

CURRICULUM VITAE

Portia A. Jackson Preston, DrPH, MPH

Department of Public Health
California State University, Fullerton
800 N. State College Blvd, KHS 121
pjacksonpreston@fullerton.edu
Fullerton, CA 92834

Office: (657) 278-3356
Fax: (657) 278-5317
Email:

EDUCATION

- 2012 DrPH, Health Services
School of Public Health
University of California, Los Angeles
- 2004 MPH, Health Behavior & Health Education
School of Public Health
University of Michigan, Ann Arbor
- 2002 BA, Cultural and Social Anthropology, with Honors
Minor: Spanish
Stanford University

CURRENT POSITION

2019 – Assistant Professor
Present California State University, Fullerton
Department of Public Health
Fullerton, CA

Courses Taught

Stress Management* (PUBH/KNES 342)
Promoting Health in Diverse Populations* (PUBH 411)
*Offered in Hybrid format

I. TEACHING

PREVIOUS PROFESSIONAL ACADEMIC APPOINTMENTS

2016 – Assistant Professor
2019 California State University, Los Angeles
Department of Public Health
Los Angeles, CA

Courses Taught

Health Care Delivery Systems*‡ (PH 3140)

Health Policy* (PH 4150)

Health Administration Services (PH 5150)

Special Topics: Interdisciplinary Study Abroad in Columbia (SW 4540)

*Offered in Traditional and Hybrid formats

‡Quality Matters (QM) Certified

2015 – Lecturer (Community Health Care Programs, Program Planning)

2016 California State University, Los Angeles

Department of Public Health

Los Angeles, CA

2015 – Lecturer (Health Disparities)

2016 University of California, Los Angeles

Department of Psychology

Los Angeles, CA

COURSE DEVELOPMENT

2019 Center for Effective Teaching and Learning Inclusive Pedagogy Series. Faculty Self-Care [Online] California State University, Los Angeles

2016 Critical Issues in Urban Health (Graduate Course)

Department of Public Health, California State University, Los Angeles, 2016

2016 Health Administration Services (Graduate Course)

Department of Public Health, California State University, Los Angeles, 2016

GRADUATE STUDENT ADVISING

Independent Study Students

Hannah Peterson, MPH Graduate Student, Independent Study 599, Spring 2020

Student Awards

Community Engagement Grant, Allison Doolittle and Megha Tandel (Undergraduate PH Students), Cal State LA Center for Engagement, Service, & the Public Good, \$750, (Faculty Mentor)

Paid Student Research Positions

Delia Sanchez, paid research position with funding provided Chancellor's Office Basic Needs Initiative grant, Winter-Spring 2020 (Supervisor)

PROFESSIONAL DEVELOPMENT AS A TEACHER

2018 Teaching Project, Center for Effective Teaching and Learning
Center for Effective Teaching and Learning, California State University, Los Angeles

2018 Technology Enhanced Certificate Holder (TECH)
Center for Effective Teaching and Learning, California State University, Los Angeles

2017 – Hybrid Course Development Program, Center for Effective Teaching and Learning
2018 Center for Effective Teaching and Learning, California State University, Los Angeles

2016 – Association of College and University Educators (ACUE) Course Redesign for Student Success

2017 Center for Effective Teaching and Learning, California State University, Los Angeles

OTHER CONFERENCE ATTENDANCE

American Public Health Association Annual Meeting (2019, November 2-6), Philadelphia, PA (Attendant)

Society for the Analysis of African-American Public Health Issues Annual Conference (2019, November 1, Philadelphia PA (Attendant)

II. SCHOLARLY & CREATIVE ACTIVITY

GRANTS AND CONTRACTS

INTRAMURAL

2018 Center for Engagement, Service, & the Public Good, Community Engagement Grant
California State University, Los Angeles (PI: Jackson Preston) \$1,500

2018 Cal State LA Center for Engagement, Service, & the Public Good, Materials and Equipment Grant,
California State University, Los Angeles (PI: Jackson Preston) \$500

