

Michele Marie Clara Mouttapa, PhD.

Professor of Health Science, Interim Director, Health Professions Advising Office
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Education

Postdoctoral Training	University of Southern California, Los Angeles, Integrated Substance Abuse Programs (July 2006)
Postdoctoral Training	Johns Hopkins University, Urban Health Institute (July 2005)
Ph.D., Preventive Medicine, Health Behavior Research	University of Southern California (July 2004)
M.A., Psychology	California State University, Fullerton (May 1999)
B.S., Psychology	University of California, Davis (June 1995)

Faculty Appointments

Professor of Health Science, California State University, Fullerton (August 2017-present)
Director, Health Professions Advising Office, California State University, Fullerton
(December 2017- present)

Interim Director, Health Professions Advising Office, California State University,
Fullerton (August 2015- December 2017)

Associate Professor of Health Science, California State University, Fullerton
(August 2012-August 2017)

Assistant Professor of Health Science, California State University, Fullerton
(August 2006-August 2012)

Student Success Experience

**Interim Director, Health Professions Advising Office,
California State University, Fullerton (August 2015-present)**

Position Responsibilities

- Develop and execute a student success-focused strategic plan for the HPAO that aligns with the campus strategic plan.
- Lead assessment activities to inform the effectiveness and areas of improvement for strategies implemented as part of the HPAO strategic plan.

- Collect and synthesize information from centralized application services that informs students about criteria for acceptance into health profession schools and matriculation rates of CSUF graduates.
- Provide one-on-one advising and application support to prospective students, current students, and alumni seeking entrance into health profession schools (over 2,500 appointments since August 2015).
- Collaborate with on-campus partners including the Career Center, the Colleges of Health and Human Development and Natural Sciences and Mathematics, and the Allied Health Academy to broaden the reach and capacity of the HPAO to serve students.
- Collaborate with health profession schools to create and renew early acceptance agreements for CSUF students.
- Collaborate with admissions directors at professional schools and the CSUF Health Professions Committee to facilitate CSUF students' admissions processes.
- Collaborate with community partners to provide further opportunities for CSUF pre-health profession students.
- Connect student organizations with off-campus partners to facilitate guest speaking arrangements.
- Utilize handouts, the HPAO website, social media, and Career Center events to inform students about various topics such as course selection, the application process, and professional behavior in a clinical setting.
- Oversight of the HPAO budget.
- Supervise one ASC-1 and 3 student assistants.
- Oversee the evaluation of the committee letter of recommendation application process and writing all committee letters of recommendation.
- Oversee and update the Pre-Health Professions minor.
- Engage in professional development by participating in regional and national conferences, webinars, and visits to other campuses.
- Key member of the Health Professions Committee, with the goal of obtaining feedback to inform HPAO activities.

Personal Accomplishments

- 92% of 2016-2017 advisees said they would recommend the HPAO to their classmates.
- Expanded the scope of advising to include allied health professions, including physical therapy, occupational therapy, counseling, social work, speech therapy, and public health.
- Expanded advising to Open University students and prospective CSUF students.
- Collaborated with Marshall B Ketchum University to create a new linkage agreement with the School of Physician Assistant Studies and re-conceptualize the existing linkage agreement with the College of Pharmacy.
- Coordinates annual Lake Erie College of Osteopathic Medicine (LECOM) linkage interviews at CSUF. Many of the applicants are prospective CSUF students.

- Developed the HPAO Board of Students to foster collaboration among the 9 pre-health student organizations on campus. Student input has led to the establishment of an annual workshop training event and drafting a code of conduct for students.
- Secured \$5,000 annually from private donor.
- Reduced personnel costs by not filling one vacant ASC position.
- Submitted a presentation proposal for the National Association of Advisors for the Health Professions 2018 Conference. Served as a proposal reviewer for 2016-2017 regional conference.
- Serving on the UC Irvine School of Medicine Admissions Committee (began in August 2017).
- Supervising one McNair's Scholar and one University Honors Scholar on culminating research projects.
- Collaborating with the Department of Health Science to develop a new 3-unit course proposal that prepares students for health and allied health professions.

Faculty Coach for the Department of Health Science

College of Health and Human Development (HHD) Peer Mentoring Program California State University, Fullerton (December 2014-May 2015)

- Collaborated with other HHD faculty coaches to develop course material for new peer mentor course.
- Instructed peer mentors to create informational videos about peer advising.
- Taught the peer mentoring course to the inaugural class of Health Science peer mentors.
- Communicated with mentors and mentees to match them appropriately.
- Coordinated advertisement efforts to recruit Health Science mentors and mentees.
- Coordinated visits from on campus guest speakers to educate peer mentors about support resources and career options for students.
- Troubleshoot with peer mentors regarding their interactions with mentees.

Advisor and Coordinator, Master in Public Health Program

California State University, Fullerton (September 2011-December 2013)

- Advised all MPH students on elective course options and career goals.
- Taught the required statistics and research methods courses to MPH students.
- Key membership or chair of the MPH Faculty Committee, MPH admissions committee, MPH Program Assessment Committee, and MPH Comprehensive Exam Committee during all semesters.
- Coordinated the preparation and finalization of the Council of Education for Public Health (CEPH) accreditation report
- Coordinated the CEPH site accreditation visit and was the primary point of contact for CEPH correspondence. Result: Maximum-allowed 7-year renewal.
- Shared CEPH accreditation site visit feedback with stakeholders to identify strategies to address areas of improvement.
- Chaired or committee member for over 70 MPH student theses and

culminating projects. Continues to serve as MPH culminating project chair.

