhood Relationships. Accepted for Presentation at the Annual Conference of the American Society on Aging, San Francisco.
- Claver, M., & Horn Mallers, M. (2010). Improving student knowledge and attitudes about aging through service learning in a gerontology course. Presented at the American Society on Aging (ASA). Annual Conference of the National Council on Aging and the American Society on Aging, Chicago, IL.
- Horn Mallers, M., & Ruby, J. (2010). Human Services Professionals Interaction with the Aging Population: Implications for Practice. Poster presented at the Gerontology Society of America, New Orleans, Atlanta.
- Horn Mallers, M., & Neupert, S. (2010). Understanding Stress and Coping: New Findings on Moderate Alcohol Usage Patterns among Older Adults. Poster presented at the Gerontology Society of America, New Orleans, Atlanta.
- Horn Mallers, M. (2010). Fathers and son relationships: Implications for stress and coping. Talk presented at the American Psychological Association (APA), San Diego.
- Horn Mallers, M., Brown, S., & Martinez, A. (2009). Our Future Workforce: Attitudes and Perceptions of Growing Older Among Human Services Students at CSU Fullerton. Poster presented at the California Council on Gerontology and Geriatrics, Northridge, CA.
- Horn Mallers, M., & Neupert, S. (2009). Daily health behaviors and stressor reactivity among aging adults: Findings from the National Study of Daily Experiences (NSDE). Poster presented at the Gerontology Society of America, Atlanta, GA.
- Horn Mallers, M., & Claver, M. (2009). Current ethical challenges in gerontology: Curriculum to spark classroom discussion. Presented at the California Council on Gerontology and Geriatrics, Northridge, CA.
- Horn Mallers, M., Ruby, J., & Garcia, J.A. (2009). Using course redesign in an active learning environment. Talk presented at the Western Assessment Conference (WAC), Fullerton,

- Claver, M., & Horn Mallers, M. (2008). Ethical challenges in gerontology: A teaching module. Poster presented at the Gerontology Society of America, National Harbor, MD.
- Horn Mallers, M. (2008). Daily stressor reactivity and health during middle adulthood: The role of the early childhood environment. Talk presented at the Gerontology Society of America, Maryland.
- Claver, M., & Horn Mallers, M. (2008). Ethics and curriculum development for gerontology courses. UCLA Conference on Aging, UCLA.
- Costa, M, Horn Mallers, M.C., Koval, J., Mathieu, S., & Van Camp, J. (2006). Teaching human diversity appreciation to diverse classrooms. Talk presented at the International Society for Exploring Teaching and Learning, Palm Springs, CA
- Horn, M.C., Mavandadi, S., Charles, S.T., Kemp, B. (2002). The role of daily stressful events in the lives of persons with spinal cord injuries. Talk presented at the Gerontological Society of America, Boston, MA.
- Charles, S. T., & Horn, M.C. (2002). Age Differences in Response to Negative Stimuli. Talk presented at the Gerontological Society of America, Boston, MA.
- Mavandadi, S., Horn, M.C., Charles, S.T., & Kemp, B. (2002). The relationship between level of impairment and life satisfaction among individuals with spinal cord injuries. Poster presented at the Gerontological Society of America, Boston, MA.
- Zettel, L., Horn, M.C., Mavandadi, S., & Charles, S.T. (2002). Age-related differences in depression among Mexican-Americans. Poster presented at the Western Psychological Association, Irvine, CA.
- Neupert, S.D., Horn, M.C., & Almeida, D.M. (2001). Age differences in reactivity to daily stressors. Poster presented at the Gerontological Society of America, Chicago, IL.
- Almeida, D.M., Horn, M.C., Neupert, S., & Serido, J. (2001). Daily Inventory of Stressful Experiences: An investigator-based approach for measuring daily stressors. Talk presented at the National Council on Family Relations, Rochester, NY.
- Horn, M.C. (2000). Relationship between Daily Stressors and Menopausal Symptoms. Round Table Discussion at the National Institute on Aging, Phoenix, Arizona.
- Horn, M.C., & Almeida, D.M. (1999). Daily Health Symptoms Across Adulthood. Poster presented at the Gerontological Society of America, San Francisco, CA.
- Horn, M.C., & Almeida, D.M. (1998). Women's Daily Health Experiences During Middle Adulthood: A Diary Study. Poster presented at the American Psychological Association, Division of Aging, San Francisco, CA.

Almeida, D.M & Horn, M.C. (1997). Gender differences in daily stress and alcohol use. Talk presented at the annual meeting of the Research Society on Alcoholism, San Francisco, CA.

Barber, B.L., Eccles, J.S., Jacobson, K.C., & Horn, M.C. (1997). "I don't want to play any more": When do talented adolescents drop out of competitive athletics? Talk presented at the biennial meeting of the Society for Research on Child Development, Washington, DC.

Henderson, T., Cobb, M., & Horn, M.C. (1997). Attributions for Child Misbehavior among African-American at-Risk Mothers. Poster presented at the biennial meeting of the Society for Research on Child Development, Washington, DC.

MacDonald, D., Almeida, D.M., Shillito, C., Horn, M.C. (1997). Prevalence of work and family role strain and its relationships to gender, income, productivity and job opportunity. Talk presented at the annual meeting of the National Council on Family Relations, Washington, D.C.

Research-Related Grants (awarded and in progress)

CSU Fullerton

EXTERNAL

Scored and Re-Submitting October 2016 (pending): CoPI: R15 grant entitled: Parent-Child Relationships and Cortisol Activity. Agency: National Institute of Health;

Submitted June 2014 (scored): Co-PI R01 NIA grant entitled: Social Support and Technology: Implications for Successful Aging. Agency: U.S. Department of Health and Human Services; National Institutes of Health; National Institute on Aging

INTERNAL

Fall 2014: *Awarded*: Incentive Grant Proposal. Parent-Child Relationship Quality and Children's Stress Experiences. Collaboration with Dr. Kate Bono, CSUF Assistant Professor, Department of Child and Adolescent Studies.

Spring 2013: *Awarded*: Best Practices in Mentoring Undergraduate in Research Office of Research Development. Project: Parent-child relationships and stress.

Fall 2013: *Awarded*: Innovate, Develop, Engage, Act (IDEA) Project: Aging, Social Support, Stress and Technology.

Fall 2012: *Awarded*: Innovate, Develop, Engage, Act (IDEA) Project: Parent-Child Relationship Quality and Concurrent Stress Experiences.

Fall 2012: *Awarded*: Instructional Innovation Grant: 50+ Customer-Centric Collaborative Project. Collaboration with Dr. Susan Cadwallader, CSUF Associate Professor, Department of Marketing.

Fall 2012: *Awarded*: HHD Junior Faculty Research Grant: Developing a comprehensive approach to examining daily alcohol consumption among older adults.

Fall 2011: *Awarded*: CSUF Intramural Grant for work entitled: Understanding stress and coping: Exploring alcohol usage patterns among older adults.

Fall 2010: Not Awarded: CSUF Office of Grants Intramural Funding: Participation in the Human Services Student Association: Assessing Student Learning Outcomes and Student Group Campus Involvement

Spring 2010: Not Awarded: CSUF Robert and Louise Lee Collaborative Teaching Award

Summer 2009: Not awarded. Submitted as Principal Investigator: CSUF OGC-FDC Intramural Grant for work entitled: Involvement in the human services student association: Assessing student learning outcomes.

Spring 2009: Not awarded. Submitted as Co- Principal Investigator: Office of Juvenile Justice and Delinquency Prevention Field Initiated and Evaluation Program Grant for work entitled: Evaluation of Higher Education Support Programs for Former Foster Youth and their Relation to Juvenile Justice Involvement, Psychosocial Outcomes and Education Achievement.

2008-2009: *Awarded*: Newly-Hired Probationary Faculty Stipend awarded for work on daily stressful experiences and impaired parent-child relationships during childhood.

2008-2009: *Awarded*: Untenured faculty development grant awarded for work entitled: How healthy are we really? The relationship between daily stressors and health behaviors across adulthood.

2008: *Awarded*: CSUF Associated Student Inc. Student Research Grant AWARDED to Advisee S. Brown (Human Services Student) for our collaborative research on Attitudes and Perceptions of Growing Older Among Human Service Students.

CSU Long Beach

2007: *Awarded*: Ukleja Center for Ethical Leadership: Ethics Across the Curriculum: Application for Pedagogical Research Stipend to Integrate the Teaching of Ethics in CSULB Courses.

2004: *Awarded*: Enhancing Education Effectiveness (EEE) Award program. Integrating an audience-paced feedback system into a Capstone course.

Publications: Newsletter and Academic Websites

California Community Colleges, Family and Consumer Sciences, FLASH! www.ccfcs.com. Sole Author.

TITLES:

- On the Importance of Intimacy for Couples
- Homelessness

- Marital Conflict
- Marriage, Conflict and Cortisol
- Children's Views on Families
- To Have Another or Not to Have Another: That is the Question
- Families with one child
- Family Disruption and Foster Youth
- Children in the system: Impact on families
- Children and divorce: healthy transitions
- Love and marriage in the later years
- Parental divorce
- Gay marriage: In context
- Do fathers really matter? You bet they do and especially for boys
- Attribution Theory and Child Abuse
- The Significance of Early Bonding
- Talking with Loved ones who have Alzheimer's disease: The practice of non-violent communication
- Recovery from Surgery: Social Support and Family Systems.
- Systems Theory and Autism
- The Voices of Caregivers
- Building Empathy

Other

Claver, M. & Horn Mallers, M. (2008). Why gerontology should be your business. Long Beach Business Journal.

Sewell, M., Marczak, M., & Horn, M. The use of portfolio assessment in evaluation. Cyfernet Evaluation, The University of Arizona.
<http://ag.arizona.edu/fcs/cyfernet/cyfar/Portfo~3.htm>

Awards/Media Press:

- Huffington Press, 2014. 8 Science-Backed Reasons Why Dad's Deserve More Credit.
http://www.huffingtonpost.com/2014/07/11/father-child-relationship_n_5558408.html#
- DugDug News, 2013, for article entitled: Perceived Control in the Lives of Older Adults: The Influence of Langer and Rodin's Work on Gerontological Theory.
<http://www.dugdug.com/dr-melanie-horn-mallers-discusses-stress-and-well-being>
- Graceful Aging video network for boomers and older adults, 2011. Presentation on Stress and alcohol: What's right for you? at <http://www.gracefulaging.com/dignity/family-issues/stress-alcohol-whats-right-for-you/>
- CNN Live Presentation, August 13, 2010, for research on father and son relationships
- News Journals and Websites for research on Father and Son relationships, including CNN and Calcalist.
- Inspire Integrity Awards finalist for teaching via the National Society of Collegiate Scholars, 2008.

Workshops/Continuing Education Conferences & Programs Attended

- Participant: FDC: Best Practices in Mentoring Undergraduates in Research”, February 13, 2013, CSU Fullerton
- Participant: 37th Annual Conference for the California Consumer Affairs Association (CCAA), October 29 & 30, 2012, CSU Long Beach
- Participant: CSUF Mission and Goals Initiative Project: Funding my Research. Completed Phases 1 (October, 2011) and Phases 2/3, (May 2012)
- Participant: CSUF Faculty Development Center Training: How to create an accessible syllabus, Spring 2011
- Participant: CSUF College of Health and Human Development: Foundation Grant Writing Workshop, Fall 2010 and Fall 2011
- Participant: Tenth Annual Community Forum: Conditions of Children’s Report. Fall, 2011
- Teaching with Technology, 2010 Faculty Showcase. Attended January 21, 2010. Sponsored by CSUF Academic Affairs, Information Technology, University Extended Education, OASIS, and the Faculty Development Center.
- 16th Annual Living with Grief Teleconference: Diversity and End-of-Life Care. Attended April, 29, 2009. Sponsored by the Hospice Foundation of America.
- Workshops in Assessment and Program Evaluation: *Going for the Gold in Outcomes Assessment: Classroom, Electronics and Co-Curricular Issues*. Attended March 19, 2009. Sponsored by the Annual Western Assessment Conference XIII.
- Supporting Teaching Excellence: Maintaining Integrity in the Classroom. Attended October 3, 2008. Sponsored by the CSUF Judicial Affairs office.
- New Faculty Orientation Series: Funding Your Research and Teaching. Attended September 24, 2008. Sponsored by the CSUF Faculty Development Center.
- Faculty Center for Professional Development & Learning Assistance Center “Born to Learn” Conference. Attended January 23, 2008. Sponsored by the CSULB Faculty Center

Reviewer or Course Development:

- Development of New Human Services Course: HUSR 355, Building Family Resilience
- External reviewer for Veteran Health Administration Greater Los Angeles Healthcare System proposed grant on examining primary care provider’s support to homebound veterans, January 2012
- Assisted in development of new collaborative masters-level course between CSUF Gerontology and Engineering entitled: Factors of Human Aging and Technology Design, 2011-2012
- Developed on-line course for CSUF Departments of Human Services and Sociology: Human Services 350: Leadership and Personal Development, 2010-2011.
- Reviewer for Coley and Scheinberg’s: *Proposal Writing: Effective Grantsmanship*, Prentice Hall, June, 2009
- Reviewer for Hooyman and Kiyak’s: *Social Gerontology: A Multidisciplinary Perspective*, 9th edition, September, 2008.
- CSULB Learning Alliance/Beach Beginnings Collaboration on Human Development
- Reviewer for S.K. Whitbourne’s *Adult Development and Aging: BioPsychosocial Perspectives*, 2nd Edition, May 2003.

