Curriculum Vitae

Tabashir Zahra Nobari, PhD, MPH

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EDUCATION

2016 PhD in Community Health Sciences with a minor in Urban Planning

Fielding School of Public Health, University of California, Los Angeles,

Los Angeles, CA

2005 MPH in International Health Epidemiology

School of Public Health, University of Michigan, Ann Arbor, MI

2002 BS in Biochemistry

University of California, Los Angeles, Los Angeles, CA

CURRENT POSITION

2019 - Assistant Professor

Department of Public Health, California State University, Fullerton

Fullerton, CA

RESEARCH EXPERIENCE

2017-2019 Assistant Researcher

Department of Community Health Sciences, Fielding School of Public Health

University of California, Los Angeles, Los Angeles, CA

2016-2019 Postdoctoral Research Analyst

Public Health Foundation Enterprises WIC Program, Irwindale, CA

2016-2017 Research Scientist

Department of Community Health Sciences, Fielding School of Public Health

University of California, Los Angeles, Los Angeles, CA

2014-2016 Predoctoral Research Analyst

Public Health Foundation Enterprises WIC Program, Irwindale, CA

Oct. 2016 Researcher

Tso-Ngon (Qinghai) University Tibetan Medical College, Xining, China

2010-2016 Graduate Student Researcher for Dr. May Wang

Department of Community Health Sciences, Fielding School of Public Health

University of California, Los Angeles, Los Angeles, CA

2011-2012 Graduate Student Researcher for Drs. Rick Brown and Steve Wallace

UCLA Center for Health Policy Research, Los Angeles, CA

2006-2010 Research Analyst

Center on Social Disparities in Health

University of California, San Francisco, San Francisco, Ca

2005 Graduate Research Assistant

University of Michigan School of Public Health, Ann Arbor, MI

2004 Research Intern

Institut Salah Aziz, Tunis, Tunisia

TEACHING EXPERIENCE

Guest lectured on childhood obesity, and the social determinants of health to

graduate and undergraduate classes at UCLA Fielding School of Public Health,

and California State University, Fullerton.

Guest lectured on adult and childhood obesity, and maternal and child health for

public health undergraduate and graduate classes at UCLA Fielding School of

Public Health and California State University, Los Angeles.

Oct. 2016 Visiting Instructor

Tso-Ngon (Qinghai) University Tibetan Medical College, Xining, China

Nov. 2016 Visiting Instructor

Reseau Africain d'Education pour la Sante (RAES), Dakar, Senegal

Fall 2014 Teaching Assistant for core community health sciences class (CHS 210)

Department of Community Health Sciences, Fielding School of Public Health

University of California, Los Angeles, Los Angeles, CA

HONORS AND AWARDS

2015-2016 Celia and Joseph Blann Fellowship

2014-2015 Juneal Marie Smith Fellowship in International Nutrition

2012-2014 National Institute of General Medical Sciences T32 Trainee (T32GM084903),

California Center for Population Research and Department of Health Psychology,

University of California, Los Angeles, Los Angeles, CA

INSTITUTIONAL AND PROFESSIONAL SERVICE

2017-2018 Peer Reviewer for Maternal and Child Health Journal, Childhood Obesity,

Public Health Nutrition

2011-2016 Coordinating member for Spirit of 1848's Student Poster Session for the APHA

Annual Meetings.

2012-2013 Doctoral student representative at UCLA Department of Community Health

Science's faculty meetings.