Faculty and Academic Honors and Awards

Faculty Recognition	CSUF, Category: Service to Students (April 2015)
Faculty Recognition	CSUF, Category: Service to Students (April 2012)
Faculty Recognition	Outstanding Faculty Scholar, Department of Health and Human Services (April 2011)
Faculty Recognition	CSUF, Category: Highest Quality, Peer Reviewed Journal Articles (April 2010)
Faculty Recognition	CSUF, Category: Service to the External Community (April 2009)
Faculty Recognition	CSUF, Category: Sponsoring Research and Creative Activities (April 2008)
Training Grant Fellow	National Institute on Drug Abuse, August 2004
Research Poster Award	1 st Place, Research Conference on Minority Issues, Baltimore, Maryland, December 2004
Postdoctoral Training	National Cancer Institute, September 2002 Transdisciplinary Tobacco Use Research Center, September 1999

Research Activities

Extramural Grant Awards

1. National Institutes of Health. **Co-Investigator:** “A Pap test intervention to enhance decision making among PI Women.” PI: Sora Tanjasiri. Project #: 5R01CA149324-02. **\$498,557** (2010-2015).
2. Centers for Disease Control and Prevention. **Co-investigator:** “An interdisciplinary approach to approach obesity: From infancy through adulthood. Project 4: Pediatric weight management evaluation.” PI: Shari McMahan. Project #: 5H75DP001814-02 **\$190,000** (2008-2009).
3. Department of Defense Congressionally Directed Medical Research Programs. **Co-investigator:** “Nutritional and exercise aspects of Prader-Willi Syndrome and childhood obesity.” PI: Daniela Rubin. USAMRMC # 07082001. **\$900,000** (2008-2010).

Intramural Grant Awards

1. University of California, Irvine Institute for Clinical & Translational Sciences Community Engagement Unit (CEU) Campus-Community Research Incubator (CCRI) Program. **Co-Principal Investigator:** Can an

elementary school-based Fit Kid Center increase student engagement in active play and healthy eating habits? **\$10,000** (2014).

2. University Mission and Goals Initiative Grant. **Principal Investigator:** Healthy for Life: Pilot-Testing a Sustainable Version of a School-Based Obesity Prevention Program among 4th and 5th Graders. **\$22,000** (2012).
3. Call to Service Mini-Grant. **Co-Principal Investigator:** “FantastiKids-Evaluation of the ‘Bully for You’ Program.” **\$1,500** (2009-2010).
4. State Special Fund for Research, Scholarship, and Creative Activity. **Principal Investigator:** “A Comprehensive Approach to Understanding Intimate Partner Violence.” **\$5,000** (2007).

Peer Reviewed Articles

1. **Mouttapa, M.,** & Wallace, S.P. (2017). Comparisons between married and never married women on frequencies of food and beverage consumption: Implications for health. Journal of Food and Nutrition Research, 80-85.
2. Lemus, B.A., Mercado, F., Bryars, T., **Mouttapa, M.,** Conkey, T., & Robertson, T. (2016). Reflections regarding the social ecological model to address obesity in southern California youth. Californian Journal of Health Promotion, 14(3), 64-69.
3. Weiss, J.W., Mouttapa, M., Sablan-Santos, L., DeGuzman Lacsamana, J., Quitugua, L., & Tanjasiri, S.P. (2016). Decision making for Pap testing among Pacific Islander women. Health Education Research, 31(6), 792-802.
4. **Mouttapa, M.,** Corliss, C., Bryars, T., Khatib, D., Napoli, J., Patterson, D., & Ross, B. (2016). A preliminary evaluation of a cost-effective, in-class physical activity and nutrition education intervention for 3rd-6th grade students. Health Behavior and Policy Review, 3(3), 248-258.
5. **Mouttapa, M.,** Tanjasiri, S.P., Weiss, J.W., Sablan-Santos, L., DeGuzman Lacsamana, J., Quitugua, L., Flores, P., Flores, P., Paige, C., May, V.T., Tupua, M., Schmidt-Vaivao, D., Taito, P., Vaikona, E., & Vunileva, I. (2016). Associations between women’s perceptions of their husbands’/partners’ social support and Pap screening, in Pacific Islander communities. Asia-Pacific Journal of Public Health, 28(1), 61-71.
6. Tanjasiri, S.P., Weiss, J.W., Santos, L., Flores, P., Flores, P., DeGuzman Lacsamana, Paige, C., **Mouttapa, M.,** Quitugua, L., Taito, P., Tui’one May, V., Tupua, M., & Vaivao, E. (2015). CBPR-informed recruitment and retention adaptations in a randomized study of Pap testing among

Pacific Islanders in southern California. Progress in Community Health Partnerships, 9(3), 389-396.