EXTRAMURAL

2019 Faculty Led Well-Being and Basic Needs, California State University Chancellor's Office (**PI: Jackson Preston**) \$30,000 (Awarded), August 6, 2019-June 30, 2020

OTHER RESEARCH EXPERIENCE

2011 – *Dissertation Research*

2012 Assessment of a Public-Private Partnership Addressing Childhood Obesity in Southern California

Department of Health Services, Fielding School of Public Health
University of California, Los Angeles

2007 – *Research Assistant*

2010 Johnson & Johnson Health Care Institute, Anderson School of Management
University of California, Los Angeles

2006 – *Research Assistant*

2007 Department of Preventive Medicine, Keck School of Medicine
University of Southern California

2003 *Minority Health and Health Disparities International Research Trainee*

Instituto de Nutrición y Tecnología de los Alimentos (Institution of Nutrition and Food Technology)
Universidad de Chile

2002 – *Research Assistant*

2003 Allies Against Asthma
School of Public Health
University of Michigan, Ann Arbor

2002 *Research Assistant*

Promoting Healthy Lifestyles Among Women
School of Public Health
University of Michigan, Ann Arbor

2001 – Undergraduate Honors Thesis

2002 *Sarcoidosis and Life: An Ethnography of Illness from the Patient's Perspective*
Department of Cultural & Social Anthropology
Stanford University

RELEVANT HONORS

2018 Quality Matters Certification for PH 3140 Hybrid Course, California State University, Los Angeles

2017 Honorary Member, Golden Key Honor Society, California State University, Los Angeles

2013 Meritorious Woman of Honor, NAACP Youth Council

PUBLICATIONS (JOURNAL ARTICLES, PEER-REVIEWED)

ONGOING

Adkins-Jackson P, **Jackson Preston P**, Hairston T. “‘The Only Way Out’: A Conceptual Framework for Self-Care for Black Women”. Under Review.

Cuffee Y, **Jackson Preston P**. “Examining the Impact of Self-Reported Discrimination on Physical and Mental Health Outcomes among African-American Women”. Manuscript in preparation.

COMPLETED

Jackson Preston P (2018). Addressing employee burnout through mitigation of workplace stressors. *Business Forum* 27(1): 17-23.

Herman A, **Jackson P** (2010). “Empowering low-income parents with skills to reduce excess pediatric emergency room and clinic visits through a tailored low literacy training intervention.” *Journal of Health Communication*; 15(8):895-910.

Yancey AK, Winfield D, Larsen J, Anderson M, **Jackson P**, Overton J, Wilson S, Rossum A, Kumanyika S (2009). “Live, Learn and Play”: Building strategic alliances between professional sports and public health. *Preventive Medicine*; 49(4):322-5.

Jackson P, Romo M, Castillo M, Castillo-Durán C. Las golosinas en la alimentación infantil (Junk Food Consumption and Child Nutrition in Chile) (2004). Análisis antropológico nutricional (Nutritional Anthropology Analysis). *Rev. Méd de Chile*; 132: 1235-1242. <http://www.scielo.cl/pdf/rmc/v132n10/art12.pdf>

BOOKS

Jackson, P (2015). *The Empowered Consumer’s Guide to Choosing a Health Plan*. Los Angeles, CA: Amazon Digital Services LLC.

BOOK CHAPTERS

ONGOING

Jackson Preston P, Bronner L, Bronner Y. “Stress and Black Women’s Health: Origins, Coping Strategies and Implications for Policy and Practice.” In Evans, S, *Black Women’s Wellness*, SUNY Press: Albany. In Press.

COMPLETED

Yancey AK, **Jackson P**, Winfield D, Bullock SL, Lafleur M, Samuels S, Mowen A. “Professional Sports Venues as Opportunities for Physical Activity Breaks: The San Diego

Padres' FriarFit Instant Recess". In Pate RR, Buchner D, Implementing Physical Activity Strategies. Human Kinetics, 2014.

Jackson P, Hopkins J, Yancey AK. "Individual and Environmental Interventions to Prevent Obesity in African American Children & Adolescents". In O'Dea JA, Erickson M, Childhood Obesity Prevention: International Research, Controversies, and Interventions. Oxford University Press: Oxford, 2010.

