

Public Health Minor (21 units total)

California State University, Fullerton

Department of Public Health

EFFECTIVE FALL 2021

Public Health focuses on understanding and promoting health in diverse populations. Public health research reflects the range of diverse health problems, settings and populations. The approach considers the multi-level determinants of health and well-being, including individuals, groups, organizations and communities. An important aspect of this process involves empowering people to change the factors that influence their health and well-being, be it within the individual or in their social environment.

Lower-Division Required Courses (6 units)

- PUBH 115: Introduction to Environmental Health
- PUBH 201: Introduction to Public Health

Upper-Division Required Courses (6 Units)

Any 400-level Public Health (PUBH) course not used in Elective requirements.

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- _____

Pick from the following list:

400-level Public Health (PUBH) Courses (all courses are 3 units)

- | | |
|---|---|
| <input type="checkbox"/> PUBH 400: Program Design in KNES & Health Promotion | <input type="checkbox"/> PUBH 450: Applied Health Promotion in Aging Pops. |
| <input type="checkbox"/> PUBH 401: Epidemiology | <input type="checkbox"/> PUBH 455: Designing Health Education Curricula |
| <input type="checkbox"/> PUBH 402: Intro to the U.S. Healthcare System | <input type="checkbox"/> PUBH 460: Worksite Health Promotion |
| <input type="checkbox"/> PUBH 405: Worksite Injury Prevention & Rehabilitation | <input type="checkbox"/> PUBH 461: Occupational Health and Safety |
| <input type="checkbox"/> PUBH 410: Community Health Education | <input type="checkbox"/> PUBH 462: Environmental Toxicology and Health |
| <input type="checkbox"/> PUBH 411: Promoting Health in Diverse Populations | <input type="checkbox"/> PUBH 463: Air Pollution and Health |
| <input type="checkbox"/> PUBH 415: Environmental Health | <input type="checkbox"/> PUBH 465: Introduction to International Health |
| <input type="checkbox"/> PUBH 416: Global Issues in Environmental Health | <input type="checkbox"/> PUBH 466: Hazardous Material Regulations & Emergency Response |
| <input type="checkbox"/> PUBH 420: Chronic Disease Epidemiology (prereq: PUBH 401) | <input type="checkbox"/> PUBH 470: Childhood Obesity, Nutrition & Social Context (prereq: PUBH 350) |
| <input type="checkbox"/> PUBH 421: Infectious Disease Epidemiology (prereq: PUBH 401) | <input type="checkbox"/> PUBH 472: Nutritional Assessment (prereq: PUBH 350) |
| <input type="checkbox"/> PUBH 424: Health Policy | <input type="checkbox"/> PUBH 480: Transdisciplinary Perspectives on HIV/AIDS |
| <input type="checkbox"/> PUBH 425: Alternative Healing Therapies | <input type="checkbox"/> PUBH 481: Health in a Global Society |
| <input type="checkbox"/> PUBH 426: Spirituality and Health | |
| <input type="checkbox"/> PUBH 440: Determinants of Health Behavior | |

Electives (9 Units)

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- _____
- _____

Public Health Electives (3-9 Units)

3-9 units of any 300- or 400-level Public Health (PUBH) course not used in the PUBH Required Courses

Pick from the above 400-level PUBH Course list OR from the following 300-level PUBH Course list:

300-level Public Health (PUBH) Courses (all courses are 3 units)

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|--|--|
| <input type="checkbox"/> PUBH 301: Promotion of Optimal Health | <input type="checkbox"/> PUBH 349: Measurement and Statistics in PUBH |
| <input type="checkbox"/> PUBH 321: Drugs and Society | <input type="checkbox"/> PUBH 350: Nutrition |
| <input type="checkbox"/> PUBH 325: Consumer Health | <input type="checkbox"/> PUBH 353: Physical Activity and Lifelong Well-Being |
| <input type="checkbox"/> PUBH 342: Stress Management | <input type="checkbox"/> PUBH 358: Contemporary Issues in Children's Health |

Elective Courses from Other Departments (0-6 units of any of the following)