7. Napoli, J., **Mouttapa, M.**, & Davis, S. (2015). Neighborhood poverty characteristics of pertussis cases among young children in San Bernadino County, CA, in 2010-2011. Californian Journal of Health Promotion, 13(3), 46-54.
8. Weiss, J.W., Yepiz, M.H., **Mouttapa, M.**, McMahan, S., & Gedissman, A. (2015). A Community Clinic-based Approach to Address Pediatric Obesity among a Predominantly Latino Sample of Youth Enrolled in a State Health Plan. Californian Journal of Health Promotion, 13(2), 74-84.
9. Miller, T., Chandler, L., & **Mouttapa, M.** (2015). A needs assessment, development, and formative evaluation of a health promotion smartphone application for college students. American Journal of Health Education, 46, 207-215.
10. Mullapudi, S., **Mouttapa, M.**, & McMahan, S. (2015). Factors linked to energy conservation practices, recall of energy conservation messages, and stair use among university students. Indian Journal of Energy, 3(1), 148-153.
11. Turel, O., Donato, E., & **Mouttapa, M.** (2015). Preventing problematic internet use through video-based interventions: A theoretical model and empirical test. Behavior & Information Technology, 34, 349-362.
12. Fitzpatrick, V., **Mouttapa, M.**, Tanjasiri, S.P., & Napoli, J. (2014). Predictors of women's emergency contraception use and men's support of partner's use among college students. Californian Journal of Health Promotion, 12(2), 78-89.
13. Batista, A., **Mouttapa, M.** Wallace, S., & McMahan, S. (2014). Empieza con Fuerza Tu Día (Kick Start Your Day): A comic book designed to increase knowledge about healthy eating habits among Latino families. Californian Journal of Health Promotion, 12(2), 99-106.
14. Napoli, J., Buchholz, B.D., & **Mouttapa, M.** (2013). Current issues surrounding the screening of commercial motor vehicle drivers for obstructive sleep apnea. Californian Journal of Health Promotion, 11(3), vi-x.
15. González, E.R., & **Mouttapa, M.** (2013). Urban revitalization and health justice: Questions and recommendations. Californian Journal of Health Promotion, 11(2), iv-vii.

16. Shakib, S., **Mouttapa, M.**, Cen, S., Blanco, L., & Unger, J.B. (2013). Variation in parenting characteristics and adolescent smoking by parental immigration status. Journal of Cultural Diversity, *20*, 80-88.
17. Tanjasiri, S.P., Lew, R., **Mouttapa, M.**, Lipton, R., Lew, L., Has, S., & Wong, M. (2013). Environmental influences on tobacco use among Asian American and Pacific Islander youth. Health Promotion Practice, *14*(S1), 40S-47S.
18. Li, M., DiStefano, A., **Mouttapa, M.**, & Gill, J. (2013). Bias-motivated bullying and psychosocial problems: Implications for HIV risk behaviors among young men who have sex with men. AIDS Care. DOI: 10.1080/09540121.2013.811210
19. Weiss, J.W., **Mouttapa, M.**, Nacpil, L., Rubin, D., & Gedissman, A. (2012). Addressing obesity among Latino youth in a pediatrician's office: Preliminary findings of an obesity prevention program. Journal of Behavioral Health, *1*(2), 86-92.
20. Tanjasiri, S., **Mouttapa, M.**, Sablan-Santos, L., & Quituqua, L.F. (2012). What promotes cervical cancer screening among Chamorro women in California? Journal of Cancer Education, *27*, 725-730.
21. Rubin, D.A., **Mouttapa, M.**, Weiss, J.W., & Barrera-Ng, A. (2012). Physical activity in children with Prader-Willi Syndrome: A parents' perspective. Californian Journal of Health Promotion, *10*(SE 1), 57-66.
22. Mohammad, R., McMahan, S., **Mouttapa, M.**, & Zhang, Y. (2012). Kick Start Your Day: A pilot investigation of a family based nutrition and physical activity program targeting low-income Latino families. Californian Journal of Health Promotion, *10*(SE 1), 26-33.
23. Prado, B., McMahan, S., **Mouttapa, M.**, Salazar, I., Love, G., & Norwood, S. (2012). An educational telenovela (soap opera) to promote breastfeeding among U.S. Latinas. Californian Journal of Health Promotion, *10*, SE1, 57-63.
24. Bryars, T., **Mouttapa, M.**, Tanjasiri, S.P., & McMahan, S. (2012). Results of a school-based obesity prevention program targeting early childhood students. Californian Journal of Health Promotion, *10*(1), 99-112.
25. Kengen, T., Rutledge, D., **Mouttapa, M.**, Weiss, J.W., Aquino, J., & Jones, C.J. (2011). Strategies used for managing symptoms by women with fibromyalgia. Journal of Clinical Nursing, *21*, 626-635.
26. Tran, J.H., **Mouttapa, M.**, Ichinose, T.Y., Pang, J.K., Ueda, D., & Tanjasiri, S.P. (2011). Sources of Information that promote breast and

cervical cancer screening among Native Hawaiians in Southern California. Journal of Cancer Education, 25, 588-594.