- Developed and implemented new on-line course for CSULB: Social Gerontology, 2007
- Developed and implemented new course for CSULB: Health and Human Services: Skills for Living, 2006
- Developed and implemented new course for CSULB: Personal Development and Successful Aging: An Exploration Through Art, 2005
- Developed and implemented new courses for UCI: Women's Health and Aging, 2005
- Integrating an audience-paced feedback system for course at CSULB: Family and Personal Development, 2004

UNIVERSITY, PROFESSIONAL, AND COMMUNITY SERVICE

CSU Fullerton University, Departments, and Programs

- University Assessment Forum, HUSR representative, April 21, 2016
- Department and College Curricula Committee, 2016-present
- HUSR Search Committee Member, 2016
- HHD Outstanding Student Award Committee Reviewer, 2016
- HHD Retreat, Moderated Panel Member on Collaborative Work
- Academic Affairs/Academic Senate Retreat, HUSR Representative, 2016
- Kasem Cares Conference Committee Member, 2016
- Institute of Gerontology (IOG) Steering Committee, 2013-present
- Gerontology Personnel Committee, 2013-present
- Faculty Hearing Panel Member, 2013
- Gerontology Honor Society, Sigma Phi Omega (SPO) Faculty Advisor, 2012-2015
- Faculty Participant, Welcome to CSUF Family Day, Annual since 2013-present
- HUSR Department Alumni Committee, 2012-present
- Gerontology Institute Member, 2012-present
- Served on planning committee for 2012 College of Health and Human Development Retreat
- Faculty Search Committee for Human Services, Spring 2012
- Developed and implemented First Annual CSUF Intergenerational Reading Day, June 2012
- Co-organized and implemented Gerontology Master's program 1.5 hour-long orientation sessions, May 29, 2012 and June 26, 2012
- Co-organized and implemented Editor Panel Event for the Faculty Development Center, May 3, 2012
- Developed and submitted current data on chronic health conditions among older adults in Orange County for the Health and Promotion Research Institute's 2012 Town Hall Forum Community Forum
- Undergraduate Research Collaboration: Mentored several students on research. Two presented their work at the 2012 Undergraduate Research Competition.
- Faculty Development Center Coordinator: Scholarly and Creative Activities, Spring 2011-Fall 2011
- Curriculum Committee Chairperson for the CSUF Gerontology Council, Spring 2011-present

- Participant: Charting the Future for the CSUF Institute of Gerontology, Fall, 2011
- State Intramural, Junior/Senior, and General grant reviewer, Fall 2011
- Committee member for the CSUF Gerontology Council, Fall 2008-present.
- Masters in Public Health (MPH) faculty advisor
- Masters in Gerontology thesis advisor, ongoing
- Masters in Clinical Psychology thesis member, ongoing
- Student Leadership Institute Presenter, ongoing
- Active contributor to research series in Human Services and to WASC accreditation curricular development, ongoing
- CATLAB member, Spring 2011-Fall 2011
- Graduation Reader, Spring 2011
- Faculty Development Center-reader for intramural grants (2011)
- Faculty advisor for the CSUF Human Services Student Association (HSSA), Fall 2008 to Spring 2011.
- CSUF Assessment workshop, Summer 2010
- CSUF, Social Work Department, Presentation for Dr. Caroline Bailey, MSW 502, Lecture entitled “The Aging Toolbox.” Presented on April 7, 2009.
- CSUF Pollack Library Prize for Undergraduate Research Papers and Projects, 2009 Committee (Final report due April 10, 2009).
- Created RTP notebooks for CSUF Human Services Part-time Faculty
- CSUF University Graduation Marshall. June, 2009, 2010
- National Hospice Foundation Teleconference Planning Meeting. February 19, 2009.
- Attendant to UNIV 100, HSSA, HHD Yearly Retreats, ongoing

Community/Professional

- Elected Secretary, California Council on Gerontology and Geriatrics (CCGG), Term: May 2013 to April 2015
- Presenter for the UC Irvine’s Teaching, Learning & Technology Center (TLTC) seminar: What I wish I’d known about teaching college students. Spring, 2012
- Women’s Empowerment Day Conference, Citrus Valley Medical Center Conference, Conference presentation entitled “Age Transitions, Quality of Life, and Self Care. Presented on April 30, 2009.
- CSUF Community College and Advisory Meeting. March 20, 2009
- The California Community College Family and Consumer Sciences Program Plan-Family Studies Module Curriculum Team Assistant (Retreat October 10-12, 2008).
- Caregiver Support Group Leader, 2008.
- Orange County Alzheimer’s Association Speakers Bureau, 2005
- CSU Northridge Summit on Aging Participant, June 2003.

Previous:

CSU Long Beach University/Departmental:

Advising, Committees, Extra-curricular service

- Service Award: Faculty advisor for CSULB’s chapter of Sigma Phi Omega (Gerontology Academic Honor and Professional Society), 2003 to 2008.

- Thesis Committee Member for CSULB's Master in Gerontology Program Students
- Committee member for the Center for Successful Aging, Department of Family and Consumer Sciences
- Gerontology Faculty Committee
- Secretary for American Association of Family and Consumer Sciences (AAFCS, South Coast District (Fall 2004)
- Faculty Center for Professional Development, Capstone Writing Assessment-General Education Writing Assessment Project Committee member (2007-2008)
- Academic Affairs, Odyssey Planning Committee (Fall 2004)
- University Appointed President's Commission on the Status of Women (2007-2008)
- University SAGE (Student Achievement in General Education) Committee (Fall 2006)

PROFESSIONAL AFFILIATIONS

- *American Society on Aging (ASA)
- *American Psychology Association
- *American Psychology Association-member Division 51, Society for the Psychological Study of Men and Masculinity (SPSMM).
- *The California Council on Gerontology and Geriatrics (CCGG)
- *Gerontological Society of America (GSA)
- *Sigma Phi Omega, The National Honor Society in Gerontology (SPO)
- American Association of Family and Consumer Sciences (AAFCS)
- National Council on Family Relations (NCFR)

*current

RESEARCH ASSISTANTSHIPS

2007-2008: Emotional Processes and Daily Stressors among Spinal Cord Injury Patients.

Principal Investigator: Dr. Susan Turk-Charles, The University of California, Irvine

2001-2003: Emotional Processes of Mexican-American and Caucasian Adults; Coping and Adaptation among Persons with a Spinal Cord Injury

Principal Investigator: Dr. Susan Turk-Charles, The University of California, Irvine

1996-2003: A National Study of Daily Events (NSDE): An Examination of Daily Stressful Experiences

Principal Investigator: Dr. David M. Almeida, The University of Arizona

July 2000-May 2001: National Media Campaign of Athlete's Normative Health Behaviors

Principal Investigator: Irene Anderson, OASIS Center for Sexual Assault and Relationship Violence. University of Arizona, and the Department of Justice

1997-1998: Children, Youth, and Family Arizona (CYFAR). Evaluation Collaboration Project

Principal Investigator: Dr. Sherry Betts, The University of Arizona

Summer 1997: Teen Opinion Poll Arizona (TOPAZ)

Principal Investigator: Dr. Sherry Betts, The University of Arizona

1996-1997: Michigan Study of Adolescent Life Transitions (MSALT)

Principal Investigator: Dr. Bonnie L. Barber, The University of Arizona

1993-1996: Advisors: Dr. Bernard Weiner, Dept. of Psychology and Dr. Sandra Graham, Dept. of Education. The University of California, Los Angeles
Various research projects, including examination and analysis of attribution processes of abusive mothers.

PROFESSIONAL EXPERIENCE

- 2008
Caregiver Support Group Leader
Grace Lutheran, Huntington Beach, CA., 92649
- 2007
Program Evaluator
Relationship Research Foundation Inc.
- 2004-2006
Community Hospital of Long Beach (CHLB)
Intergenerational Resource Center (IRC)
CHLB-CSULB Program Coordinator
Coordinate health education seminars. Secure CSULB speakers.
Connect CSULB faculty and staff with internships.
Staff and oversee IRC.
- 2001-2003
Department of Social Ecology
UC Irvine
Program/Research Coordinator
Coordinate ongoing research projects and recruitment of study participants. Maintain day-to-day functioning of office. Train and supervise undergraduate assistants.
- July 2000-June 2001
Oasis Center for Sexual Assault and Relationship Violence
University of Arizona
Prevention Educator and Athletic Liaison
Design and implement training and educational materials for use with athletic leaders and health advocates. Develop curriculum for athletic life skills classes.
- July 1999-July 2000
Institute for Children, Youth and Families
Department of Family Studies and Human Development
University of Arizona
Undergraduate Internship Coordinator
Implement internships and expand the outreach component of the service learning experience. Specific responsibilities include student recruitment, agency placement, and evaluation; leading bi-monthly professional development seminar; development of

service learning website and marketing materials; participation in grant writing and evaluation.

January 2000-July 2000

La Paloma Family Services

Tucson, Arizona

Behavior Health Technician

Assistance to 10 girls living in a group home by providing emotional, behavioral, and medical support.

1994-1995

Health Education

University of California, Los Angeles

Event Coordinator

Designed and implemented on-campus health education activities and information fairs, specific to drug and alcohol abuse.

UC Student Chairperson

Served as student representative for FIPSE (Funding for the Improvement of Post Secondary Education), a higher education government grant designed to provide funding for UC drug and alcohol prevention. Supervised the organization of a “Best

Practices” guide, summarizing the goals and methods used at each UC southern campus for improving college health education.

Student Facilitator

Led on-campus study for “Just the Facts”, a national media campaign created to educate college students the facts and myths regarding student alcohol consumption.

1994-1995

Cedar-Sinai Medical Center, Department of Pediatrics

Los Angeles, California

Counselor

Assisted overweight children and their parents to deal with individual issues of self-esteem, motivation, and related emotional and behavioral issues through creative activities, group discussion, and private counseling.

1993

NeuroPsychiatric Institute University of California, Los Angeles

Behavior Therapist

Implemented behavior modification techniques one-on-one with 10 mentally retarded and autistic children. Participated in weekly intake and assessment meetings.

Urvi J. Patel

Personal Information

18460 Santar Street
Rowland Heights, CA 91748
Phone: (310) 654 - 4895
Email: ujpatel@fullerton.edu

Education

Ph.D. in Psychology (Program: Brain and Cognitive Science), University of Southern California, 2008

M.A. in Psychology, California State University, Fullerton, 2004

B.A. in Psychology (Minor: Cognitive Science), University of California, Los Angeles, 2000

Professional Experience

Gerontology Program, California State University, Fullerton, CA

Part-time Lecturer, Spring 2013 – Present

- Engage undergraduate and graduate students in the biological, physiological, psychological, social, and policy aspects of aging and age-related diseases
- Advised students in development of course term papers, research reports, interviews, and/or facility visits
- Course Taught: GERO 133: *Intro to Gerontology* (Fall 2016), BIOL 306: *Biology of Aging* (Fall 2014, Fall 2015), GERO 420: *Aging and Dementia* (Spring 2013, Fall 2014, Spring 2016), GERO 501: *Research Methods in Gerontology* (Fall 2013, Spring 2014), GERO 503: *Aging and Public Policy* (Spring 2014, Spring 2015), GERO 508: *Social Ethics in Aging* (Fall 2015)

Department of Psychology, Christopher Newport University, Newport News, VA

Assistant Professor, Fall 2009 – Summer 2012

- Spearheaded a project that evaluated the effects of a university-wide decision to transition from hosting an on-campus textbook establishment to offering a web-based bookstore on instructional effectiveness
- Assisted the CNU Department of Psychology assessment liaison in preparation of the Department Assessment Report for the 2010 - 11 academic year
- Reviewed curricular characteristics of various peer and aspirant institutions' neuroscience programs and contributed to a proposed curriculum of the current interdisciplinary major in neuroscience
- Recruited and supervised 10 undergraduate research assistants who followed a standardized research protocol for research projects
- Courses Taught: *Research Methods* Lecture and Lab course (Spring 2010), *Cognitive Psychology* Lecture (Fall 2009, Fall 2010, Spring 2011, and Fall 2011), *Biological Bases of Behavior* Lecture (Spring 2010 and Spring 2011), *Introduction to Neuroscience* (Spring 2011 and Spring 2012), *Physiological Psychology* Lecture and Lab (Fall 2009, Fall 2010, Fall 2011, and Spring 2012)

Department of Psychology, Christopher Newport University, Newport News, VA

Visiting Assistant Professor, Fall 2008 – Summer 2009

- Generated the budget and anticipated benefits for acquisition of physiological data recording systems to enhance course learning
- Collaborated on a project that evaluated cognitive flexibility and creativity in undergraduate students
- Managed SONA Online Research Participation System and trained faculty and head research assistants in use of the system

- Courses Taught: *Research Methods* Lecture and Lab course (Fall 2008, Spring 2009, and Summer 2009), *Physiological Psychology* Lecture and Lab (Fall 2008)

Department of Psychology, California State University, Fullerton, CA

Instructor, Summer 2005

- Guided undergraduate students in use of the CogLab Online Laboratory
- Advised students in development of research reports
- Course Taught: *Cognitive Psychology* Lab
-

Additional Work Experience

Department of Psychology, University of Southern California, CA

Teaching Assistant, Fall 2004 – Spring 2007

- Volunteered to deliver select lectures and organized hands-on discussion and lab activities
- Courses: *Introduction to Psychology* Discussion section, *Cognitive Psychology* Lecture and Lab

Office for the Protection of Research Subjects, University of Southern California, CA

Institutional Review Board Student Mentor, Fall 2006 - Spring 2008

- Represented interests of research participants and students at full board meetings of the IRB
- Served as a liaison between students and the IRB by emphasizing protection of research participants during one-on-one meetings and iSTAR training workshops
- Authored a manual in collaboration with the OPRS Director and other members of the office

Department of Psychology, California State University, Fullerton, CA

Graduate Assistant, Fall 2002 – Summer 2003

- Organized and supervised data collection of student research experiments
- Guided students in preparation of APA style report
- Courses Taught: *Cognitive Psychology* Lab, *Sensation and Perception* Lab

College of Humanities and Social Sciences, California State University, Fullerton, CA

Student Access Center Academic Counselor, 2001– 2003

- During its conception, collaborated with the Associate Dean of the College of Humanities and Social Sciences to develop the budget and services to be provided by the center
- Implemented services offered by the center and trained new counselors
- Represented the college at university-wide meetings and recruitment events
- Prepared and delivered student academic skills workshops

America Reads and Counts Program, California State University, Fullerton, CA

Assistant Coordinator of Assessment and Evaluation, 2002 – 2003

- Promoted from tutor to Assistant Coordinator because of skills set in psychometrics
- Designed and executed yearly tutor effectiveness and performance surveys which included data management and reporting
- Delivered workshops to graduate and undergraduate students to improve teaching effectiveness

America Reads and Counts Program, Ruby Dr. Elementary School, Placentia, CA

Mathematics Tutor, 2001 – 2002

- Engaged in one-on-one student tutoring sessions
- Created classroom activities to improve mastery of mathematic skills

Publications, Manuals, and Reports

Patel, U.J., Barakat, B.K., Romero, R., Apodaca, D., Hellige, J.B., & Cherry, B.J. (2014). Interhemispheric collaboration during digit and dot number-matching in younger and older adults. *Neuropsychology*, 28, 894-904.