PEER REVIEWED ORAL PRESENTATIONS

* Denotes Undergraduate Students

ONGOING

Jackson Preston, P (Accepted). Self-care for staff: Institutionalizing efforts to advance student success. California Higher Education Basic Needs Alliance (CHEBNA) 2020 Summit: Advancing Student Success. Costa Mesa, CA. February 7, 2020.

Jackson Preston, P (Accepted). The self-care syllabus: Stress-alleviating strategies for faculty working to promote student success. CSU Symposium on Teaching and Learning. March 13, 2019. California State University, Fullerton. Fullerton, CA. March 14, 2020.

COMPLETED

Jackson Preston P, Cuffee Y (2019). "Establishing a Culture of Self-Care for Health Educators." Society of Public Health Educators. Salt Lake City, UT. March 28, 2019.

Jackson Preston, P; Penate, V*; Doolittle, A*; Tandel, M*. (2018). Use of Videoconferencing Technology to Facilitate Interaction with Health Care Professionals. Oral Presentation. CSU Symposium on University Teaching/Polytech. California State University, Pomona. Pomona, CA. April 14, 2018.

Jackson Preston, P (2017). Active learning approaches to teaching health policy to first-generation college students. Oral presentation. Society of Public Health Educators Health Advocacy Summit. Washington DC. October 22, 2017

PEER-REVIEWED POSTERS AND ABSTRACTS

Cuffee, Y, **Jackson Preston, P** (2019). "Examining Self-Reported Discrimination, Beliefs about Healthcare, and Emotional Well-being among African-American Women". Society of Behavioral Medicine. Washington, DC. March 6, 2019.

Jackson Preston, P; Doolittle, A*; Penate, V*; Tandel, M*; Gonzalez, B; Rax, D; Delgado, A; Reed, K. "A classroom-community partnership applying course concepts to address local community needs". Annual Meeting of the American Public Health Association. San Diego, CA. November 11, 2018.

Jackson P. “Assessment of a Public Private Partnership to Address Childhood Obesity in Southern California”. Physical Activity Special Interest Group. American Public Health Association, 139th Annual Meeting. Washington, DC. October 31, 2011.

Jackson P, Hopkins J. “Developing opportunities for effective mentorship in academia and other public health settings”. Health Administration Special Interest Group. American Public Health Association, 139th Annual Meeting. Washington, DC. October 31, 2011.

Herman A, **Jackson P,** Teutsch C. “Empowering low-income parents to reduce excess pediatric emergency room and clinic visits through health literacy.” Received 1st Annual Sabra Woolley Memorial Award for highest rated abstract. Boston University Medical Campus Health Literacy Annual Research Conference. National Academy of Science. Washington, DC. October 19, 2009.

Herman A, **Jackson P,** Teutsch C. “A coordinated multilevel organizational intervention to improve nutrition and physical activity habits among Head Start parents, staff, and children.” Boston University Medical Campus Health Literacy Annual Research Conference. National Academy of Science. Washington, DC. October 19, 2009.

WHITE PAPERS

Jackson P. A Primer on the Los Angeles County Department of Public Health for Cal State LA Faculty (2019). Department of Public Health, California State University, Los Angeles. Los Angeles, CA.

Robbins C, **Jackson P,** Dimperio D, Hackney M, Harker B, Johnson-Cornett B, Thompson D (2006). "Women's Health Data Report." Florida Department of Health, Tallahassee, Florida.

III. SERVICE

DEPARTMENT SERVICE

Department Leadership/Organizer (CSUF)

Course Coordinator (Interim), PUBH 411, Spring 2020

Department Leadership/Organizer (Cal State LA)

Organizer, Keep Your Coverage Summit, 2018

Organizer, Grad School 101, 2017

Faculty Liaison, Cal State LA delegation to CSU Health Policy Conference, 2017-2019

Department Committee Work (CSUF)

Member, Undergraduate Committee (Standing), 2019-current

Department Committee Work (Cal State LA)

Member, MPH Program Committee, 2017-2019

Member, Curriculum Committee, 2017-2019

Member, Student Awards Committee, 2017-2019

Other Department Service (Cal State LA)