27. Weiss, J.W., **Mouttapa, M.**, Cen, S., Johnson, C. A., & Unger, J. B. (2011). Longitudinal effects of hostility, depression, and bullying on adolescent smoking initiation. Journal of Adolescent Health, 48, 591-596.
28. **Mouttapa, M.**, Robertson, T., McEligot, A.J., Weiss, J.W., Hoolihan, L., Ora, A., & Trinh, L. (2011). The Personal Nutrition Planner: An evaluation of a 5-week computer-tailored intervention for women. Nutrition Education and Behavior, 43, 165-172.
29. **Mouttapa, M.**, Watson, D.W., McCuller, W.J., et al. (2010). I'm bad, I'm mad: Links between self-identification as a gangster, symptoms of anger, and alcohol use among minority adolescent detainees. Youth Violence and Juvenile Justice, 8, 71-82.
30. Omolafe, A., McMahan, S., **Mouttapa, M.**, & Tanjasiri, S.P. (2010). We are family: Family history of diabetes among African Americans and its association to perceived severity, knowledge of risk factors, and physical activity levels. Californian Journal of Health Promotion, 8, 88-97.
31. **Mouttapa, M.**, Watson, D.W., McCuller, W.J., Reiber, C., & Tsai, W. (2010). Substance use and HIV prevention for youth in correctional facilities. Journal of Correctional Education, 60, 288-314.
32. **Mouttapa, M.**, Watson, D.W., McCuller, W.J., Reiber, C., Tsai, W., & Plug, M. (2010). HIV prevention among incarcerated adolescents. Journal of Correctional Health Care, 16, 27-38.
33. McEligot, A.J., **Mouttapa, M.**, Ziogas, A., & Anton-Culver, H. (2009). Diet and predictors of dietary intakes in women with family history of breast cancer and/or ovarian cancer. Cancer Epidemiology, 33, 419-423.
34. Love, G., **Mouttapa, M.**, & Tanjasiri, S.P. (2009). Everybody's talking: Using entertainment-education video to reduce barriers to discussion of cervical cancer screening among Thai women. Health Education Research, 24, 829-838.
35. Rutledge, D.N., **Mouttapa, M.**, & Wood, P.B. (2009). Symptom clusters in fibromyalgia: Potential utility in patient assessment and treatment evaluation. Nursing Research, 58, 359-367.
36. Evans, E. Murphy, D., **Mouttapa, M.**, & Hser, Y.I. (2009). Regulatory issues encountered when conducting longitudinal substance abuse research. Journal of Drug Issues, 39, 1003-1026.

37. **Mouttapa, M.**, Weiss, J.W., & Hermann, M. (2009). Is image everything? The role of self-image in the relationship between family functioning and substance use among Hispanic adolescents. Substance Use and Misuse, 44, 702-721.
38. Singh, A.N., Matson, J.L., **Mouttapa, M.**, Pella, R.D., Hill, B.D., & Thorson, R. (2009). A critical item analysis of the QABF: Development of a short form assessment instrument. Research in Developmental Disabilities, 30, 782-792.
39. Watson, D.W., Tsai, W., Chu, V.S., Williams, E., **Mouttapa, M.**, Asghar, & Shaw, M.E. (2009). The role of faith-based organizations in supporting efforts to re-integrate residents returning from prison. Californian Journal of Health Promotion, 6, 25-35.
40. Ng, T.G., McMahan, S., **Mouttapa, M.**, Tanjasiri, S.P., & Beam, W., (2009). Comparison of Body Mass Index (BMI) Categories Based on Asian and Universal Standards and Language Spoken at Home Among Asian American University Students. American Journal of Health Education, 40, 37-44.
41. Ora, A.G., **Mouttapa, M.**, Weiss, J.W., & Weissmuller, P. (2008). Food security and homelessness in the City of Anaheim. Californian Journal of Health Promotion, 6, 156-172.
42. Weiss, J. W., Edwards, W., & **Mouttapa, M.** (2008). The puzzle of adolescent substance initiation. In J. W. Weiss & D. J. Weiss (Eds). *The essential Ward Edwards*. New York: Oxford University Press.
43. Weiss, J.W., Palmer, P.H., Chou, C., **Mouttapa, M.**, & Johnson, C.A. (2008). Association between psychological factors and adolescent smoking in Seven Cities, China. International Journal of Behavioral Medicine, 15, 149-156.
44. **Mouttapa, M.**, & Murphy, D.A. (2008). STDs and family health. *The Encyclopedic Reference of Public Health*. Springer Publishing Company.
45. Jagers, R.J., Sydnor, K., **Mouttapa, M.**, & Flay, B.R. (2007). Protective factors associated with preadolescent violence: Preliminary work on a cultural model. American Journal of Community Psychology, 40, 138-145.
46. Watson, D.W., **Mouttapa, M.** et al. (2007). The Life Interventions for Family Effectiveness (LIFE). Preliminary findings on alternative school interventions for adolescents. Journal of Correctional Education, 58, 57-68.