Patel, U.J., Stern, D., Heche, M., Sprague, M., Baird, A., & Phillips, S. (2012). Student and faculty online textbook survey: Summary and recommendations. *Academic Technology Advisory Committee, Christopher Newport University.*

Dow, G.T., Hart, J., **Patel, U.J., & Lee, S. (2009).** Policies and procedures for the department of psychology participant pool: Instructions and guidelines for researchers. *Human Participant Pool Committee, Christopher Newport University.*

Tidewater Virginia Chapter & Washington, D.C. Area Chapter of Sigma Xi Annual Student Research Poster Session, Christopher Newport University, VA.

Mehrabi, E., Ardinger, S., McGuire, R., & **Patel, U.J. (2009, November).** The effect of color-object interference on hemispheric communication. Poster presented at the Tidewater Virginia Chapter & Washington, D.C. Area Chapter of Sigma Xi Annual Student Research Poster Session, Christopher Newport University, VA.

Mehrabi, E., Ardinger, S., & **Patel, U.J. (2009, October).** Color-shape congruity and interhemispheric interaction. Poster presented at the Mid-Atlantic Regional Conference of Undergraduate Scholarship, Sweet Briar, VA.

Williams, J., Dow, G.T., **Patel, U.J. (2009, October).** Creativity and cognitive flexibility? Poster presented at the Mid-Atlantic Regional Conference of Undergraduate Scholarship, Sweet Briar, VA.

Patel, U.J. (2009, May). Interhemispheric collaboration: Effects of stimulus format and task processing similarity. Talk presented at the Annual Meeting of the Virginia Academy of Science, Richmond, VA.

Erath, J., & **Patel, U.J. (2009, May).** Creativity and Cognitive Flexibility. Poster presented at the Annual Meeting of the Virginia Academy of Science, Richmond, VA.

Williams, J., Erath, J., & **Patel, U.J. (2009, April).** Explaining Creativity: Cognitive flexibility and verbal ability. Poster presented at Paideia, Christopher Newport University, VA.

Patel, U. & Hellige, J. (2008, April). Interhemispheric collaboration for simultaneous letter and picture matching. Poster presented at the Annual Meeting of the Cognitive Neuroscience Society, San Francisco, CA.

Vardanyan, T., Brookhart, S., Apodaca, D., Barakat, B., Romero, R., Goode, T., **Patel, U.J., Hellige, J.B., & Cherry, B.J. (2008, April).** Aging and interhemispheric collaboration: Digits and dots. Poster presented at the Biennial Meeting of the Cognitive Aging Conference, Atlanta, GA.

Cherry, B.J., Barakat, B., Vardanyan, T., Romero, R., Brookhart, S., Apodaca, D., Goode, T., Duclos, A., **Patel, U., Adamson, M., & Hellige, J.B. (2008, March).** Age differences in processing information across the left and right cerebral hemispheres. Poster presented at the California State University, Fullerton 50th Anniversary Research Celebration. Fullerton, CA.

Hellige, J., **Patel, U., Kim, J., & George, P. (2007).** Interhemispheric collaboration for matching emotions signified by words and faces. Poster presented at the Annual Meeting of the Psychonomic Society, Long Beach, CA.

Patel, U. & Hellige, J. (2007). The effects of limiting cognitive resources on interhemispheric interaction. Poster presented at the Object, Perception and Memory conference of the Psychonomic Society, Long Beach, CA.

Patel, U. & Hellige, J. (2007). The effects of limiting cognitive resources in interhemispheric interaction. Poster presented at the Annual Meeting of the Society for Neuroscience, San Diego, CA.

Patel, U. (2006). Interhemispheric collaboration: Effects of mixing stimulus format. Talk presented at the Graduate Student Symposium, Interdisciplinary approaches to psycholinguistic and neurolinguistic research: Investigating speech perception and production. University of Southern California, CA.

Patel, U. & Hellige, J. (2006). Hemispheric collaboration for categorizing numeric quantities: Effects of mixing stimulus format. Poster presented at the Annual Convention of the Cognitive Neuroscience Society, San Francisco, CA.

Patel, U. & Hellige, J. (2005). Hemispheric collaboration: Effects of mixing stimulus format. Poster presented at the Annual Convention of the Cognitive Neuroscience Society, New York City, NY.

Patel, U.J., Rose, S.L., Olacsi, G., & Mestaz, P. (2008). You want to be an IRB Community Member...now what? A resource manual in two parts. *Office for the Protection of Research Subjects, University of Southern California.*

Patel, U.J. & Hellige, J. (2007). Benefits of interhemispheric collaboration can be eliminated by mixing stimulus formats that involve different cortical access routes. *Brain & Cognition, 63, 114-127.*

Conference and Workshop Proceedings

Patel, U.J. (2013, May). How do I know I belong here? Student-institution connectedness at University of Southern California. Talk presented at the 2013 Association for Institutional Research Forum, Long Beach, CA.

Patel, U.J., & Brown, B. (2012, April). A comparison of the WCST and non-standard measures of cognitive flexibility. Poster presented at Annual Meeting of Eastern Psychological Association, Pittsburgh, PA.

Patel, U.J. (2011, May). Individual blogs in a cognitive psychology course. Poster presented as part of the Teaching Institute at the Annual Convention of the Association for Psychological Science, Washington, D.C.

Mehrabi, E., Bowen, & **Patel, U.J. (2011, March).** Convergent evidence of cognitive flexibility in performance-based measures. Talk presented at the Annual Paideia Conference for Student Research, Christopher Newport University, VA.

Patel, U.J. (2011, January). Clickers: Getting started with student response systems. Academic Computer Winter Workshop, Christopher Newport University, VA.

Mehrabi, E., Bowen, E., Brown, B., & **Patel, U.J. (2010, November).** Domain-specific and cross-domain specific cognitive flexibility. Poster presented at the Tidewater Virginia Chapter & Washington, D.C. Area Chapter of Sigma Xi Annual Student Research Poster Session, Christopher Newport University, VA.

Davis, C. & **Patel, U.J. (2010, November).** Academic performance in a research methods course. Poster presented at the Tidewater Virginia Chapter & Washington, D.C. Area Chapter of Sigma Xi Annual Student Research Poster Session, Christopher Newport University, VA.

Meadows, L. & **Patel, U.J. (2010, October).** Self-report and performance measures of cognitive flexibility. Talk presented at the Mid-Atlantic Regional Conference of Undergraduate Scholarship, Sweet Briar, VA.

Patel, U.J. (2010, June). CogBlog: Cognitive psychology in everyday life. Poster presented at the Eastern Conference on the Teaching of Psychology, Staunton, VA.

Williams, J., Harsher, V., Dow, G.T., & **Patel, U.J. (2010, May).** Cognitive flexibility and creativity unfolded: Is this relationship moderated by spatial ability? Poster presented at the Annual Convention for the Association for Psychological Science, Boston, MA.

Patel, U.J., Mehrabi, E., McGuire, R., & Ardinger, S. (2010, April). Perceptual interference and interhemispheric interaction. Poster presented at the Annual Meeting of the Cognitive Neuroscience Society, Montreal, Canada.

McGuire, R., Ardinger, S., Mehrabi, E., & **Patel, U.J. (2010, April).** Hemispheric communication in emotion and color matching of words. Talk presented at the Annual Paideia Conference for Student Research, Christopher Newport University, VA.

Harsher, V., **Patel, U.J., & Dow, G. T. (2010, April).** The relationship between cognitive flexibility and creative thinking. Poster presented at the Annual Paideia Conference for Student Research, Christopher Newport University, VA.

Patel, U.J. (2010, March). Blogging in the classroom. Department of Psychology Faculty Teaching Workshop, Christopher Newport University, VA.

Patel, U.J. (2010, January). Demonstrating principles of biopsychology through interactive activities. Poster presented at the Annual Meeting for the National Institute on the Teaching of Psychology, St. Pete Beach, FL.

McGuire, R., Ardinger, S., Mehrabi, E., & **Patel, U.J.** (2009, November). Interhemispheric collaboration during color-matching and English word matching tasks. Poster presented at the

Patel, U., Kee, D.W., Segal, N.L. & Cherry, B.J. (2003). Hand preference as measured by self report, demonstration and proficiency. Poster presented at the Annual Convention of the Western Psychological Association, Vancouver, Canada.

Grants

Faculty Development Grant

Principal Investigator

Funding Date: May 15th, 2010

Fund Source: Intramural – CNU

Title: fMRI Visiting Fellowship Program

Award Amount: \$2,255

Psychophysiology and Neurophysiology Biopac System Curriculum Grant

Principal Investigator

Funding Date: Apr 16th, 2009

Fund Source: Intramural – CNU Dean's Office

Title: Course Enhancement Equipment Request

Award Amount: \$23,920

Student Research Grant

Graduate Student Principal Investigator

Funding Date: 2002

Title: Inquisit Research Software

Fund Source: Intramural – CSUF Associated Students Inc.

Award Amount: \$385

Advisee Funding

Psi Chi/APS Summer Research Grant

Faculty Sponsor

Funding Date: June 21st, 2010

Title: Cognitive Flexibility and Interhemispheric Interaction

Fund Source: Extramural – Psi Chi International Honor Society in Psychology and Association for Psychological Science

Award Amount: \$3500 (student), \$1500 (faculty sponsor)

Undergraduate Summer Research Award

Faculty Sponsor

Funding Date: May 20th, 2010

Title: Cognitive Flexibility Measures

Fund Source: Intramural – CNU Undergraduate and Graduate Research Council

Award Amount: \$1114 (student), \$200 (faculty sponsor)

University and Professional Service

CNU Academic Technology Advisory Committee Chair, 2011 – 12

CNU Human Participation Pool Committee Chair, 2010 – 11

USC Center for Excellence in Teaching, Teaching Assistant Fellow, 2007 – 2008

Association for Psychological Science Student Grant Application Reviewer, 2007 – 08

Association for Psychological Science Research Award Application Reviewer, 2006 – 08
Association for Psychological Science Student Caucus Campus Representative, 2005 – 08
USC Institutional Review Board Student Mentor and Committee Member, 2007 – 2008
CSUF Institutional Review Board Committee Member, 2002 – 2003 Patel, U. 6

Professional Memberships

Psi Chi, National Honor Society in Psychology
Sigma Xi: The Scientific Research Society

Software and Internet Literacy

Microsoft Office Suite
SPSS, Statistica, Stata, R, DeltaGraph
SAS (Enterprise Miner, Guide, and Basic)
SQL
E-Prime, Matlab, Superlab, Inquisit
Adobe Suite
Qualtrics.com, Surveymonkey.com, Blogger.com

References

Barbara J. Cherry, Ph.D.

Associate Professor
Department of Psychology
California State University, Fullerton 800 N. State College Blvd.
Fullerton, CA 92834
Phone: (657) 278-3035
Fax: (657) 278-7134
Email: bcherry@fullerton.edu

Joseph B. Hellige, Ph.D.

Executive Vice President and Provost
Professor of Psychology
Loyola Marymount University
1 LMU Drive, Suite 4820
Los Angeles, CA 90045-2659
Phone: (310) 568-6146
Fax: (310) 338-1841
Email: Joseph.Hellige@lmu.edu

Susan L. Rose, Ph.D.