MEMBERSHIPS IN PROFESSIONAL SOCIETIES

2018-present Member, American Public Health Association Caucus on Homelessness

2008-present Member, American Public Health Association

2014 Member, Population Association of America

PEER-REVIEWED PUBLICATIONS

- 1. Robles B, Jiang L, Prelip M, **Nobari TZ**, Wang A, Kuo T, Wang MC. Notes from the Field: Creating a Typology of Childhood Obesity Intervention Strategies. *Evaluation & the Health Professions*. In press.
- Nianogo RA, Wang MC, Basurto-Davila R, Nobari TZ, Prelip M, Arah OA, Whaley SE. Economic evaluation of California prenatal participation in the Special Supplemental Nutrition Program for Women, Infants and Children (WIC) to prevent preterm birth. *Preventive Medicine* 2019; 124:42-49.
- 3. Jung S, **Nobari TZ**, Whaley SE. Breastfeeding Outcomes Among WIC-Participating Infants and Their Relationships to Baby-Friendly Hospital Practices. *Breastfeeding Medicine* 2019; 14(6).
- Nobari TZ, Whaley SE, Blumenberg E, Prelip M, Wang MC. Severe housing-cost burden and obesity in preschool-aged low-income children in Los Angeles County. *Preventive Medicine Reports* 2018; https://doi.org/10.1016/j.pmedr.2018.12.003
- 5. **Nobari TZ**, Whaley SE, Prelip ML, Crespi CM, Wang MC. Trends in Socioeconomic Disparities in Obesity Prevalence among Low-Income Children Aged 2–4 Years in Los Angeles County, 2003–2014. *Childhood Obesity* 2018; 14(4):248-258
- 6. **Nobari TZ**, Whaley SE, Crespi CM, Prelip ML, Wang MC. Widening socioeconomic disparities in early childhood obesity in Los Angeles County after the Great Recession. *Public Health Nutrition* 2018; 21(12)2301-2310
- 7. Wang MC, Crespi KC, Jiang LH, **Nobari TZ**, Roper-Fingerhut H, Rauzon S, Robles B, Blocklin, M, Davoudi M, Kuo T, MacLeod K, Seto E, Whaley SE, Prelip M. Developing an index of dose of exposure to early childhood obesity community interventions. *Preventive Medicine* 2018;111:135-141.
- 8. **Nobari TZ**, Jiang L, Wang MC, Whaley SE. Baby-Friendly Hospital Initiative and Breastfeeding among WIC-Participating Infants in Los Angeles County. *Journal of Human Lactation* 2017; 33(4): 677-683
- 9. Robles B, Montes C, **Nobari TZ**, Wang MC, Kuo T. Dietary behaviors among public health center clients with electronic benefit transfer access at farmers' markets. *Journal of the Academy of Nutrition and Dietetics* 2017; 117 (1), 58-68.
- Nianogo RA, Wang MC, Wang A, Nobari TZ, Crespi CM, Whaley SE, Arah OA. Projecting the impact of hypothetical early life interventions on adiposity in children living in low-income households. *Pediatric Obesity* 2016 Jun 10. doi: 10.1111/ijpo.12157.
- 11. **Nobari TZ**, Wang MC, Whaley SE. Asian-American mothers' perception of their children's weight: a comparison with other racial/ethnic groups in Los Angeles. *Ethnicity & Disease* 2015; 1:52-57.
- 12. Chaparro MP, Whaley SE, Crespi CM, Koleilat M, **Nobari TZ**, Seto E, Wang MC. Influences of the neighborhood food environment on adiposity of low-income preschool-aged children in Los Angeles County: a longitudinal study. *Journal of Epidemiology and Community Health* 2014; 68(11):1027-33.
- 13. **Nobari TZ**, Wang MC, Chaparro MP, Crespi C, Koleilat M, Whaley SE. Immigrant enclaves and obesity in preschool-aged children in Los Angeles County. *Social Science and Medicine* 2013; 92:1-8.
- 14. **Sadegh-Nobari T**, Leos R, Kietzman KG, Wallace SP. Opportunity knocks: Increasing the use of clinical preventive services by older adults in your community. Los Angeles, CA: UCLA Center for Health Policy Research, 2012.
- 15. Miller WD, **Sadegh-Nobari T**, Lillie-Blanton M. Health starts for all: policy prescriptions. *American Journal of Preventive Medicine* 2011; 40(1 Suppl 1): S19-37

PUBLICATIONS UNDER REVIEW

- 1. **Nobari TZ**, Whaley SE. Severe housing-cost burden and low-income young children's exposure to adverse experiences: a survey of WIC participants in Los Angeles County. Submitted to *Maternal and Child Health Journal*.
- 2. Crespi CM, Gao S, Payne A, **Nobari TZ**, Nau C, Whaley SE, Wang MC. Longitudinal trajectories of adiposity indices from age 2-5 in a population of Hispanic children. Submitted to *Pediatrics*.
- 3. Gipson J, Moucheraud C, Gyaltsen K, Tsering L, **Nobari TZ**, Gyal L. Cross-sectional surveys of nomadic Tibetan women's health. Submitted to *International Journal for Equity in Health*.

OTHER (BOOK CHAPTER, POLICY BRIEFS, ISSUE BRIEFS, CHARTBOOKS)