47. Murphy, D.A., Greenwell, L., **Mouttapa, M.**, Brecht, M., & Schuster, M.A. (2006). Physical health of mothers with HIV/AIDS and the mental health of their children. Journal of Developmental & Behavioral Pediatrics 27, 386-395.
48. Weiss, J.W., Cen, S., Schuster, D.V., Unger, J.B., & Johnson, C.A., **Mouttapa, M.**, Schreiner, W.S., Cruz, T.B. (2006). Longitudinal effects of pro-tobacco and anti-tobacco messages on adolescent smoking susceptibility. Nicotine and Tobacco Research, 8, 455-465.
49. Unger, J.B., Shakib, S., Gallaher, P., Ritt-Olson, A., **Mouttapa, M.**, Palmer, P.H., & Johnson, C.A. (2006). Cultural/interpersonal values and smoking in an ethnically diverse sample of Southern California adolescents. Journal of Cultural Diversity, 13, 55-63.
50. Weiss, J.W., **Mouttapa, M.**, Chou, C-P, Nezami, E., Johnson, C.A., Palmer, P., Cen, S., Gallaher, P., Ritt-Olson, A., & Unger, J.B. (2005). Hostility, depressive symptoms, and smoking in early adolescence. Journal of Adolescence, 28, 49-62.
51. Valente, T.W., Gallaher, P., & **Mouttapa, M.** (2004). Using social networks to understand and prevent substance use: A transdisciplinary perspective. Substance Use and Misuse, 39, 1685-1712.
52. **Mouttapa, M.**, Valente, T., Gallaher, P., Rohrbach, R.A., & Unger, J.B. (2004). Social network predictors of bullying and victimization among adolescents in School. Adolescence, 39, 315-335.
53. **Mouttapa, M.**, Huang, T.T-K., Shakib, S., Sussman, S., & Unger, J.B. (2003). Authority-related conformity as a protective factor against adolescent health risk behaviors. Journal of Adolescent Health, 33, 320-321.
54. Shakib, S., **Mouttapa, M.**, Johnson, C.A., Ritt-Olson, A., Trinidad, D., Gallaher, P., & Unger, J.B. (2003). Ethnic variation in parenting characteristics and adolescent smoking. Journal of Adolescent Health, 33, 88-97.
55. Shenassa, E.D., McCaffery, J.M., Swan, G.E., Khroyan, T., Shakib, S., Lerman, C., Lyons, M., **Mouttapa, M.**, Niaura, R.S., Buka, S.L., Leslie, F., & Santangelo, S.L. (2003). Intergenerational transmission of tobacco use and dependence: A transdisciplinary perspective. Nicotine & Tobacco Research, 6, Supp. 1, S55-S69.
56. Unger, J.B., Rohrbach, L.A., Howard-Pitney B., Ritt-Olson, M., & **Mouttapa, M.** (2001). Peer influences and susceptibility to smoking among California adolescents. Substance Abuse and Misuse, 36, 551-571.

Selected Conference Presentations since 2007

1. Tanjasiri, S.P., Sablan-Santos, L., **Mouttapa, M.**, Weiss, J.W., DeGuzman Lacsamana, J. (2016). Outcomes of a social support intervention to increase Pap testing among Pacific Islanders in southern California. Poster presentation given at the 9th AACR Conference on the Science of Cancer Health Disparities in Racial/Ethnic Minorities and the Medically Underserved, Fort Lauderdale, Florida.
2. Bryars, T., & **Mouttapa, M.** (June 2015). Healthy communities initiative: Move More Eat Healthy campaign. Poster presentation given at the 8th Biennial Obesity Conference, San Diego, California.
3. Miller, T., Chandler, L., & **Mouttapa, M.** (April 2015). Creating, implementing, and evaluating a health promotion smartphone application among college students. **Poster presentation** given at the 66th Annual Society for Public Health Education Conference, Portland, Oregon.
4. Young, N., Mercado, F., & **Mouttapa, M.** (February 2015). Fit Kid Center: Children's enjoyment of physical activity. **Oral presentation** given at the 29th Annual CSUF Student Research Competition.
5. Maitlen, C., Gee, A., & **Mouttapa, M.** (February 2015). Healthy Achievers' Challenge: A physical activity and nutrition based community weight loss program targeting low income women living in Orange County, CA. **Oral presentation** given at the 29th Annual CSUF Student Research Competition.
6. Vaikona, E.M., Flores, P., Tanjasiri, S.P., Santos, L., **Mouttapa, M.**, Weiss, J., DeGuzman Lacsamana, J., Quitugua, L., Flores, P., Foo, M., Vaivao, D., Tupua, M., Vunileva, I., May, V.T., Paige, C., Ho'opai, U., Aftab, M. (September 2014). Designing culturally appropriate health interventions for Pacific Islanders: The "Supporting Our Women" Pap test study. Poster presentation given at the He Huliau Health Disparities Conference, Ko'Olina, Oahu, Hawaii.
7. Olivas, M., **Mouttapa, M.** (March 2014). School assemblies: An entertainment education approach towards bullying among elementary school students. **Oral presentation** given at the 28th Annual CSUF Student Research Competition.
8. Napoli, J., Aguilar, A., **Mouttapa, M.** (March 2014). Money well-spent: An evaluation of a cost-effective, teacher-led physical activity and nutrition education intervention among 3rd-6th grade students. **Oral**

presentation given at the 28th Annual CSUF Student Research Competition.