Executive Director
Office for the Protection of Research Subjects University of Southern California 3720 South
Flower, Third Floor Los Angeles, CA 90089-0706 Phone: (213) 821-1154
Fax: (213) 740-9299
Email: susanros@usc.edu

Jennifer R. Piazza

Department of Health Science
KHS-243
California State University, Fullerton
Fullerton, CA 92831

Phone: (657) 278-7137
Fax: (657) 278-5317
Email: jpiazza@fullerton.edu

EDUCATION

University of California, Irvine
Ph.D. in Psychology and Social Behavior, December 2008
Major emphases: Developmental Psychology and Health Psychology

University of California, Irvine
M.A. in Social Ecology, 2004

Ithaca College
B.A. in Psychology and Planned Studies (Writing), 1998, magna cum laude, with honors in both disciplines

PROFESSIONAL POSITIONS

Assistant Professor, California State University, Fullerton (CSUF), Department of Health Science,
8/2012-present

Research Scientist, Pennsylvania State University, College of Health & Human Development,
1/2009 – 8/2012

HONORS AND AWARDS

Scholarly and Creative Activity Award, CSUF, 2016
Service-Learning Conference Travel Award, Center for Internships and Community Engagement,
CSUF, 2016
Outstanding Teaching Award, Irvine Campus, CSUF, 2015
Biomedical Research Mentorship Program, Health Promotion Research Institute, CSUF, 2015
Funding my Research, CSUF, 2012-2013
Young Scholars Award, American Psychosomatic Society, 2012
National Institute on Aging (NIA) Summer Institute on Aging Research, 2009
Excellence in Undergraduate Mentoring, 2007 and 2008, University of California, Irvine
Fellow, Grantmakers in Aging, 2007
Outstanding Service to Students with Disabilities, 2002, Mohawk Valley Community College
C.P. Snow Scholarship Award, 1998, for successful integration of the humanities and sciences,
Ithaca College
Campus Life Award, 1998, 1 of 10 students selected from a graduating class of over 1300 for
outstanding contributions to the college community, Ithaca College
Sigma-Xi National Research Society, 1998
Phi Kappa Phi Honor Society, 1998
Psi Chi, National Psychology Honor Society, 1998
Outstanding Presentation Award, 1997 and 1998, Eastern Colleges Science Conference
John P. Sheehan Scholarship Award, 1994-1998

FELLOWSHIPS

Dissertation Writing Fellowship (\$9,217), 2008, University of California, Irvine
Graduate Dean's Dissertation Fellowship (\$5,000), 2008, University of California, Irvine
Fletcher Jones Foundation Fellowship, 2007-2008 (\$27,050), awarded annually to one graduate student campus-wide, who has demonstrated the potential to become a leader in academia, industry, government, or public service, University of California, Irvine
Dissertation Data Gathering Fellowship (\$2500), 2007, University of California, Irvine
Data Collection Funding, (\$600), 2006, University of California, Irvine
Graduate Opportunity Multi-Year Fellowship, 2002-2005, University of California, Irvine
Sigma-Xi Grant-in-Aid-of-Research Award (\$700), 1998
Charles A. Dana Internship Award (\$3000), 1997, Ithaca College

GRANTS

Extramural

2015-2017 National Institutes of Health: National Institute on Aging, 1R03AG047955
Daily stressor reactivity and profiles of physical health across adulthood. Role: Principal Investigator. Total costs: \$139,100

2013-2015 National Institutes of Health: National Institute on Aging, 1R01AG042431
Aging, emotional well-being, and physical health. Role: Visiting Researcher; Principal Investigator: Susan Charles. Total costs: \$300,505

Intramural

2014-2015 Junior/Senior Faculty Research Award, CSUF, *Understanding Fibrofog: Examining the link between neuroendocrine activity and cognitive impairment among people with Fibromyalgia*. Role: Principal Investigator. Total Costs: \$8,719

2014-2015 Incentive Grant, CSUF, *Stressor reactivity, sleep and cognitive functioning: Examining associations between people with and without Fibromyalgia*. Role: Principal Investigator. Total Costs: \$10,000

RESEARCH INTERESTS

| | |
|------------------------------------|--|
| Aging, emotion and health | Biopsychosocial processes and aging |
| Daily stressors and health indices | Life-course adversity and health disparities |

PUBLICATIONS

Sachs-Ericsson, N. J., Sheffler, J. L., Stanley, I. H., **Piazza, J. R.**, & Preacher, K. (in press). When emotional pain becomes physical: Adverse childhood experiences, pain, and the role of mood and anxiety disorders. Paper to appear in the *Journal of Clinical Psychology*.

Piazza, J. R., Charles, S. C., Luong, G., & Almeida, D. M. (2015). One size fits all? Applying theoretical predictions about age and emotional experience to people with functional disabilities. *Psychology and Aging*, 30(4), 930-939. doi: 10.1037/pag0000045

- Charles, S. T., **Piazza, J. R.**, Mogle, J., Urban, E. J., Sliwinski, M. J., & Almeida, D. M. (2015). Age differences in emotional well-being vary by temporal reports. *Journals of Gerontology: Psychological Sciences*. Advance online publication. doi: 10.1093/geronb/gbv011
- Piazza, J. R.**, Charles, S. T., Sliwinski, M. J., Mogle, J., & Almeida, D. M. (2013). Affective reactivity to daily stressors and long-term risk of reporting a chronic health condition. *Annals of Behavioral Medicine*, 45, 110-120. doi: 10.1007/s12160-012-9423-0
- Stawski, R. S., Cichi, K., **Piazza, J. R.**, & Almeida, D. M. (2013). Associations among daily stressors and salivary cortisol: Findings from the National Study of Daily Experiences. *Psychoneuroendocrinology*, 38, 2654-2665. doi: 10.1016/j.psyneuen.2013.06.023
- Charles, S. T., **Piazza, J. R.**, Mogle, J., Sliwinski, M. J., & Almeida, D. M. (2013). The wear-and-tear of daily stressors on mental health. *Psychological Science*, 24, 733-741. doi: 10.1177/0956797612462222
- Piazza, J. R.**, Charles, S. T., Stawski, R. S., & Almeida, D. M. (2013). Age and the association between negative affective states and diurnal cortisol. *Psychology and Aging*, 28, 47-56. doi: 10.1037/a0029983
- Piazza, J. R.**, & Charles, S. T. (2012). Affective disorders and age: The view through a developmental lens. In S. K. Whitbourne & M. Sliwinski (Eds.), *The Handbook of Developmental Psychology: Adulthood and Aging* (1st ed., pp. 275-292). Malden, MA: Wiley.
- Almeida, D. M., **Piazza, J. R.**, Stawski, R. S., & Klein, L. C. (2011). The speedometer of life: Stress, health, and aging. In K. W. Schaie & S. L. Willis (Eds.), *The Handbook of the Psychology of Aging* (7th ed., pp. 191-206). Oxford, England: Elsevier.
- Piazza, J. R.**, Almeida, D. M., Dmitrieva, N. O., & Klein, L. C. (2010). Frontiers in the use of biomarkers of health in research on stress and aging. *Journals of Gerontology: Psychological Sciences*, 65, 513-252. doi: 10.1093/geronb/gbq049
- Charles, S. T., & **Piazza, J. R.** (2010). Adulthood and aging. In I. B. Weiner & W. E. Craighead (Eds.), *Concise Corsini Encyclopedia of Psychology and Behavioral Sciences* (4th ed., pp. 38-39). New York: Wiley.
- Almeida, D. M., **Piazza, J. R.**, & Stawski, R. (2009). Inter-individual differences and intra-individual variability in the cortisol awakening response: An examination of age and gender. *Psychology and Aging*, 24, 819-827. doi: 10.1037/a0017910
- Charles, S. T., & **Piazza, J. R.** (2009). Age differences in affective well-being: Context matters. *Social and Personality Psychology Compass*, 3, 711-734. doi: 10.1111/j.1751-9004.2009.00202.x
- Piazza, J. R.** (2009). Teaching guide for: Age differences in affective well-being: Context matters. *Social and Personality Psychology Compass*, 4, 82-88. doi: 10.1111/j.1751-9004.2009.00240.x

Charles, S. T., **Piazza, J. R.**, Luong, G., & Almeida, D. M. (2009). Now you see it, now you don't: Age differences in affect reactivity to social tensions. *Psychology and Aging*, 24, 645-653. doi: 10.1037/a0016673.

Piazza, J. R., Charles, S. T., & Almeida, D. M. (2007). Living with chronic health conditions: Age differences in affective well-being. *Journals of Gerontology: Psychological Sciences*, 62, 313-321.

Charles, S. T., & **Piazza, J. R.** (2007). Memories of social interactions: Age differences in emotional intensity. *Psychology and Aging*, 22, 300-309. doi:10.1037/0882-7974.22.2.300

Piazza, J. R., & Charles, S. T. (2006). Mental health of the Baby Boomers. In S. Krauss-Whitbourne & S. Willis (Eds.). *The Baby Boomers Grow Up: Contemporary Perspectives on Midlife* (pp. 111-146). Hillsdale, NJ: Erlbaum.

Conference Proceedings:

Piazza, J. R. (2008). Protecting vulnerable elders: Justice for victims of elder abuse. In *Breaking away: Charting a new course in aging philanthropy. Proceedings of the Grantmakers in Aging annual conference, October 31-November 2, 2007* (pp. 8-9). Wayne, PA: Strategic Communications and Planning.

Piazza, J. R. (2008). Civic engagement: Community experience partnership. In *Breaking away: Charting a new course in aging philanthropy. Proceedings of the Grantmakers in Aging annual conference, October 31-November 2, 2007* (pp. 12-14). Wayne, PA: Strategic Communications and Planning.

MANUSCRIPTS SUBMITTED FOR PUBLICATION

Charles, S. T., **Piazza, J. R.**, & Urban, E. *Mixed emotions across adulthood: When, where, and why?* Invited review article submitted to *Current Opinion in Behavioral Sciences*.

MANUSCRIPTS IN PREPARATION

Piazza, J. R., Dmitrieva, N. D., & Orona, G. (in preparation). *Diurnal cortisol profiles predict long-term risk of functional limitations in later adulthood.*

Piazza, J. R., Orona, G., Almeida, D., & Zarit, S. (in preparation). *The role of event centrality in predicting diurnal cortisol.*

Sin, N., Turiano, N., **Piazza, J. R.**, & Almeida, D. M. (in preparation). *Affective reactivity to daily stressors and risk of mortality 20 years later.*

CONFERENCE PRESENTATIONS AND INVITED TALKS (*denotes student author)

Peer-Reviewed Presentations

*Orona, G., Piazza, J. R. Zarit, S. H., & Almeida, D. M. (2016, November). *The role of event centrality in predicting diurnal cortisol.* Symposium paper presented at the annual conference of the Gerontological Society of America.

- Sin, N., Turiano, N., **Piazza, J. R.**, & Almeida, D. M. (2016, November). *Affective reactivity to daily stressors and risk of mortality 20 years later*. Symposium paper presented at the annual conference of the Gerontological Society of America.
- *Kircher, J., *Sanchez, V., *Islas, L., *Briseno, A., Cherry, B., **Piazza, J. R.**, & Zettel-Watson, L. (2016, April). *The relationship between social support, stress, and pain in Fibromyalgia*. Symposium paper presented at the annual conference of the Western Psychological Association, Long Beach, CA.
- *Motts, R., **Piazza, J. R.**, & Zettel-Watson, L. (2016, April). *Quality of life in employed and unemployed older adults with Fibromyalgia*. Symposium paper presented at the annual conference of the Western Psychological Association, Long Beach, CA.
- Piazza, J. R.** *Implementing service learning in gerontology-related courses: A hybrid approach*. (2016, March). Resource exchange conducted at the annual conference of the Association for Gerontology in Higher Education, Long Beach, CA.
- Charles, S. T., **Piazza, J. R.**, Luong, G., & Almeida, D. M. (2015, November). *Applying predictions about age and emotional experience to people with functional disabilities*. Symposium paper presented at the annual conference of the Gerontological Society of America, Orlando, FL.
- Piazza, J. R.**, Almeida, D. M., Charles, S. T., Mogle, J., & Sliwinski, M. (2013, June). *Affective reactivity to daily stressors predicts long-term mental and physical health outcomes*. Symposium paper presented at the annual conference of the International Association of Gerontology and Geriatrics, Seoul, Korea.
- Piazza, J. R.**, Charles, S. T., Stawski, R. S., & Almeida, D. M. (2012, November). *Affect and cortisol: Age matters*. Symposium paper presented at the annual conference of the Gerontological Society of America, San Diego, CA.
- Almeida, D. M., Mogle, J., **Piazza, J. R.**, & Stawski, R. S. (2012, November). *Longitudinal patterns of daily stress processes and diurnal cortisol*. Symposium paper presented at the annual conference of the Gerontological Society of America, San Diego, CA.
- Piazza, J. R.**, Charles, S. T., Almeida, D. M., Mogle, J., & Sliwinski, M. (2012, March). *Reactivity to daily stressors and long-term risk of reporting a chronic health condition*. Paper presented at the annual conference of the American Psychosomatic Society, Athens, Greece.
- Charles, S. T., Williams, J., & **Piazza, J. R.** (2012, January). *Age differences in physiological reactivity: Letting go versus holding onto negative experiences*. Symposium paper presented at the annual conference of the Society for Personality and Social Psychology, San Diego, CA.
- Piazza, J. R.**, Gerstorf, D., & Almeida, D. M. (2011, November). *Perceptions of neighborhood quality and change in psychological well-being over time*. Symposium paper presented at the annual conference of the Gerontological Society of America, Boston, MA.

- Mallers, M. H., Charles, S. T., **Piazza, J. R.** (2011, November). *Early parent-child relationships and health outcomes across adulthood: An examination of physiological functioning*. Paper presented at the annual conference of the Gerontological Society of America, Boston, MA.
- Piazza, J. R.**, Charles, S. T., Stawski, R. S., & Almeida, D. M. (2010, November). *Age and the association between daily negative affect and bedtime cortisol*. Paper presented at the annual conference of the Gerontological Society of America, New Orleans, LA.
- Almeida, D. M., **Piazza, J. R.**, & Stawski, R. S. *Intra-individual variability in the cortisol awakening response: An examination of age and gender* (2009, November). Symposium paper presented at the annual conference of the Gerontological Society of America, Chicago, IL.
- Zoccola, P. M., **Piazza, J. R.**, Quas, J. A., & Yim, I. S. (2009, March). *Trait rumination predicts elevated cortisol responses to an acute psychosocial stressor*. Symposium paper presented at the annual conference of the American Psychosomatic Society, Chicago, IL.
- Charles, S. T., **Piazza, J. R.**, & Almeida, D. A. (2008, November). *Examining affective reactivity among people with a spinal cord injury*. Symposium paper presented at the annual conference of the Gerontological Society of America, National Harbor, MD.
- Piazza, J. R.**, Rook, K. S., Charles, S. T., & Newsom, J. (2006, November). *Mixed Blessings: The relationship between social ties and affective well-being among older adults*. Symposium paper presented at the annual conference of the Gerontological Society of America, Dallas, TX.
- Piazza, J. R.**, Charles, S. T., & Almeida, D. (2005, November). *Emotional well-being and reactivity to stressors: The benefits of age in the context of chronic illness*. Symposium paper presented at the annual conference of the Gerontological Society of America, Orlando, FL.