<input type="checkbox"/> AFAM 304: The Black Family	<input type="checkbox"/> CHIC 305: The Chicano Family
<input type="checkbox"/> AMST 438: American Minds: Images of Sick and Health	<input type="checkbox"/> COUN 350: Leadership Skills and Personal Development
<input type="checkbox"/> ANTH 308: Culture and Aging	<input type="checkbox"/> GEOG 321: Nature and Society
<input type="checkbox"/> ANTH 315: Culture and Nutrition	<input type="checkbox"/> KNES 348: The Physiology of Exercise
<input type="checkbox"/> ANTH 322: Human Behavioral Ecology	<input type="checkbox"/> KNES 351: Principles of Conditioning
<input type="checkbox"/> ANTH 342: Anthropology and Health	<input type="checkbox"/> KNES 432: Applied Exercise Psychology
<input type="checkbox"/> ANTH 344: Human Evolution	<input type="checkbox"/> KNES 454: Physical Activity and the Aging Process
<input type="checkbox"/> ASAM 300: Intro. to Asian Pacific American Studies	<input type="checkbox"/> PHIL 313: Environmental Ethics
<input type="checkbox"/> ASAM 340: Asian American Communication	<input type="checkbox"/> PHIL 314: Medical Ethics
<input type="checkbox"/> ASAM 342: Asian Pacific American Families	<input type="checkbox"/> POSC 320: Introduction to Public Management & Policy
<input type="checkbox"/> ASAM 346: Asian American Psychology	<input type="checkbox"/> PSYC 312: The Psychology of Human Sexual Behavior
<input type="checkbox"/> BIOL 300: Environmental Biology	<input type="checkbox"/> PSYC 341: Abnormal Psychology
<input type="checkbox"/> BIOL 302: General Microbiology (4 units)	<input type="checkbox"/> PSYC 351: Social Psychology
<input type="checkbox"/> BIOL 305: Human Heredity and Development	<input type="checkbox"/> PSYC 362: Psychology of Aging
<input type="checkbox"/> BIOL 306: Biology of Aging	<input type="checkbox"/> PSYC 391: Industrial/Organizational Psychology
<input type="checkbox"/> BIOL 310: Human Physiology	<input type="checkbox"/> SOCI 300: Social Work
<input type="checkbox"/> BIOL 360: Biology of Human Sexuality	<input type="checkbox"/> SOCI 354: Sex Roles and Gender
<input type="checkbox"/> BIOL 361: Human Anatomy (4 units)	<input type="checkbox"/> SOCI 360: Sociology of Death and Dying
<input type="checkbox"/> CAS 328: Child Life Theory and Practice	<input type="checkbox"/> SOCI 361: Population and the Environment
<input type="checkbox"/> CAS 365: Adolescent Pregnancy and Parenting	<input type="checkbox"/> SOCI 381: Sociology of Human Sexuality
<input type="checkbox"/> CHEM 301A: Organic Chemistry	<input type="checkbox"/> SOCI 385: Family Violence
<input type="checkbox"/> CHEM 301B: Organic Chemistry	<input type="checkbox"/> SOCI 443: Sociology of Aging
<input type="checkbox"/> CHEM 311: Nutrition and Disease	<input type="checkbox"/> SPED 371: Exceptional Individual
<input type="checkbox"/> CHEM 313A: Air Pollution (1 Unit)	<input type="checkbox"/>
<input type="checkbox"/> CHEM 313B: Water Pollution (1 Unit)	<input type="checkbox"/>
<input type="checkbox"/> CHEM 313C: Land Pollution (1 Unit)	<input type="checkbox"/>

NOTE: A Public Health minor will need to contact the PUBH Advisors to be permitted to enroll in PUBH 400-level courses.

In completing the requirements for the minor, a minimum of twelve (12) units, of which at least six (6) must be upper division, must be distinct and different from the units used to complete the requirements of the major. Any units above this minimum requirement, which can be used to satisfy both the requirements for the minor and for the major may be double counted. General education courses, however, may be used to meet minor requirements.

Coursework must be taken for a letter grade and a “C-” or better is required to pass courses applied to the minor. In order to graduate with a Public Health Minor a minimum Minor GPA of a 2.0 is required.

Contact: Advisors: Alysia Rivera and Jackie Blyleven PUBHadvicing@fullerton.edu in KHS 193.