9. Patterson, P., **Mouttapa, M.**, Corliss, C. (March 2014). A collaborative approach towards getting kids active in schools: OCDE-Healthy for Life Project. **Poster** presented at the California Association for Health, Physical Education, Recreation, and Dance (CAHPERD) Conference, Garden Grove, CA.
10. Weiss, J.W., **Mouttapa, M.**, DeGuzman Lacsamana, J., Quitugua, L., Santos, L.S, Tanjasiri, S.P. (January 2014). Decision making for Pap testing among Pacific Islander Women. **Poster** presented at the Society for Medical Decision Making Asia Conference, Singapore.
11. Vargas, E., Aguilar, Y., **Mouttapa, M.**, Bryars, T. (November 2013). The Richman Elementary School Garden Program: A collaborative effort to prevent long-term obesity rates in a local community. **Poster** presented at the Southern California Conference for Undergraduate Research, Whitter, CA.
12. Tanjasiri, S.P., Weiss, J.W., **Mouttapa, M.**, Santos, L.S., DeGuzman Lacsamana, J., Quitugua, L., Vaivao, D., May, V.T. (November 2013). Role of social support in Pap test decision making among Pacific Islander Women. **Poster** presented at the American Association for Cancer Research Annual Meeting, Washington, D.C.
13. DeGuzman Lamansca, J., Quituqua, L., Santos, L., Chavarria, A., Flores, P., Foo, M.A., Lutu, G., May, T.V., **Mouttapa, M.**, Paige, C., Pele, C., Taito, P., Tupua, M., Vaikona, E.M., Vaivao, D., Vunilneva, I., Weiss, J.W., & Tanjasiri, S.P. (November 2013). The CBPR process of recruitment and retention in the Pacific Islander groups in southern California. **Poster** presented at the American Public Health Association Conference, Boston, MA.
14. Corliss, C., Abdrabou, D., **Mouttapa, M.**, Patterson, D. (June 2013). Orange County Department of Education- Healthy for Life (ODCE-HFL). **Poster** presented at the Biennial Childhood Obesity Conference, Long Beach, CA.
15. **Mouttapa, M.**, Tanjasiri, S., Sablan-Santos, L., Weiss, J.W., Quitugua, L., Flores, P., Flores, P., Foo, M.A., DeGuzman, J.L., Lin, A., Lutu, G., Vaivao, D., Tuliau, L., Tupua, M., Taito, P., Vaikona, E.M., Vunileva, I., Tui`one, V. (September 2012). Do men's social support influence Pacific Islander Women's Pap Testing Decision Making? **Poster** presented at the Native Hawaiian and Pacific Islander Health Disparity and Health Equity Conference, Los Angeles, CA.

16. **Mouttapa, M.**, Tanjasiri, S., Weiss, J., et al. (Nov. 2012). Do you perceive what I perceive? The association between men's perceived provision of social support and their female partner's perception of support regarding Pap screening, in Pacific Islander communities. **Oral presentation** given at the American Public Health Association Conference, San Francisco, California.
17. Rose, D.J., **Mouttapa, M.**, Hummel, T., Saborio, R. (November 2011). Efficacy of a fall prevention program delivered to monolingual Korean and Spanish-speaking seniors. **Poster** presented at the Gerontological Society of America Conference, Boston, MA.
18. **Mouttapa, M.**, Grier, L. (November 2011). A mixed methods approach to evaluate a school assembly designed to reduce bullying among elementary school students. **Oral presentation** given at the American Evaluation Association Conference, Anaheim, CA.
19. Rubin, D.A., Judelson, D.A., Mendoza-Carter, D., Clark, S., **Mouttapa, M.** (September 2010). Aerobic exercise capacity in youth with Prader-Willi Syndrome. **Poster** presented at the North American Society for Pediatric Exercise Medicine Conference in Niagara-on-the-Lake, Ontario, Canada.
20. Nacpil, L.M., Weiss, J.W., **Mouttapa, M.**, Rubin, D., Gedissman, A. (April 2010). The biopsychosocial factors associated with overweight and obesity among Latino children and youth. **Poster** presented at the Southern California Public Health Association Conference in Garden Grove, CA.
21. Gedissman, A., Weiss, J.W., **Mouttapa, M.**, Rubin, D., Nacpil, L., Tan, G. (March 2010). Successful integration of a pediatric obesity prevention program with FQHC's. **Poster** presented at the National Initiative for Children Healthcare Quality in Atlanta, GA.
22. **Mouttapa, M.**, Weiss, J.W., McEligot, A.J., Robertson, T., Trinh, L., Ora, A. (November 2009). Dairy Council of California's Personal Nutrition Planner: Results of the online tool among women. **Poster** presented at the American Public Health Association Annual Conference in Philadelphia, PA.
23. Branch, C., Osborne, D., McFollins, T., Watson, D.W., **Mouttapa, M.**, Tsai, W., & Asghar, A. (June 2009). Los Angeles Youth Collaborative for substance use and violence prevention among gang exposed youth. **Poster** presented at the College on Problems of Drug Dependence Conference in Reno, NV.
24. Plug, M., **Mouttapa, M.**, Banzet, M., Delgado, N., Thornton, A., Palomares, M.R. (August 2009). Comparing symptoms of intrusion and

avoidance between women with early stage and locally advanced breast cancer at the time of diagnosis. **Poster** presented at the Roberts Summer Student Academy Poster Session, City of Hope, Duarte, CA.