Invited Talks

- Stawski, R. S., Cichi, K., **Piazza, J. R.**, & Almeida, D. M (2013, August). *Associations among daily stressors and salivary cortisol: Findings from the National Study of Daily Experiences*. Invited talk presented at the annual conference of the American Psychological Association, Honolulu, HI.
- Piazza, J. R.** (2011, December). *Stress, health, and aging: The little things matter*. Invited talk presented to the Department of Health Science, California State University, Fullerton.
- Piazza, J. R.**, Charles, S. T., Stawski, R. S., & Almeida, D. M. (2010, December). *Age, emotions, and evening cortisol: Testing the Theory of Strength and Vulnerability Integration (SAVI)*. Invited talk presented at the Midlife Development in the United States (MIDUS) meeting, Madison, WI.
- Piazza, J. R.** (2007, November). *Emotional experience across the lifespan: Separating fact from fiction*. Invited talk presented at Grantmakers in Aging annual conference, San Diego, CA.
- Piazza, J. R.** (2004, June). *The stability of emotional memories over time*. Invited talk presented at the Psychology and Social Behavior Colloquium, University of California, Irvine.

Charles, S. T., Dmitrieva, N., Moore, A. L., & **Piazza, J. R.** (2003, October). *Age differences in response to emotional stimuli: A many splendored thing*. Invited talk presented at the Psychology and Social Behavior Colloquium, University of California, Irvine.

Piazza, J. R., & Sharma, K. (2000, November). *Teaching about cultural diversity*. Invited talk presented at the Saga-Ken Board of Education mid-year seminar, Saga-City, Japan.

Piazza, J. R., & Evans, K. (1999, November). *Coping with stress in a foreign country*. Invited talk presented at the Saga-Ken Board of Education mid-year seminar, Saga-City, Japan.

POSTER PRESENTATIONS

Peer-Reviewed Presentations

*Kircher, J., *Pucelli, A., *Diab, R., & *Ramirez, C., Cherry, B., & **Piazza, J. R.** (2016, May). *The safety and efficacy of the Trier Social Stress Test in individuals with Fibromyalgia: A pilot study*. Poster presented at the annual conference of the American Pain Society, Austin, TX.

*Kircher, J., *Pucelli, A., *Islas, L., & *Briseno, A., Cherry, B., & **Piazza, J. R.** (2016, April). *Modifying the Trier Social Stress Test in individuals with Fibromyalgia*. Poster presented at the annual conference of the Western Psychological Association, Long Beach, CA.

Piazza, J. R., Charles, S. T., Sin, N., & Almeida, D. M. (2016, March). *Stressor exposure, stressor reactivity and profiles of the sympathetic nervous system*. Poster presented at the annual conference of the American Psychosomatic Society, Denver, CO.

Sheffler, J. L., Stanley, I., Sachs-Ericsson, N., & Piazza, J. R. (2016, March). *Coping with childhood adversity: Identifying pathways to health resiliency in adulthood*. Poster presented at the annual conference of the American Psychosomatic Society, Denver, CO.

*Orona, G., **Piazza, J. R.**, Zarit, S. H., & Almeida, D. G. (2014, November) *Event centrality and daily well-being: The synergistic effect of chronic strains and daily hassles*. Poster presented at the annual conference of the Gerontological Society of America, Washington, D.C.

*Williams, J., Charles, S. T., **Piazza, J. R.**, Gruenewald, T., & Almeida, D. A. (2013, November) *Neighborhood socioeconomic status and physiological risk: An examination of allostatic load*. Poster presented at the annual conference of the Gerontological Society of America, New Orleans, LA.

Klein, L. C., **Piazza, J. R.**, Walter, K. N., Whetzel, C. A., & Almeida, D. A. (2012, March). *Day-to-day variability in number of cigarettes smoked per day: Interpersonal stress matters*. Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Houston, TX.

Piazza, J. R., Zoccola, P. M., Mackay, J., Dickerson, S. S., & Charles, S. T. (2010, March). *Psychological and physiological reactivity to a social evaluative stressor: The effect of caregiving for a spouse with dementia*. Poster presented at the annual conference of the American Psychosomatic Society, Chicago, IL.

Piazza, J. R., & Charles, S. T. (2008, November). *Living with functional disabilities: Age differences in affective well-being*. Poster presented at the annual conference of the Gerontological Society of America, National Harbor, MD.

***Munoz, E., Piazza, J. R., & Charles, S. T.** (2008, November). *Control beliefs when faced with the uncontrollable: Perceptions influence emotional outcomes*. Poster presented at the annual conference of the Gerontological Society of America, National Harbor, MD.

Piazza, J. R., Charles, S. T., & Dickerson, S. S. (2007, November). *Adding insult to injury: How reactivity to an acute stressor varies by level of perceived chronic stress*. Poster presented at the annual conference of the Gerontological Society of America, San Francisco, CA.

Piazza, J. R., & Charles, S. T. (2006, May). *Emotional experience during a life transition: Applying the tenets of Socioemotional Selectivity Theory*. Poster presented at the annual conference of the Association for Psychological Science, New York, NY.

Piazza, J. R., & Charles, S. T. (2005, May). *Age differences in perceptions of emotion regulation*. Poster presented at the annual conference of the American Psychological Society, Los Angeles, CA.

Piazza, J. R., & Charles, S. T. (2004, November). *Remembering emotion: Older adults' experience of relocation*. Poster presented at the annual meeting of the Gerontological Society of America, Washington D.C.

Rader, N. D., & Piazza, J. R. (1999, April). *The effect of reflections on visual cliff avoidance: A tale of two cliffs*. Poster presented at the biennial meeting of the Society for Research in Child Development, Albuquerque, New Mexico.

Piazza, J. R., Quimby, J. M. & Rader, N. D. (1998, February). *A comparative analysis of methods employed in visual cliff studies*. Poster presented at the conference of the Eastern Psychological Association, Boston, MA.

TEACHING INTERESTS

Developmental Psychology
Adulthood and Aging
Research Methods

Health Psychology
Biopsychosocial Processes
Writing-intensive courses

TEACHING EXPERIENCE

Instructor of Record

Fall 2012- Present California State University, Fullerton
Health Science 475, Health Science Planning, Research and Evaluation
Health Science 450, Applied Health Promotion in Aging Populations
Gerontology 501, Research Methods in Gerontology (graduate course)

2009 University of California, Irvine
Psychology and Social Behavior 106, Life-Span Developmental Psychology

Teaching Assistant

2003-2005 University of California, Irvine
 Research Methods
 Clinical Psychology
 Statistics

1997-1998 Ithaca College
 Developmental Psychology

Other Teaching Experience

1997-1998 *Writing Tutor*, Ithaca College
1998-2000 *Assistant Language Teacher*, Japan Exchange and Teaching Program, Saga, Japan
2001-2002 *Tutor/Mentor for at-risk students*, Mohawk Valley Community College, Utica, NY

QUANTITATIVE SKILLS

Statistical Expertise: SPSS, SAS, Multi-Level Modeling
Statistical Coursework: Advanced Data Analysis I and II; Applied Longitudinal Data Analysis,
Meta-Analysis; Structural Equation Modeling

PROFESSIONAL AND SERVICE ACTIVITIES

Departmental Service

2016 - Current Chair, Undergraduate Assessment Committee, CSUF
2016 - Current Member, Health Science Undergraduate Committee, CSUF
2016 - Current Member, EOHS Search Committee, CSUF
2012 - 2016 Member, MPH Program Committee, CSUF
2012- 2016 Member, MPH Comprehensive Exam Committee, CSUF
2014 - 2015 Co-Chair, Award and Events Planning Committee, CSUF
2012 - 2014 Chair, MPH Colloquia/Workshop Ad Hoc Committee, CSUF

College Service

2016 - Current Assessment Coordinator, Health Science, CSUF

University Service

2015 Reviewer, Outstanding Student Award, CSUF
2015 Reviewer, Southern California Conferences for Undergraduate Research
2013 - Current Member, Health Promotion Research Institute (HPRI), CSUF
2013 - Current Steering Committee Member, Institute of Gerontology, CSUF
2013 - Current Member, Faculty Hearing Committee, CSUF
2012 - 2014 Member, Gerontology Program Council, CSUF
2012 - 2013 Member, Gerontology Curriculum Program Committee, CSUF

Community Service

2012 - Current Founding Member, Orange County Healthy Aging Initiative (OCHAI)

Professional Service

2016 Ad hoc Grant Reviewer, MESH, National Institutes of Health (NIH)
2012 - 2013 Program Co-Chair, American Psychological Association (APA), Division 7
2013 Symposium Organizer, APA, Division 7. Symposium title: *Trauma, stress and cortisol.*
2013 Symposium Organizer, APA, Division 7. Symposium title: *Neurological and Physiological Implications of Maltreatment*
2012 Symposium Organizer, Gerontological Society of America. Symposium title: *Stressor accumulation, health and well-being: The effects of adverse, additive life experiences.*
2010 Conference Abstract Reviewer, American Psychosomatic Society
2009 Program Review Committee Member, APA, Division 7

Ad Hoc Reviewer-Journals

Aging and Mental Health
Aging, Neuropsychology & Cognition
Annals of Internal Medicine
Annals of Neuroscience and Psychology
Developmental Psychology
Emotion
International Journal of Psychology & Counselling
Journal of Gerontology: Social Sciences
Journal of Social & Personal Relationships
Journal of Research in Personality
PLOS ONE
Psychological Science
Social Science and Medicine

PROFESSIONAL AFFILIATIONS

Member of the Gerontological Society of America
Member of the American Psychosomatic Society

REFERENCES

David Almeida, Ph.D.
Professor
The Gerontology Center
Dept. of Human Development & Family Studies
Pennsylvania State University
114-H Henderson Bldg.
University Park, PA 16802
(814) 865-7686
dma18@psu.edu

Susan T. Charles, Ph.D.
Professor
Dept. of Psychology & Social Behavior
University of California, Irvine
4326 Social & Behavioral Sciences Gateway
Irvine, CA 92697-7085
(949) 824-1450
scharles@uci.edu

Linda J. Levine, Ph.D.
Professor
Dept. of Psychology and Social Behavior
University of California, Irvine
4558 Social & Behavioral Sciences Gateway
Irvine, CA 92697-7085
(949) 824-7692
llevine@uci.edu

Steven H. Zarit, Ph.D.
Distinguished Professor
Dept. of Human Development & Family Studies
Pennsylvania State University
211 Henderson Bldg., South
University Park, PA 16802
814-865-5260
z67@psu.edu

CURRICULUM VITAE

Karen Wong, MS
Lecturer of Gerontology & Sociology

Email: kwong@fullerton.edu
Telephone: (714) 930-5739

Education:

2007: California State University, Fullerton. Masters of Science in Gerontology. *Thesis, Age-Related Vision Loss: A Comparison of Adaptation, Emotions and Time.*

1998: University of California Los Angeles. Bachelor of Science

Teaching Interests & Focus:

Research Methods, Sociology of Aging, Sociology of Health and Illness, Intergenerational Relationships, Death & Dying, Families and Aging, Aging Body and Society Perceptions, Aging and Dementia, Gerotechnology and Aging.

Academic Positions:

2014-Current: Sigma Phi Omega Gerontology Honor Society Advisor

2007-Current: Lecturer, Department of Sociology, California State University, Fullerton

2007-Current: Lecturer, Gerontology Academic Programs, California State University, Fullerton

2012-Current: Gerontology Student Academic Advisor, California State University, Fullerton

2012-Current: Gerontology Internship Coordinator, California State University, Fullerton

2014-Current: Sigma Phi Omega Gerontology Honor Society Advisor

2010-2014: Lecturer, Freshman Programs, California State University, Fullerton

2010-2011: Sigma Phi Omega Gerontology Honor Society Advisor

Academic Grants and Academic Awards:

2014: CSUF Community Engagement Awards. Extraordinary Internship Coordinator Award.

2012: National Society of Collegiate Scholars Award for excellence in inspiring leadership, scholarship and putting forth even more effort for students and the community, California State University of Fullerton Chapter, 2012. Nominated by students.

2011 & 2012: College of Humanities and Social Sciences Faculty Award Nomination for Outstanding Untenured Faculty Member

2008-2009: Grandparent Conference. \$7,000 funded through the CSUF University Mission & Goals Initiative.

Publications:

Wong, K. B. (2013, November). Getting to know your professor during office hours. *Titan Parent Connection*, 2.

Weber, J. A., & Wong, K. B. (2010). Older adults coping with vision loss. *Home Health Care Services Quarterly*, 29, 105–119.

Lectures and Conference Presentations:

"*The Therapeutic Use of Music in Older Adults with Dementia*" Paper Presentation at the 35th California Council on Gerontology & Geriatrics. Conference focused on 'The Faces of Aging: California Stories,' April 10, 2015

"*Therapeutic Storytelling Workshop for Caregivers of Persons with Dementia*" Paper Presentation at the 35th California Council on Gerontology & Geriatrics. Conference focused on 'The Faces of Aging: California Stories,' April 10, 2015

"*Accelerated Aging and Normal Aging in the Human Body: A Psychosocial Approach*" Lecture at CSUF. 50+ Consumer Marketing Course (MKTG 596T) on March 27, 2014.

"*Learning the Importance of Intergenerational Relationships*" Poster Session at the California Council on Gerontology & Geriatrics Conference focused on Leading Change: Aligning Workforce Development with Behavioral Health Care Needs of Older Californians, April 12, 2013

"*College Students Learn the Importance of Intergenerational Relationships*" Sociology Week at CSUF, March 13, 2013

"*Community and Our Society*" Distinguished Speaker for National Society of Collegiate Scholars Induction Ceremony, October 12, 2012

Group Facilitator at the Community-Wide *Assistive Technology* Summit, May 24, 2011

"*Grandparents Share Poems with Adult Grandchildren*" Poster Session at the California Council on Gerontology & Geriatrics Conference focused on Campus, Community & Industry Promoting Jobs in Aging, April 2011

"*Health and Well-Being of Visually Impaired Older Adults*" Lecture at CSUF. Gero 504T. October 10, 2011.

"*Guiding Visually Impaired Older Adults*" Lecture at CSUF. Gero 504T. October 8, 2010.

"*Vision Loss: Conditions, Adaptation and Assistive Technology Devices to Help Maintain Independence*" Guest Speaker for the "The Let's Group - Consulting and Consortium of Professional Gerontologists" on June 5, 2010.