Teaching Observations, Department of Public Health Lecturers, 2017-2019

COLLEGE SERVICE

College Service (Cal State LA)

Teaching Observations, Intro to Higher Ed in Health and Human Services, 2018

Guest Lecturer, "Introduction to the Public Health Major," Intro to Higher Ed in Health and Human Services, 2018

University Banner Carrier, HHS Commencement Exercises, 2018

Faculty Marshal, HHS Commencement Exercises, 2017

UNIVERSITY SERVICE

University Service (CSUF)

Guest Lecturer, Self-Care for Student Researchers, Dr. Lucia Alcala Psychology Lab, 2019

Panelist, Black Mental Health Matters, African American Resource Center, 2019

Panelist, Experiences of Women of Color in Graduate School, Women's and Adult Reentry Center and Career Center, 2019

Panelist, Becoming the Boss: Black Women in the Professional World, Sistertalk, 2019

University Service (Cal State LA)

Faculty Fellow, Associate Vice-Provost for Diversity and Engaged Learning and Center for Effective Teaching and Learning, Inclusive Pedagogy Series, 2017-2019

Faculty Fellow, Center for Engagement, Service & the Public Good, Cal State LA, 2017-2018

Faculty Advisor, Global Brigades, 2017-2018

Volunteer Faculty, Study Abroad Trip to Colombia, 2017

PROFESSIONAL SERVICE

Member, American Public Health Association, 2018-Present

Member, Society of Public Health Educators, 2018-2019

Advisory Board, Dr. Antronette (Toni) K. Yancey and Darlene Edgley Fellowship for Health Promotion, Physical Fitness and Community Health Education, 2016-Present

Advisory Board, Instant Recess, 2013-2015

Member and Speaker's Academy Graduate, National Speaker's Association, Greater Los Angeles Chapter, 2015

Member, Academy Health, UCLA Chapter, 2010-2012

Member, Association of Black Women in Higher Education, 2009-2012

PROFESSIONAL: PEER REVIEW OF GRANTS

Mock Reviewer: R01, K01, R21, Diversity Administrative Supplement Grants, 2018, SUNY Downstate Program to Increase Diversity in Individuals Engaged in Cardiovascular-Related Research, 2018

Facilitated review process for Methodology Panels, Patient Centered Outcomes Research Institute, 2011-2012

Reviewer, Office of Women's Health, Office of Public Health and Science, 2010

Reviewer, Office of Women's Health, Office of Public Health and Science, 2009

Reviewer, Centers for Disease Control and Prevention, Coordinating Center for Health Promotion, 2005

Reviewer, Centers for Disease Control and Prevention, Coordinating Office of Global Health, 2005

PROFESSIONAL: PEER REVIEW OF MANUSCRIPTS

Californian Journal of Health Promotion

Business Forum

OTHER PROFESSIONAL ACTIVITIES

Faculty Advisor, Minority Training Program in Cancer Control Prevention, 2017

COMMUNITY SERVICE

President, Advisory Board, Dr. Antronette (Toni) K. Yancey and Darlene Edgley Fellowship for Health Promotion, Physical Fitness and Community Health Education, 2017-Present

Posse Foundation, Corporate Partner, 2012-2014

Riordan Saturday Business Academy, Coach, 2011-2012

COMMUNITY WORKSHOPS AND TRAININGS CONDUCTED- FACE TO FACE

Jackson Preston, P (2019). Maintaining Your Self-Care Practice. Cal State LA Educational Community Health Outreach. November 8, 2019.

Jackson Preston, P (2019). Self-Care for Community Health Workers. Cal State LA Educational Community Health Outreach. August 14, 2019.

Jackson Preston, P (2019). Keeping the Spark Alive: Developing a Self-Care Action Plan. KIPP SoCal, SPARK 2019. August 1, 2019.

Jackson Preston, P (2019). "Mindfulness: The Key to a Healthy Lifestyle". National Center on Early Childhood and Wellness. Early Head Start Association Train the Trainer for Staff and Parents. May 14, 2019.