25. Robertson, T.P., **Mouttapa, M.**, Wallace, S., Weiss, J.W., McEligot, A.J. (October 2009). Results of a tailored internet plus e-mail intervention to improve women's food choices. **Poster** presented at the American Dietetic Association in Denver, CO.
26. Hatanaka, H., Levy, H., Wright, C., Schott, J., Malak-Lopez, D., McKinney, F., Cosio, L., Montenegro, D., Vasquez, E., Watson, D., **Mouttapa, M.**, Tsai, W. (June 2009). Supporting Opportunities for Adolescent Recovery (SOAR). **Poster** presented at the College on Problems of Drug Dependence Conference in Reno, NV.
27. Wallace, S., Robertson, T.P., **Mouttapa, M.**, Weiss, J.W., McEligot, A.J. (April 2009). Evaluating the effectiveness of the Personal Nutrition Planner: an online intervention aimed at women ages 21-65. **Poster** presented at the Experimental Biology Conference in New Orleans, LA.
28. Gedissman, A., **Mouttapa, M.**, Weiss, J.W., & Nacpil, L. (March, 2009). A pediatrician's strategy for obesity prevention and intervention in Latino population: The effect of depressive symptoms on outcomes. **Poster** presented at the National Initiative for Children Healthcare Quality in Grapevine, TX.
29. Gedissman, A., **Mouttapa, M.**, Weiss, J.W., Nacpil, L. (March 2009). A pediatrician's strategy for obesity prevention and intervention in Latino population. **Poster** presented at the American Academy of Pediatrics Annual Conference in Anaheim, CA.
30. Cherry, B.J., Jones, C.J., Rutledge, D.N., Weiss, J., Bakarar, B.K., Zettel-Watson, L., **Mouttapa, M.**, Just, N., & Aquino, J. (March 2009). Physical and cognitive performance in fibromyalgia and normal aging. **Poster** presented at the Annual Rotman Research Conference in Toronto, Canada.
31. Shibata, K., Jones, C.J., **Mouttapa, M.**, Weiss, J.W. (Sept. 2008). Reliability and validity of the 8-foot Up & Go test as a measure of dynamic balance and functional mobility in persons with fibromyalgia. **Poster** presented at the American Academy of Pain Management Annual Clinical Meeting in Nashville, TN.
32. Love, G., **Mouttapa, M.**, & Tanjasiri, S.P. (Aug. 2008). Everybody's talking: Using entertainment-education video to reduce barriers to discussion of cervical cancer screening among Thai women. **Oral presentation** given at the National Conference on Health Communication, Marketing and Media in Atlanta, GA.

33. Rutledge, D.N., **Mouttapa, M.**, Jones, C.J., Lewis, D. (Apr. 2008). Effects of essential oils on symptoms of exercising women with fibromyalgia. **Poster** presented at “The Circle of Nursing Knowledge: Education, Practice & Research.” Western Institute of Nursing in Garden Grove CA
34. Rutledge, D.N., **Mouttapa, M.**, Jones, C.J., Lewis, D. (Apr. 2008). Effects of essential oils on symptoms of exercising women with fibromyalgia [Abstract]. Proceedings of the Western Institute of Nursing, USA, 41, 482.
35. **Mouttapa, M.**, Weiss, J.W. (Nov. 2007). Perceived risk of violence and victimization: Another piece of the adolescent substance use puzzle. **Poster** presented at the American Public Health Association Annual Conference in Washington, DC.
36. Weiss, J.W., **Mouttapa, M.** (Nov. 2007). Puzzle of adolescent substance use. **Poster** presented at the American Public Health Association Annual Conference in Washington, DC.
37. Weiss, J.W., **Mouttapa, M.** (Nov. 2007). MAU for tobacco and alcohol. **Poster** presented at the Society for Judgment and Decision Making Annual Conference in Long Beach, California.
38. McEligot, A.J., **Mouttapa, M.**, Ziogas, A., Anton-Culver, H. (Apr. 2007). Vegetable, fruit, fiber, fat and folate intakes, and BMI in women at high risk for breast and ovarian cancer. **Poster** presented at the American Association for Cancer Research Annual Meeting, Los Angeles, California.

D. Service Activities

Professional Service

1. Senior Editor for the Californian Journal of Health Promotion (2016-present)
2. Editor for the Californian Journal of Health Promotion (2010-2016).
3. Reviewer for the 2017 Western Association of Advisors for the Health Professions Regional Conference, Breakout Proposals (2017).
4. Reviewer for PLOS ONE (2017).
5. Reviewer for Substance Use and Misuse (2014-2016).
6. Reviewer for Journal of Child and Family Studies (2014).

7. Reviewer for Journal of Internet Mediated Research (2014).
8. Associate Editor for the Californian Journal of Health Promotion (2008-2010).
9. Manuscript Reviewer for Youth Violence and Juvenile Justice (2009-present).
10. Manuscript Reviewer for Connections (2004). Editor: Thomas Valente, Ph.D.
11. Manuscript Reviewer for Nicotine and Tobacco Research (2006-2010). Editor: Martha Agreda, Ph.D.
12. Manuscript Reviewer for Addictive Behaviors (2006-2010). Editor:
13. Grant Proposal Reviewer for the Florida Department of Health, Esther and James King Biomedical Research Program (2007-2008).
14. Presentation Reviewer for the Graduate Women in Health (GWIS) Annual Conference, Orange, CA (2007).

University Service

University Level

1. Faculty Mentor, Housing and Residential Engagement (2017-2018).
2. Chair, Department Personnel Committee for University 100 Instructors (2017-2018).
3. Instructor for the Faculty Development Center: Year 1, 2, and 3 Faculty Writing Workshop (2017).
4. Member of the University Library Committee (2015-2017).
5. Faculty Mentor for the Enhancing Postbaccalaureate Opportunities at CSUF for Hispanic Students (EPOCHS, 2014-2015).
6. Member of the TSU Governing Board (2014-2015).
7. Member of the Academic Senate (2014-2016).
8. Member of the University Advancement Committee (2008-2010).
9. Member of the Alcohol and Other Drug Advisory Committee, Research and Assessment Sub-Committee (2007-2010).
10. Member, Academic Senate Writing Proficiency Committee (2009-2010).