"Strategies for Teaching Visually Impaired Older Adults " Lecture at CSUF. Gero 504T. October 12, 2009.

"Intergenerational Relationships: Strengthening Grandparent Grandchildren Ties" Paper at the Conference "Annual Conference of the National Council on Aging and the American Society on Aging (ASA)" in Las Vegas, Nevada on March 16, 2009.

"Online Education: The Trend, the Need and the Venue to Success " Symposium at the Conference "Association for Gerontology in Higher Education (AGHE)" in San Antonio, Texas on February, 27, 2009.

"Teaching Visually Impaired Older Adults " Lecture at CSUF. Gero 504T. October 13, 2008.

"Online Education: Student Needs, Faculty Interests, and University Goals" Paper at the Conference "Western Social Science Association 50th Annual Conference (WSSA)" in Denver, Colorado on April 26, 2008.

"Age-Related Vision Loss: A Developmental Model of Adaptation, Emotions and Time" Paper at the Conference "Annual Conference of the National Council on Aging and the American Society on Aging (ASA)" in Washington, DC on March 29, 2008.

"Educating Healthcare Providers: Assisting Seniors with Age-Related Vision Loss in Relation to Adaptation, Emotions, and Time" Paper at the Conference "34th Annual Meeting of the Association for Gerontology in Higher Education (AGHE)" in Baltimore, Maryland on February 22, 2008.

"Helping Visually Impaired Older Adults" Lecture at CSUF. Gero 433. April 1, 2007.

"Vision Loss and Aging: Resources in the Community " Lecture at CSUF. Gero 433. April 14, 2006.

"Strategies for Teaching Visually Impaired Older Adults " Lecture at CSUF. Gero 504T. October 30, 2006.

"What is Gerontology" Lecture at Fullerton College. Human Services Class. March 15, 2006.

"Aging and Aging Issues" Lecture at CSUF. Graduate Counseling Class. November 15, 2005.

"Baby Boomers Looking for Direction in Midlife " Sociology Week Presentation. November 8, 2005.

Ongoing Education:

Alzheimer's Orange County, "You Don't Know What You Don't Know" by Plans In Place, September 14, 2016

Faculty Development Center, Leadership Development Series. (1) Secrets of Leading a Meeting that Almost Nobody Follows, September 7, 2016.

Association for Gerontology in Higher Education (AGHE) 42nd Annual Meeting and Educational Leadership Conference attendance March 4-5, 2016. Conference theme, "Developing Educational Leadership in Gerontology Worldwide."

'Student Engagement Faculty Learning Community' for Fall 2015.

'HSS Lecturer Professional Development Day' on January 15, 2015. Completion certificate awarded.

'20th Anniversary for the Center for Successful Aging' on August 15, 2014. Attendance.

'Assessing and Promoting High-Impact Practices at Course and Program Levels: Doing Assessment as if Deep Learning Matters Most' Assessment Conference XVIII on March 14, 2014. Completion certificate awarded.

'HSS Lecturer Professional Development Day' on January 17, 2014. Completion certificate awarded.

'Advising Workshop' on November 8, 2013.

'The Evolution of an Assessment Plan' Assessment Conference XVII on March 22, 2013.

'Enhancing Student Learning Through Formative Assessment' Assessment Conference XVI on April 27, 2012

Served as Project Chair on the Following Gerontology Graduate Projects:

Angela Melissa Ortega, Projected graduation Spring 2016. 'The Development of a Needs Assessment Tool for Grandparents Raising Grandchildren.'

Maria Teresa Kelley, Graduated Fall 2015. 'The Therapeutic Use of Music in Older Adults with Dementia'

Yaling Hsu, Graduated Spring 2015. 'Therapeutic Storytelling Workshop for Caregivers of Persons with Dementia'

Brandi Orton, Graduated Fall 2013. 'Making the Moments Count: An Educational Film on Alzheimer's Disease'

Sarah Lam, Graduated Spring 2012. 'Alzheimer's Disease: Education for Families with Early Adolescents and Young Children'

Ruth Ledesma, Graduated Spring 2008. 'Development of a Friendly Visitor Program: Friends Church Training Manual'

Research Interests:

Fostering intergenerational relationships between grandparents and grandchildren, adapting to age-related vision impairment and psychosocial aspects of dementia.

In collaboration to develop a Grandparent Resource Center at the CSUF campus. The initial step towards this endeavor was the Grandparent Conference which took place at the CSUF Arboretum on September 19, 2009. The potential uses of the center will be further developed through data collected from grandparents in the local area. A survey was sent to agencies that work with grandparents via the Orange County Council on Aging.

Collaborative research study on assistive technology for older adults, with specific focus on online health management tools. A survey has been circulated to members of the Osher Lifelong Learning Institute to investigate barriers, usage and attitudes towards online health management tools. This is a project under the CSUF CATLab Project Strategic Initiatives.

Member of:

- Gerontology Program Council Member
- Sigma Phi Omega Gerontology Honor Society, Gamma Kappa Chapter
- ASA – American Society on Aging
- GSA – The Gerontological Society of America
- CCGG – The California Council on Gerontology and Geriatrics
- UCLA Alumni Association

Campus Involvement:

- Osher Lifelong Learning (OLLI) Joint Class Collaborations with Gero 133, 2012-Present
- Curriculum Committee in Gerontology, 2012-Present
- Marketing Committee in Gerontology, 2012-2013
- Sigma Phi Omega Gerontology Honor Society Advisor, Gamma Kappa Chapter, 2010-2011
- Gerontology Graduation Participation, 2007-2012, 2014
- Sociology Graduation Participation, 2007-2011
- Fullerton Day at CSUF, Attendance and dissemination of information, 9/2005-Present
- Gerontology Scholarship Reception Helper, 2007-Present

Volunteer & Community Involvement:

- Alzheimer's Association Support Group Facilitator, Fullerton. Monthly Meetings, 2010-Present (Volunteer)
- Alzheimer's Association Memories in the Making Facilitator, Irvine Adult Day Health Services. Monthly Meetings, 2010 (Volunteer)
- Brea 8K Fundraiser, 2008
- Fibromyalgia Gala Attendee, 2008
- CSUF Honors Convocation Participant, 2007
- Dayle McIntosh Center: Disabilities Resource and Advocacy – Independent Living Skills Assistant 8/05–12/07 (Volunteer)

- Annual Conference of the National Council on Aging and the American Society on Aging Conference, 3/15/06-03/19/06 (Volunteer)
- Acacia Senior Fair, 6/27/06 (Volunteer)
- Healthy Aging Conference, 4/25/06 (Volunteer)
- Osher Lifelong Learning Institute Reception Attendee, 2007, 2008
- Osher Lifelong Learning Institute Summer Fair & Halloween Fair Helper, 6/2008, 10/24/08 (Volunteer)
- Senior Assistance, Weekly, 2009-2010 (Volunteer)
- Vision Walk Fundraiser, 2008, 2009, 2010

Other Awards:

- Giles T. Brown Outstanding Thesis Award Nomination, 2007
- Miller Scholarship Recipient, 2006
CSUF Outstanding Graduate Student Award, 2007
- OLLI Award for Outstanding Graduate Student, 2007
- Outstanding Graduate Student Thesis Award, 2007

Campus Involvement

Outreach to Undergraduates at the Undeclared Major Fair, September 14, 2016 from 10am-2pm

LAURA ZETTEL-WATSON, Ph.D.
Professor, Department of Psychology
Coordinator, Gerontology Academic Program
California State University, Fullerton
Fullerton, CA 92834-6846
lzettel-watson@fullerton.edu
(657) 278-3898

EDUCATION

Ph.D. 2004 Psychology & Social Behavior, University of California, Irvine
Dissertation Title: "Aging alone: Do the social support resources
of never-married individuals place them at risk?"

B.A. w/ distinction 1997 Psychology, University of Michigan, Ann Arbor

GRANTS, AWARDS, AND HONORS

2014-2015

- Senior Faculty Research Award, Auxiliary Services Corporation, CSUF

2013-2014

- Grant Proposal Writing Award (3 WTU course release) for Spring '14, Office of Research, CSUF

2011-2012

- Outstanding Senior Honors Project Mentor, University Honors Program, CSUF
- Junior Faculty Research Award, Auxiliary Services Corporation, CSUF
- Faculty-Student Research and Creative Activities Grant, Faculty Development Center (FDC) - \$1000 to support research with undergraduates Kyle Jasper and Justin Ludwig

2010-2011

- Junior Faculty Research Award, Auxiliary Services Corporation, CSUF
- Faculty-Student Research and Creative Activities Grant, FDC - \$900 to support research with undergraduate William Moreno

2009-2010

- General Faculty Research Award, Auxiliary Services Corporation, CSUF
- Faculty-Student Research and Creative Activities Grant, FDC - \$500 to support research with undergraduate Jordan Aquino

2008-2009

- Summer Research Stipend Award, School of Humanities & Social Sciences, CSUF
- Faculty Recognition Award – Service to the University, CSUF

2007-2008

- Outstanding Teacher Scholar Award for Collaborative Teaching, School of Humanities & Social Sciences, CSUF
- Summer Stipend Award, CSU Special Fund for Research, Scholarship, and Creative Activity
- Assigned Time (3 WTU course release) for Spring '08, School of Humanities & Social Sciences, CSUF
- Instructionally Related Research Award (3 WTU course release), Department of Psychology, CSUF

2006-2007

- Summer Stipend Award, CSU Special Fund for Research, Scholarship, and Creative Activity
- Instructionally Related Research Award (3 WTU course release), Department of Psychology, CSUF
- Faculty-Student Research and Creative Activities Grant, FDC - \$1000 to support research with undergraduate Katara Harwood

2005-2006

- Faculty Development Grant, FDC
- Summer Stipend Award, CSU Special Fund for Research, Scholarship, and Creative Activity

2004-2005

- Dissertation Fellowship, University of California, Irvine (UCI), Office of Research & Graduate Studies
- Most Promising Future Faculty Member, UCI, university-wide award
- Excellence in Teaching & Teaching Assistant Mentoring, UCI, Division of Undergraduate Education, university-wide award

2003-2004

- Grant, Anthony Marchionne Foundation, \$25,000. "Aging Alone: Are Single Older Adults at Risk?" Co-Principal Investigator with Karen S. Rook.
- Dissertation Research Fellowship, UCI, School of Social Ecology
- Excellence in Teaching & Teaching Assistant Mentoring, UCI, Division of Undergraduate Education, university-wide award

EXTERNAL GRANT SUBMISSIONS

Zettel-Watson, L., Rose, D., & Wilson, K. "Tech4life@Connected, Health, Inspired (CHI)." Verizon Corporation. \$78,444. Submitted August 2014, not funded.

Zettel-Watson, L., & Mallers, M. H. "Role of Everyday Technology in Older Adults' Health: Analysis of Two National Datasets." National Institutes of Health. \$100,000. Submitted June 2014, not funded.

Jones, C. J., Cherry, B. J., Zettel-Watson, L., Aquino, J., & Rutledge, D. N. "Effects of Milnacipran

Alone, and with a Lifestyle Physical Activity, on Functionality in Adult Women with Fibromyalgia.” Forest Laboratories. \$207,562. Submitted September 2010, not funded.

RESEARCH INTERESTSTechnology and Aging

Social Relationships & Health

Psychosocial Aspects of Chronic Pain

Marital Status Differences in Later Life

PUBLICATIONS

- Follick, B. T., Cherry, B. J., Rutledge, D. N., Zettel-Watson, L., Jones, C. J. (2016). Heterogeneity in Fibromyalgia based upon cognitive and physical performance and psychological symptomology. *Journal of the American Association of Nurse Practitioners* 28, 19-30. doi: 10.1002/2327-6924.12270
- Zettel-Watson, L., Suen, M., Wehbe, L., Rutledge, D. N., & Cherry, B. C. (2015). Aging well: Processing speed, inhibition, and working memory related to balance and aerobic endurance. *Geriatrics & Gerontology International*. Epub doi: 10.1111/ggi.12682
- Segal, N. L., Cortez, F. A., Zettel-Watson, L., Cherry, B. J., Mechanic, M., Munson, J. E., Velázquez, J. M. A., Reed, B. (2015). Genetic and experiential influences on behavior: Twins reunited at seventy-eight years. *Personality and Individual Differences*, 73, 110-117. doi: 10.1016/j.paid.2014.09.017
- Zettel-Watson, L., & Tsukerman, D. (2014). Adoption of online health management tools among healthy older adults: An exploratory study. *Health Informatics Journal*. Advance online publication. doi: 10.1177/1460458214544047
- Cherry, B. J., Zettel-Watson, L., Shimizu, R., Roberson, I., Rutledge, D. N., & Jones, C. J. (2014). Cognitive performance in women aged 50 years and older with and without Fibromyalgia. *Journals of Gerontology: Psychological Sciences*, 69, 199-208. doi:10.1093/geronb/gbs122.
- Rutledge, D. N., Rakovski, C. C., & Zettel-Watson, L. (2013). Healthcare underutilization in overweight Mexican-Americans with chronic pain. *Ethnicity and Inequalities in Health and Social Care*, 5, 123-132. doi: 10.1108/EIHSC-10-2012-0010
- Rakovski, C. C., Zettel-Watson, L., & Rutledge, D. N. (2012). Association of employment and working conditions with physical and mental health symptoms for people with Fibromyalgia. *Disability & Rehabilitation*, 34, 1277-1283. doi: 10.3109/09638288.2011.641658
- Cherry, B. J., Zettel-Watson, L., Shimizu, R., Chang, J., Rutledge, D. N., & Jones, C. J. (2012). Positive associations between physical and cognitive performance measures in Fibromyalgia. *Archives of Physical Medicine and Rehabilitation*. 93, 62-71. doi:10.1016/j.apmr.2011.08.006

Zettel-Watson, L., Rutledge, D. N., Aquino, J. K., Cantero, P., Espinoza, A., Leal, F., & Jones, C. J. (2011). Typology of chronic pain among overweight Mexican Americans. *Journal of Health Care for the Poor and Underserved*, 22, 1030-1047.
doi:10.1353/hpu.2011.0092

Zettel-Watson, L., Rakovski, C. C., Levine, B., Rutledge, D. N., & Jones, C. J. (2011). Impact of employment and caregiving roles on the well-being of people with Fibromyalgia Syndrome. *Journal of Musculoskeletal Pain*, 19, 8-17.
doi:10.3109/10582452.2010.538824

Zettel-Watson, L., & Britton, M. (2008). The impact of obesity on the social participation of older adults. *Journal of General Psychology*, 135, 409-423.