Jackson Preston, P (2019). Self-Care for Educators. Black Youth Guidance Forum. California State University, Northridge. Northridge, CA. March 30, 2019.

Jackson Preston, P (2019). Careers in Health Services, Management, and Administration. CSU Public Health Career Conference. California State University, Los Angeles. Los Angeles, CA. February 8, 2019.

Jackson Preston, P (2019). Preparing for a Public Health Career: Personal development, networking, professionalism, and establishing a reputation. CSU Public Health Career Conference. California State University, Los Angeles. Los Angeles, CA. February 8, 2019.

Jackson Preston, P (2019). Careers in Policy and Advocacy. Public Health Career Advisement Project. California State University, Los Angeles. Los Angeles, CA. November 27, 2018.

Jackson Preston, P (2018). Establishing a Self-Care Practice. Presentation to Chief Administrators. Long Beach Veteran's Administration. Long Beach, CA. August 14, 2018.

Jackson Preston, P (2018). Faculty Fellows Project Overview. Cal State LA New Faculty Orientation. Video Presentation. August 14, 2018.

Jackson Preston, P (2018). Center for Effective Teaching and Learning Inclusive Pedagogy Series. Establishing a Self-Care Practice. California State University, Los Angeles. Los Angeles, CA. April 19 and May 9, 2018.

Jackson Preston, P (2018). Use of Zoom for Collaboration: Students, Researchers, and Community Partners. California State University ID CIG Panel on Using Zoom in the Classroom. Online Panel. March 27, 2018.

Jackson Preston, P (2017). Active learning approaches to teaching public health to first-generation college students. Society of Public Health Educators. Online Webinar. December 4, 2017.

Jackson Preston P (2017). Job Stress and Health. Presentation to Administrative Officers' Academy. Long Beach Veteran's Administration. Long Beach, CA. November 8, 2017.

Jackson Preston, P (2017). Scaffolding Assignments Cal State LA CETL Faculty Reception and Showcase for CSU Chancellor's Office. California State University, Los Angeles. Los Angeles, CA. October 19, 2017.

Jackson Preston, P (2017). Beyond the Mask: Health Disparities in Communities of Color (Keynote). Black Youth Guidance Forum. California State University, Northridge. Northridge, CA. February 4, 2017.

Jackson Preston, P (2017). Success Without Burnout for Minority Professionals: Pathways to Self-Care and Resilience (Workshop). Black Youth Guidance Forum. California State University, Northridge. Northridge, CA. February 4, 2017.

Jackson, P (2015). Lead with Authenticity in your Personal and Professional Life. G3-Gather, Grow, and Go! -Women's Conference. Sonoma, CA. March 12, 2015.

Jackson, P (2014). Balance in the Real World. San Diego State University School of Public Health. September 19, 2014.

Jackson, P (2013). Balance in the Real World (Keynote). National Black Women's Life Balance and Wellness Conference, Atlanta, GA, September 2013.

Jackson, P (2013). Alumni Keynote. Young Black Scholars Celebration of Achievement, Los Angeles, CA. June 2013

Jackson, P (2008-2017). Annual Speaker. Minority Training Program in Cancer Control Research. University of California, Los Angeles. June 2008-June 2017.

ADDITIONAL PROFESSIONAL EXPERIENCE

2015 – Strategy & Implementation Consultant

2016 Susan G. Komen, Circle of Promise
Orange County, CA

2012 – Strategy & Operations Consultant, Life Sciences & Health Care Practice

2014 Deloitte Consulting, LLP
Los Angeles, CA

2004 – Emerging Leaders Program

2006 Centers for Disease Control & Prevention
Atlanta, GA

TRAININGS

2018 Mindfulness Based Stress Reduction, Long Beach Meditation

2018 Mindful Self Compassion, Mindfulness Northwest, Seattle, WA

2016 – Program to Increase Diversity Among Individuals Engaged in Cardiovascular

2018 Health-Related Research (PRIDE) Summer Institute, SUNY Downstate

2017 Faculty Success Program, National Council for Faculty Development and Diversity

SKILLS

Conversant in Spanish