- 1. **Nobari TZ**, Martinez C, Whaley SE. Housing insecurity and homelessness among WIC participants in Los Angeles. Los Angeles, CA: PHFE WIC 2019. http://lawicdata.org/wp-content/uploads/2019/07/Housing_Brief_final.pdf
- 2. **Nobari TZ**. Trends in obesity prevalence among WIC-enrolled children: Differences by socioeconomic characteristics. *Global Fruit and Veg Newsletter* 2018; 36: 3.
- 3. Wang MC, Sawyer AJ, **Nobari TZ**. Prevention of osteoporosis in children and adolescents. Chapter 16 in Public Health Nutrition: Principles and Practice in Community and Global Health. Burlington, MA: Jones & Bartlett Learning, 2015.
- 4. Wallace SP, Torres JM, **Nobari TZ**, Pourat N. Undocumented and uninsured: Barriers to affordable care for immigrant populations. Washington, DC: The Commonwealth Fund, 2013. Available at http://www.commonwealthfund.org/~/media/Files/Publications/Fund%20Report/2013/Aug/1699_Wallace_undocumented_uninsured_barriers_immigrants_v2.pdf
- 5. Wallace S, Torres J, **Sadegh-Nobari T**. Pourat N, Brown ER. Undocumented immigrants and health care reform. Left out in the cold: undocumented immigrants under health. Final report to the Commonwealth Fund. Los Angeles, CA: UCLA Center for Health Policy Research, 2012.
- 6. Egerter S, Braveman P, **Sadegh-Nobari T**, Grossman-Kahn R, Dekker M. *Issue Brief 6: Education and Health.* Washington, DC: Robert Wood Johnson Foundation Commission to Build a Healthier America, September 2009. Available at: http://www.commissiononhealth.org/Publications.aspx
- 7. Egerter S, Braveman P, Cubbin C, Dekker M, **Sadegh-Nobari T**, An J, Grossman-Kahn R. *Reaching America's Health Potential: A State-by-State Look at Adult Health.* Washington, DC: Robert Wood Johnson Foundation Commission to Build a Healthier America, 2009. Available at: http://www.commissiononhealth.org/Publications.aspx
- 8. Pollack C, Egerter S, **Sadegh-Nobari T**, Dekker M, Braveman P. *Issue Brief 2: Housing and Health.* Washington, DC: Robert Wood Johnson Foundation Commission to Build a Healthier America, September 2008. Available at: http://www.commissiononhealth.org/Publications.aspx
- 9. Braveman P, **Sadegh-Nobari T**, Egerter S. *Issue Brief 1: Early Childhood Experiences and Health*. Washington, DC: Robert Wood Johnson Foundation Commission to Build a Healthier America, June 2008. Available at: http://www.commissiononhealth.org/Publications.aspx
- 10. Egerter S, Braveman P, Pamuk E, Cubbin C, Dekker M, Pedregon V, **Sadegh-Nobari T**. *America's Health Starts with Healthy Children: How Do States Compare?* Washington, DC: Robert Wood Johnson Foundation Commission to Build a Healthier America, 2008. Available at: http://www.commissiononhealth.org/Publications.aspx

SELECTED PRESENTATIONS

- 1. **Nobari TZ**, Whaley SE. Unaffordable housing and the home environment of low-income preschoolaged children living in Los Angeles County. Oral presentation, *American Public Health Association* (*APHA*). San Diego, CA. (Nov 2018)
- 2. **Nobari TZ**, Kreuger K, Osgood N, Nianogo R, Whaley S, Wang M. An agent-based model to estimate the impact of increasing affordable housing on obesity risk in early childhood. Oral presentation, *9th Biennial Childhood Obesity Conference*. San Diego, CA. (May 2017).
- 3. **Nobari TZ**, Whaley SE, Prelip M, Crespi C, Wang MC. Socioeconomic disparities in obesity among low-income preschool-aged children in Los Angeles County. Invited oral presentation, *California Academy of Nutrition and Dietetics*, Sacramento, CA. (April 2017).
- 4. **Nobari TZ**, Kreuger K, Osgood N, Nianogo R, Whaley S, Wang M. An agent-based model to estimate the impact of increasing affordable housing on obesity risk in early childhood. Oral presentation, *American Public Health Association (APHA)*, Denver, CO (Nov 2016).
- 5. **Nobari TZ**, Wang MC, Crespi CM, Whaley SE. Trends in child obesity by severe housing cost burden among WIC preschool children in Los Angeles. Oral presentation, *American Public Health Association (APHA)*, Chicago, IL, (Nov 2015).
- 6. **Nobari TZ**, Wang MC, Crespi CM, Whaley SE. Severe housing cost and obesity among low-income preschool children in Los Angeles. Poster presentation, *International Society of Behavioral Nutrition and Physical Activity (ISBNPA)*, Edinburgh, Scotland. (June 2015).
- 7. **Nobari TZ,** Wang MC, Crawford PB. Impact of stress on adolescent obesity: Findings from the NGHS study. Poster presentation, *American Public Health Association (APHA)*, New Orleans, LA. (Nov 2014)
- 8. **Nobari TZ**, Blumenberg E, Chaparro MP, Seto EY, Wang C. Food store environment of immigrant enclaves in Los Angeles County. Oral presentation, *Population Association of America* (PAA), Boston, MA (May 2014).
- 9. **Sadegh-Nobari T**, Wang MC, Crespi C, Gomez J, Chaparro MP, Whaley SE. Neighborhood social environment and child obesity among minority immigrant preschool-aged children in Los Angeles County. Oral presentation, *American Public Health Association (APHA)*, Washington, DC. (Oct 2011).

GRANTS

UCLA Fielding School of Public Health Homelessness Assistance and Prevention Grant
Title: "Examining housing instability among low-income families in Los Angeles County"
Role: PI

California Center for Population Research (CCPR) Seed Grant (PI: Wang) 2013-2016 Title: "Examining the role of epigenetics in health disparities in a national longitudinal study" Wrote and submitted grant.