Zettel-Watson, L., Ditto, P. H., Danks, J. H., & Smucker, W. D. (2008). Actual and perceived gender differences in the accuracy of surrogate decisions about life-sustaining medical treatment among older spouses. *Death Studies*, 32, 273-290.
doi:10.1080/07481180701881230

Zettel-Watson, L., & Rook, K. S. (2008). Friendships: Later life. In D. Carr (Ed.), *Encyclopedia of the Life Course and Human Development*. Detroit, MI: Gale.

Rook, K., Mavandadi, S., Sorkin, D., & Zettel, L. (2007). Optimizing social relationships as a resource for health and well-being in later life. In C. M. Aldwin, C. L. Park, & Spiro, A. III (Eds), *Handbook of Health Psychology and Aging* (pp. 210-239). New York: Guilford.

Rook, K.S., & Zettel, L.A. (2005). The purported benefits of marriage viewed through the lens of physical health. *Psychological Inquiry*, 16(2/3), 116-121.

Zettel, L.A., & Rook, K.S. (2004). Substitution and compensation in the social networks of widowed women. *Psychology and Aging*, 19, 433-443. doi: 10.1037/0882-7974.19.3.433

Rook, K.S., Sorkin, D.H., & Zettel, L.A. (2004). Stress in social relationships: Coping and adaptation across the life span. In F.R. Lang & K.L. Fingerman (Eds.) *Growing together: Personal relationships across the lifespan* (pp. 210-239). Cambridge, UK: Cambridge University Press.

Rook, K., Sorkin, D., & Zettel, L. (2002). Loneliness in late life. *Aging Today*, 23 (2).

Rook, K.S., Zettel, L.A., & Sorkin, D.H. (2002). Commentary: Older adults' social relationships: Strengths and vulnerabilities. *International Society for the Study of Behavioural Development Newsletter*, 41 (1), 20.

PRESENTATIONS

Islas, L. A., Kircher, J., Sanchez, V., Briseno, A., Aquino, J., Zettel-Watson, L., & Cherry, B.

- (2016, November). Blood pressure and everyday problem solving among older adults with and without Fibromyalgia. Poster presented at the 68th Annual Scientific Meeting of the Gerontological Society of America, New Orleans, LA.
- Zettel-Watson, L., Horn Mallers, M., Pucelli, A. J., Koffer, R., & Almeida, D. (2016, November). Older adults' health-related technology use: Findings from the National Study of Daily Experiences. Poster presented at the 68th Annual Scientific Meeting of the Gerontological Society of America, New Orleans, LA.
- Aquino, J. K., Cherry, B. J., Zettel-Watson, L., Rutledge, D. N., & Jones, C. J. (2016, May). Physical and cognitive status of older adults aged 50+ with and without Fibromyalgia: A longitudinal study. In B. J. Cherry (Chair), *Health and wellness among individuals with chronic pain*. Symposium conducted at the 96th Annual Scientific Meeting of the Western Psychological Association, Long Beach, CA.
- Herrera, C., & Zettel-Watson, L. (2016, May). Coping strategies among older obese latinos with chronic pain. In B. J. Cherry (Chair), *Health and wellness among individuals with chronic pain*. Symposium conducted at the 96th Annual Scientific Meeting of the Western Psychological Association, Long Beach, CA.
- Kircher, J., Sanches, V., Islas, L., Briseno, A., Cherry, B. J., Piazza, J., & Zettel-Watson, L. (2016, May). The relationship between social support, stress, and pain in Fibromyalgia. In B. J. Cherry (Chair), *Health and wellness among individuals with chronic pain*. Symposium conducted at the 96th Annual Scientific Meeting of the Western Psychological Association, Long Beach, CA.
- Motts, R., Piazza, J., & Zettel-Watson, L. (2016, May). Quality of life in employed and unemployed older adults with Fibromyalgia. In B. J. Cherry (Chair), *Health and wellness among individuals with chronic pain*. Symposium conducted at the 96th Annual Scientific Meeting of the Western Psychological Association, Long Beach, CA.
- Cortez, F., Cherry, B., Zettel-Watson, L., & Rutledge, D. (2015, November). Aging with Fibromyalgia: Characterizing Symptomatology Over Time. Paper presented at the 67th Annual Scientific Meeting of the Gerontological Society of America, Orlando, FL.
- Creek, J., Webhi, L., Montelongo, J., Barry, C., Zettel-Watson, L., & Cherry, B. (2015, May). *Social engagement and episodic memory in older adults*. Poster presented at the 95th Annual Scientific Meeting of the Western Psychological Association, Las Vegas, NV.
- Morton, J., Gaeta, D., Hicks, D., Aquino, J., Cherry, B., & Zettel-Watson, L. (2015, May). *Social support differences between older adults with and without fibromyalgia*. Poster presented at the 95th Annual Scientific Meeting of the Western Psychological Association, Las Vegas, NV.
- Quinn, T. A., Ignacio, D., Cuevas, S., Islas, L., Aquino, J., Cherry, B., & Zettel-Watson, L.

- (2015, May). *Predicting cognitive decline: Positive affect and community dwelling elders*. Poster presented at the 95th Annual Scientific Meeting of the Western Psychological Association, Las Vegas, NV.
- Fuimara, M., Quinn, T., Morton, J., Creek, J., Cuevas, S., Hicks, D., Zettel-Watson, L., & Cherry, B. J. (2015, February). *Cognitive clusters in fibromyalgia, a chronic pain condition*. Poster presented at the 43rd Annual Scientific Meeting of the International Neuropsychological Society, Denver, CO.
- Zettel-Watson, L., Mallers, M. H., Gee, A., Peirce, K., & Rowther, N. S. (2014, November). *The utilization of technology in health-related management and communication*. Poster presented at the 66th Annual Scientific Meeting of the Gerontological Society of America, Washington, DC.
- Suen, M., Wehbi, L., Zettel-Watson, L., & Cherry, B. J. (2014, April). *Relationship between cognitive aging and physical activity among healthy older adults*. Poster presented at the Cognitive Aging Conference, Atlanta, GA.
- Zettel-Watson, L., Follick, B., Katschke, J. M., Melendez, J., Rutledge, D. N., Jones, C. J., & Cherry, B. J. (2013, November). *Four-year change in cognitive performance for individuals over 50 with and without chronic pain*. Poster presented at the 65th Annual Scientific Meeting of the Gerontological Society of America, New Orleans, LA.
- Tsukerman, D., Fishel, D., Gallegos, J. V., Mallers, M. H., Wilson, K. S., & Zettel-Watson, L. (2013, November). *Psychosocial predictors of willingness to wear an emergency assistive device in adults over 50*. Poster presented at the 65th Annual Scientific Meeting of the Gerontological Society of America, New Orleans, LA.
- Cortez, F., Melendez, J., Rutledge, D. N., Jones, C. J., Zettel-Watson, L., & Cherry, B. J. (2013, August). *Longitudinal change in cognitive and physical measures in FM*. 9th World Congress on Myofascial Pain Syndrome and Fibromyalgia Syndrome, Seattle WA.
- Skornyakov, S. B., & Zettel-Watson, L. (2013, April). *Leisure activities and depression in adults with and without Fibromyalgia*. Poster presented at the 93rd Annual Scientific Meeting of the Western Psychological Association, Reno, NV.
- Suen, M., Follick, B., Finn, M., Zettel-Watson, L., & Cherry, B. J. (2013, April). *Cognitive aging and physical activity: Identifying a relationship between physical and cognitive performance in a sample of older adults*. Poster presented at the 33rd Annual Meeting of the California Council on Gerontology and Geriatrics, Los Angeles, CA.
- Follick, B., Cherry, B. J., Zettel-Watson, L., Grandfield, E., Rutledge, D., & Jones, C. J. (2012, November). *Patterns of performance within Fibromyalgia: Identifying subgroups*. Poster presented at the 64th Annual Scientific Meeting of the Gerontological Society of America, San Diego, CA.

- Horn Mallers, M., Zettel-Watson, L., & Elmi, C. (2012, November). *Temporal patterning of alcohol consumption among older adults*. Poster presented at the 64th Annual Scientific Meeting of the Gerontological Society of America, San Diego, CA.
- Zettel-Watson, L., & Chang, E. (2012, November). *Exploring online health management tool adoption among older adults*. Poster presented at the 64th Annual Scientific Meeting of the Gerontological Society of America, San Diego, CA.
- Jasper, K., Ludwig, J., & Zettel-Watson, L. (2012, April). *Obesity and chronic pain among Hispanics: Impact of social support*. Poster presented at the 92nd Annual Scientific Meeting of the Western Psychological Association, Burlingame, CA.
- Lutz, J., & Zettel-Watson, L. (2012, April). *Gender and social roles impact older adults' suicidal ideation*. Poster presented at the 92nd Annual Scientific Meeting of the Western Psychological Association, Burlingame, CA.
- Follick, B., Katschke, J., Grandfield, E., Zettel-Watson, L. & Cherry, B. J. (2012, April). *Health and cognition: Executive function and processing speed in older adults both with and without chronic pain*. Poster presented at the Biennial Cognitive Aging Conference, Atlanta, GA.
- Horn Mallers, M., Zettel-Watson, L., & Neupert, S. (2011, November). *Daily alcohol usage, stress, and health: Findings from the National Study of Daily Experiences*. Poster presented at the 63rd Annual Scientific Meeting of the Gerontological Society of America, Boston, MA.
- Zettel-Watson, L., Chang, J., Shimizu, R., Rutledge, D. N., Jones, C. J., & Cherry, B. J. (2011, November). *Physical activity predicts cognitive function in Fibromyalgia*. Poster presented at the 63rd Annual Scientific Meeting of the Gerontological Society of America, Boston, MA.
- Levine, B., Cherry, B., Zettel-Watson, L., & Rutledge, D. (2011, April). *Fibromyalgia status and self-reported experiences with anxiety, headaches, and concentration*. Poster presented at the 91st Annual Scientific Meeting of the Western Psychological Association, Los Angeles, CA.
- Moreno, W. A., Bateham, A. L., & Zettel-Watson, L. (2011, April). *Fibromyalgia and aging: The role of time-of-day in cognitive and physical performance*. Poster presented at the 91st Annual Scientific Meeting of the Western Psychological Association, Los Angeles, CA.
- Grandfield, E. M., Follick, B., Levine, B., Aquino, J. K., Cherry, B. C., & Zettel-Watson, L. (2011, February). *The role of executive function in episodic memory performance in individuals with and without Fibromyalgia*. Poster presented at the Dallas Aging and Cognition Conference, Dallas, TX.

- Jones, C. J., Rutledge, D. N., Aquino, J. K., Zettel-Watson, L., Cantero, P., Espinoza, A., Leal, F., Prado, B., Valencia, C., & Weiss, J. W. (2010, September). *Typology of chronic pain among overweight Mexican Americans*. Poster presented at the American Academy of Pain Management's 21st Annual Clinical Meeting, Las Vegas, NV.
- Roberson, I., Shimizu, R., Zettel-Watson, L., Rutledge, D. N., Jones, C. J., & Cherry, B. J. (2010, April). *Cognitive performance in older adults with and without fibromyalgia*. Poster presented at the Cognitive Aging Conference, Atlanta, GA.
- Rutledge, D., Jones, C. J., Cherry, B., Zettel-Watson, L., Lopez, L., & Cayetano, R. (2009, November). *Self-assessed physical function levels of older persons with/without Fibromyalgia*. Poster presented at the 62nd Annual Scientific Meeting of the Gerontological Society of America, Atlanta, GA.
- Zettel-Watson, L., Bateham, A., Diosdado, S., Shimizu, R., Oliveros, J., Cherry, B., Rutledge, D., & Jones, C. J. (2009, November). *The impact of social support on functionality of older adults with and without Fibromyalgia*. Poster presented at the 62nd Annual Scientific Meeting of the Gerontological Society of America, Atlanta, GA.
- Shimizu, R., Diosdado, S., Cherry, B., Zettel-Watson, L., Rutledge, D., & Jones, C. J. (2009, October). *Impact of Fibromyalgia ADL pain on cognitive performance*. Poster presented at the 20th Annual Clinical Meeting of the American Academy of Pain Management, Phoenix, AZ.
- Chang, J. C., & Zettel-Watson (2009, August). *Extroversion and self-esteem in friendships among college students*. Poster presented at the 117th Annual Scientific Meeting of the American Psychological Association, Toronto.
- Chang, J. C., & Zettel-Watson (2009, April). *Close friends, frequency of contact, and self-esteem among college students*. Poster presented at the 89th Annual Scientific Meeting of the Western Psychological Association, Portland, OR.
- Cherry, B. J., Jones, C. J., Rutledge, D. N., Weiss, J., Barakat, B. K., Zettel-Watson, L., Mouttapa, M., Just, N., & Aquino, J. (2009, March). *Physical and cognitive performance in Fibromyalgia and normal aging*. Poster presented at the 19th Annual Rotman Research Institute Conference, Toronto.
- Romo, D., & Zettel-Watson, L. (2008, November). *Attitudes toward death, marital quality, and adjustment to widowhood*. Poster presented at the 61st Annual Scientific Meeting of the Gerontological Society of America, National Harbor, MD.
- Harwood, K. L., & Zettel-Watson, L. (2008, April). *College students' attitudes about politically charged topics: The role of gender*. Poster presented at the 88th Annual Scientific Meeting of the Western Psychological Association, Irvine, CA.
- Robison, M. M., & Zettel-Watson, L. (2008, April). *The effects of positive and negative social*