College Level

1. Statistics Lecturer for the CSUF Health Careers Opportunity Program Summer Pre-Matriculation Program (2017).
2. Trainer in Graduate-Level Statistics, Health Careers Opportunity Program (2017).
3. Chair of the College of Health and Human Services Curriculum Committee (2008-2009).
4. Member, Intramural Grants Selection Committee (2007).

Department Level

1. Member, Health Science Undergraduate Committee (2014-2015).
2. Member, Health Policy Faculty Search Committee (2014-2015).
3. Member, Health Science Department Personnel Committee (2012-2013)
4. Member, MPH Admissions Committee (2007-2009, 2012-2015)
5. Gerontological Health Faculty Search Committee (Fall 2011).
6. Chair, MPH Admissions Committee (2006-2011)
7. Mentor for the Minority Health and Health Disparities International Research Training (MHIRT) Program (2007).
8. Faculty Sponsor for Eta Sigma Gamma, Delta Rho Chapter (2007-2010).
9. Statistical Consultant for the CSUF Center for Cancer Disparities Research (2007-present).
10. Co-Chairman of the CSUF 2007 Spring Colloquium “Utilizing Surveillance Based Data: Focus on the California Health Interview Survey (CHIS).”
11. Guest lecturer for the Sichuan Public Health Training Program (2007).
12. Guest lecturer for Jie Weiss’s Predicting Smoking and Alcohol Initiation Research Group (2007).

Community Service

1. Evaluator for the St. Jude Medical Center, Healthy Communities Initiative. Funded by St. Jude Hospital (2014-present).

2. Pilot Evaluation of Community-Based Fall Prevention Programs through State Health Departments. Funded by the Centers for Disease Control and Prevention. Lead evaluator: Debbie Rose (2010-2011).
3. Evaluator for the Saint Barnabus Senior Center (Increasing Stability through Exercise and Practice) fall risk reduction program (InSTEP). Funded by the Archstone Foundation. Lead evaluator: Debbie Rose (2010).
4. Evaluator for the Fullerton Healthy Neighborhood Initiative (funded by the California Endowment). Principal Investigator: Barry Ross, St. Jude's Hospital. Grant #: 20081084 (2008-2010).
5. Technical expert for the California Hospital Association Hospital Emergency Preparedness Assessment. Lead evaluator: Darlene Gidley (2009).
6. Evaluator for the Community Action Partnership of Orange County (CAPOC). Funded by the California Endowment. Principal Investigator: Delores Barrett. Grant # 20081336 (2008-2010).
7. Research consultant for University of California, Los Angeles/ Friends' Research Institute, Torrance, CA (2005-2010).
8. Survey analyst for the Community-Based Coalition Addressing the Renaissance Plan (CBCARP), Santa Ana, CA. Coalition leader: Erualdo Gonzalez, CSUF Assistant Professor of Chicana and Chicano Studies (2008).
9. Lead consultant for the Dairy Council of California. Research design and evaluation of the online Personal Nutrition Planner (2007-2009).
10. Statistical consultant for Weaving an Islander Network for Cancer Awareness, Research, and Training (WINCART; 2007-present)
11. Member of the CSUF Fibromyalgia Research and Education Center (2007-present).
12. Member of the CSUF Center for the Promotion of Healthy Lifestyles and Obesity Prevention (2007-present).
13. Research Associate for Dr. Ruhul Amin, Institute for Urban Research, Morgan State University, Baltimore, Maryland. Projects: Parent and Child Experiences Study, YMCA after school program (2004-2005).

14. Project Assistant for Dr. Linda Chan, Children's Hospital of Los Angeles, Division of Children, Youth, and Adolescents. Project: Youth violence literature review (2003-2005).
15. Assistant Evaluator for Dr. Gary Uhl, CDC, and Dr. Thomas Valente, USC. Project: Centers for Disease Control and Prevention evaluation of 4 CDC-funded local HIV/AIDS service coalitions (2004).
16. Research Assistant for Drs. MaryAnn Pentz and Luanne Rohrbach, University of Southern California, Department of Preventive Medicine. Project: Evaluation of activities conducted by the Coalition for Zero Violence, a local coalition that facilitates community involvement to reduce youth violence (2001-2004).
17. Research Analyst for Dr. Terry Huang. Project: Needs assessment for Pasadena Health Department, HIV Prevention Division (2000).
18. Research Assistant to Dr. Gregory Robinson Social Science Research Center, Fullerton, CA. (1998-1999).

E. Teaching Experience

California State University, Department of Health Science

- Instructor for undergraduate Statistics class, Spring 2006- Summer 2015
- Instructor for graduate Statistics Class, Fall 2006-Fall 2014
- Instructor for graduate Research Methods Class, Summer 2009-Summer 2012
- Instructor for undergraduate Research Methods class, Spring 2006-Spring 2007

University of Southern California, Department of Health Promotion and Disease Prevention Studies

- Co-instructor for Health Behavior Research Methods undergraduate course, Fall 2005.
- Preceptor for Introduction to Health Promotion and Disease Prevention undergraduate course, Fall 2000.