- support on emotional and physical health in college students.* Poster presented at the 88th Annual Scientific Meeting of the Western Psychological Association, Irvine, CA.
- Sutherland, M., Zettel-Watson, L., & Blandon-Gitlin, I. (2008, April). *Incrementally consuming attention: A calibrated anagram set.* Poster presented at the 88th Annual Scientific Meeting of the Western Psychological Association, Irvine, CA.
- Zettel-Watson, L. A., & Jacoby, D. L., (2008, April). *Impact of marital history on social integration and grief recovery among recent widow(er)s.* Poster presented at the 88th Annual Scientific Meeting of the Western Psychological Association, Irvine, CA.
- Romo, D., & Zettel-Watson, L. (2007, November). *Perception of death: Pre-loss attitudes and adjustment to widowhood.* Poster presented at the 60th Annual Scientific Meeting of the Gerontological Society of America, San Francisco, CA.
- Britton, M., & Zettel-Watson, L. (2007, May). *The effects of obesity on social participation in an older adult population.* Poster presented at the 87th Annual Scientific Meeting of the Western Psychological Association, Vancouver, BC.
- Harwood, K., & Zettel-Watson, L. (2007, May). *College students' attitudes toward physician-assisted suicide: The role of age, gender, education and religion.* Poster presented at the 87th Annual Scientific Meeting of the Western Psychological Association, Vancouver, BC.
- Morillas, A., Zettel-Watson, L. (2007, May). *The impact of living situation and instrumental dependence on the psychological well-being of widowed older adults.* Poster presented at the 87th Annual Scientific Meeting of the Western Psychological Association, Vancouver, BC.
- Zettel-Watson, L.A. (2006, November). Symposium discussant. In A. Bishop & P. Martin (Chairs), *Vulnerabilities and strengths of unmarried survivors in late and very late life.* Symposium conducted at the 59th Annual Scientific Meeting of the Gerontological Society of America, Dallas, TX.
- Zettel-Watson, L. A., & Jacoby, D. L., (2006, November). *Impact of marital history on later life marriages.* Poster presented at the 59th Annual Scientific Meeting of the Gerontological Society of America, Dallas, TX.
- August, K., Zettel, L., Rook, K., & Newsom, J. (2005, November). *The impact of gender and life stress on older adults' reactivity to negative social exchanges.* Poster presented at the 58th Annual Scientific Meeting of the Gerontological Society of America, Orlando, FL.
- Zettel, L. A., & Rook, K. S. (2004, November). Social support of the never-married in later life. In D. Chiraboga & L. A. Zettel (Chairs), *The never-marrieds in later life: Potentials, problems, and paradoxes.* Symposium conducted at the 57th Annual Scientific Meeting of the Gerontological Society of America, Washington, DC.

Zettel, L. A., & Rook, K. S. (2003, November). *Quality of social support: Are the never-married at a disadvantage?* Poster presented at the 56th Annual Scientific Meeting of the Gerontological Society of America, San Diego, CA.

Zettel, L. A., & Rook, K. S. (2002, November). Old vs. new friends: Implications for older adults' emotional health. In J. Reinhardt (Chair), *Longitudinal perspectives on social support*. Symposium conducted at the 55th Annual Scientific Meeting of the Gerontological Society of America, Boston, MA.

Zettel, L. A., Horn, M. C., Mavandadi, S., & Charles, S. (2002, April). *Depressive symptomatology among Mexican-Americans: Investigating age and ethnic differences*. Poster presented at the 82nd Annual Scientific Meeting of the Western Psychological Association, Irvine, CA.

Zettel, L. A., & Rook, K. S. (2001, November). *Substitution and compensation in the social networks of widowed women*. Poster presented at the 54th Annual Scientific Meeting of the Gerontological Society of America, Chicago, IL.

Ditto, P. H., Hawkins, N. A., Jacobson, J. A., & Zettel, L. A. (2001, November). Imagining the end of life: The psychology of advance medical decision making. In J. Heckhausen (Chair), *Adaptation to stressful events and transitions across the life span*. Symposium conducted at the 54th Annual Scientific Meeting of the Gerontological Society of America, Chicago, IL.

Zettel, L. A., Ditto, P. H., Danks, J. H., & Smucker, W. D. (2000, November). *Gender differences in surrogate end-of-life decision-making*. Poster presented at the 53rd Annual Scientific Meeting of the Gerontological Society of America, Washington, D.C.

ACADEMIC APPOINTMENTS

- 2016- Professor, Department of Psychology, *California State University, Fullerton*
- 2015- Coordinator, Gerontology Academic Program, *California State University, Fullerton*
- 2015 Interim Director, Institute of Gerontology, *California State University, Fullerton*
- 2012-2016 Associate Professor, Department of Psychology, *California State University, Fullerton*
- Biopsychosocial Perspectives on Aging (graduate seminar), Psychology of Aging, Psychological Aspects of Aging (graduate seminar), Advanced Psychology of Aging, Research Methods

- 2011-2015 Associate Coordinator, Gerontology Academic Program, *California State University, Fullerton*
- 2005-2012 Assistant Professor, Department of Psychology, *California State University, Fullerton*
- Developmental Psychology, Psychology of Aging, Psychological Aspects of Aging (graduate seminar), Advanced Psychology of Aging, Research Methods
- 2004-2005 Lecturer, Department of Psychology and Social Behavior, *University of California, Irvine*
- Gerontology, Health Psychology, Adult Development, Introduction to Human Behavior (i.e., Introductory Psychology)
- 2004 Adjunct Faculty, Department of Psychology, *Soka University of America*, Aliso Viejo, California
- Research Methods and Statistics
- 2002-2004 Teaching Assistant Consultant, *University of California, Irvine*
- Developed a discipline-specific professional development program, following pedagogical training, to train new teaching assistants in their disciplines.
- 1998-2004 Graduate Teaching Assistant, Department of Psychology and Social Behavior, *University of California, Irvine*
- Data Analysis/Statistics (graduate course), Research Methods/Research Design, Introduction to Human Behavior, Health Psychology, Gerontology, Abnormal Psychology, Beliefs, Attitudes, & Health Behaviors, Self & Identity, Natural Field Research (Junior/Senior Writing Requirement)

PARTICIPATING FACULTY MEMBER

Gerontology Program Council, *CSUF*, 2005 – Present

Institute of Gerontology, *CSUF*, 2005 – 2015

Fibromyalgia Research and Education Center, *CSUF*, 2008 – Present

Health Promotion Research Institute, *CSUF*, 2009 – Present

Cultivating Autonomy through Technology Laboratory (CATLab), *CSUF*, 2010 – Present

INVITED LECTURES

“Maintaining and Enhancing Social Connections” – lecture for CSUF Osher Lifelong Learning Institute Retirement Boot Camp, October 2015

“Everyday Technology: Helping or Hindering Social Relationships and Support” – lecture for Center for Successful Aging 2nd Annual Conference, CSUF, August 2015

“Maintaining Healthy Social Relationships Despite Life Challenges” – workshop for Fibromyalgia Longitudinal Study Feedback Conference, sponsored by CSUF Fibromyalgia & Chronic Pain Center, February 2015

“Social Relationships and Health in Later Life: Challenges Created by a Chronic Pain Condition” – lecture for Psychology Brown Bag, University of California, Riverside, January 2015

“Psychology of Retirement: Maintaining and Enhancing Social Connections” – lecture for Osher Lifelong Learning Institute participants at CSUF, September 2013

“Spousal Relationship in Later Life” – guest lecture in Prof. Ying-Chiao Tsao’s COMM 345 course (Communication and Aging), March 2013

“Maintaining and Enhancing Social Connections” – lecture for Osher Lifelong Learning Institute participants at CSUF, January 2013

“Aging Well and Wisely: Social Relationships” – lecture for Osher Lifelong Learning Institute participants at University of California, Irvine, October 2012

“Spousal Relationship in Later Life” – guest lecture in Prof. Ying-Chiao Tsao’s COMM 345 course (Communication and Aging), March 2012

“Expanding Social Connections” – lecture given at Retirement Boot Camp, sponsored by CSUF Osher Lifelong Learning Institute, September 2011

“How can I support my partner/spouse/relative/friend with Fibromyalgia?” – workshop for Healthy Aging with and without Fibromyalgia Conference, sponsored by CSUF Fibromyalgia Research and Education Center, February 2011

“Social Relationships and Fibromyalgia” – lecture for North Orange County Fibromyalgia Support Group at Kaiser Permanente Hospital, Anaheim, CA, July 2010

“Social Wellness: Are You Signed Up for the “Friends and Family” Plan?” – lecture at Spring Potluck, CSUF Center for Successful Aging, May 2010

“Single and Strong: Adjusting to Singlehood in the Second Half of Life” – lecture for Osher Lifelong Learning Institute participants at CSUF Gerontology Center, February 2009

“Sex After 50” – two part lecture for Osher Lifelong Learning Institute participants at CSUF Gerontology Center, March 2008

“Social Support in Later Life: Challenges, Resources, and Adaptation” – Psi Chi Honor Society Colloquium, CSUF, March 2006

“Alzheimer’s Disease” – lecture given to AP psychology students during “Women in Science Week”, Scarsdale, NY, October 2005

“Mental Health and Aging” – lecture given in Gerontology at UCI: Spring ’01, Winter ’02, Winter ’03

“Social Support and Health” – lecture given in Beliefs, Attitudes, & Health Behaviors at UCI, Spring ’01

SERVICE

Member, Saddleback Community College Gerontology Advisory Board, 2016 – Present

Member, Coastline Community College Gerontology Advisory Board, 2016 – Present

Institutional Representative (Alt.), Orange County Aging Services Collaborative, 2015 – Present

Chair, Developmental Search Committee, Department of Psychology, *CSUF*, 2015

Personnel Committee, Department of Psychology, *CSUF*, 2013 – Present; Chair, 2016 – Present

Steering Committee, Institute of Gerontology, *CSUF*, 2012 – 2015

Associate Coordinator, Gerontology Program, *CSUF*, 2011 – 2015

Curriculum Committee, Gerontology Program, *CSUF*, 2010 – Present
Goals and Directions Committee, Department of Psychology, *CSUF*, 2009 – 2015; 2016 – Present
Psychology Department Search Committee, *CSUF*, Fall 2007
Grandparent Resource Center Planning Committee, *CSUF*, 2006 – 2010
Gerontology On-line Degree Planning Committee, *CSUF*, 2006 – 2010
Scholarship Committee, Gerontology Program, *CSUF*, 2006 – 2012
Member, Board of Directors, Irvine Adult Day Health Services, Irvine, CA, 2006 – 2010
Space and Equipment Committee, Department of Psychology, *CSUF*, 2005 – 2013
Curriculum Committee, Department of Psychology, *CSUF*, 2005 – 2012; 2014 – Present
Chair, Renovation Committee, Department of Psychology, *CSUF*, 2005 – 2009
Member, Gerontology Program Council, *CSUF*, 2005 – Present

AD HOC REVIEWER

The Gerontologist
Journal of Gerontology: Social Sciences
Journal of Research in Personality
Health Psychology
Journal of Family Issues
Disability and Rehabilitation
Health Informatics Journal
Western Psychological Association
IAGG World Congress of Gerontology and Geriatrics

PROFESSIONAL MEMBERSHIPS

Gerontological Society of America
Sigma Phi Omega (Gerontology Honor Society)
Western Psychological Association

OTHER PROFESSIONAL ACTIVITIES

2016 Participated in 4-day Department Chair's Leadership Institute through CSUF Faculty Development Center.

Participated in Leadership Development for Current and Prospective Department Chairs and Program Coordinators through CSUF Faculty Development Center.

2012-2016 Co-organized Gerontology Program Orientation and Information sessions for incoming and continuing MSG students.

2011 Co-organized CSUF Assistive Technology Summit, a summit co-sponsored by CSUF Gerontology Alumni Association, Institute of Gerontology, and Colleges of Engineering and Computer Science and Humanities and Social Sciences to introduce community industry professionals and service providers to AT events at CSUF.

Conducted a series of educational support groups for friends and family of

Fibromyalgia sufferers for Fibromyalgia Awareness Day, co-sponsored by the North Orange County Fibromyalgia Support Group and the CSUF Fibromyalgia Research and Education Center

Lead investigator on Beverly Miller University Assistive Technology User Research Project, a challenge grant funded by Dr. Arnold Miller

- 2009 Co-organized CSUF's inaugural Grandparents Conference, a one-day conference funded by a CSUF Mission and Goals Initiative grant aimed at improving intergenerational relationships for grandparents
 - 2008 Participated in Safe Space Workshops, conducted by the CSUF Multicultural Center, and registered as a campus LGBT Ally
 - 2007 Participated in Webpage Development Workshop, conducted by CSUF Humanities & Social Sciences Tech Team
 - 2006 Participated in Web-Research Workshop (collecting survey data via the internet), conducted by Prof. Michael Birnbaum, CSUF Psychology Department
 - 2004 Participated in a series of Career Development Workshops sponsored by the UCI Career Center
 - 2003 Created and Produced Instructional Video on Scantron exam grading, UCI
 - 2002 Participated in the Changing Lives of Older Couples (CLOC) Summer Workshop and Data Release, part of the University of Michigan's 55th Annual Summer Institute in Survey Research Techniques
- Participated in "Stop the Silence" Workshop (to promote student participation in the classroom) conducted by the UCI Instructional Resources Center
- 2001 Participated in Research Workshop on Aging with Disabilities, sponsored by the Rehabilitation Research and Training Centers on Aging with a Disability and Aging with Spinal Cord Injury and UCI Geriatrics Program.
 - 2000 Internship at Regents Point, a continuing-care retirement community in Irvine, California.
 - Assisted Social Services Director and Activity Director with art, music, or physical recreation activities for cognitively, visually, or physically impaired older adults; provided social support and companionship to residents dealing with stress, change, illness, and loneliness.