



CALIFORNIA STATE UNIVERSITY
FULLERTON[™]

Student Health Fee 2020 - 2021

Student Fee Advisory Committee Meeting

Mary Becerra, Ed.D., MPH; Director, Health Services

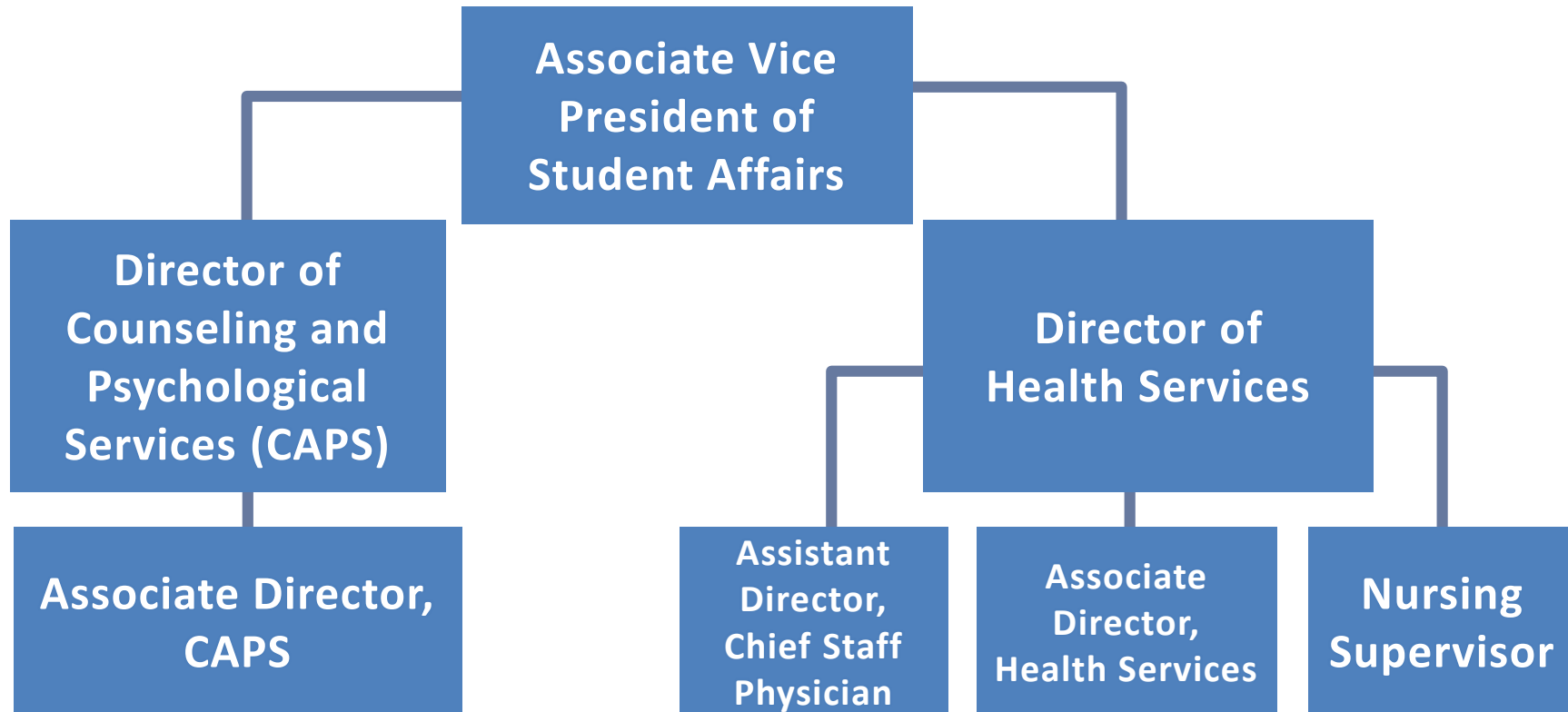
Jaime Sheehan, Ed.D.; Director, CAPS

February 15, 2022

Overview

- Current fee structure
- Revenues and Expenditures
- Purpose and Accomplishments
- Upcoming Challenges

Governance – Student Wellness Management Team



Governance

- CSU Executive Order 943
- AAAHC (Accreditation Association of Ambulatory Health Care)
- SHAC (Student Health Advisory Committee)
 - *Students, Faculty, Staff*
- Management Team
 - *Associate Vice President, Wellness and Care Services*
 - *Director, Health Services*
 - *Associate Director, Administrative and Prevention Services*
 - *Director, Counseling and Psychological Services*
 - *Associate Director, CAPS*
 - *Assistant Director and Chief Staff Physician, Health Services*
 - *Nursing Supervisor, Health Services*

History



Nurse Couper

- The *Policy of the Board of Trustees on Student Health Services* was adopted initially as a comprehensive system-wide policy in **1977**.
- Revised in May **1988** and required that ***basic student health services*** be available to all regularly enrolled students at no additional charge.
 - Treatment for illnesses and injuries
 - Family planning services
 - Health education
 - Counseling for individual health problems
- In addition, the policy allowed campuses to offer additional elective, “augmented” services free of charge or for a fee.

From 2001 Audit Report

More History

- In the **early 1990's**, a dramatic change to the fiscal climate prompted a reevaluation of the existing policy.
 - Several CSU campuses reported an inability to provide basic health services without additional revenue.
- Accordingly, in November **1992**, the Board of Trustees delegated to the Chancellor the authority to approve exceptions to the fee restrictions of the policy.
 - Such exceptions were permitted with the understanding that a task force would undertake a comprehensive review of the provision and financing of student health services.
- **In 1994**, CSUF students voted for a mandatory health fee of \$40 per year.
- **In 1997/98**, the fee was increased to \$50 per year.
- **In 2007/08**, the fee was increased to \$85, then \$90 through 2012.
- **In 2011**, CSUF students voted to establish a fee schedule with incremental increases once again.

Fee Schedule from 2011 - present

Student Health Fee	Term/Year	Fee (annual)
	2011-2012	\$90
	2012-2013	\$142
	2013-2014	\$150
	2014-2015	\$158
	2015-2016	\$160
	2016-2017	\$160
	2017-2018	\$163
	2018-2019	\$168
	2019-2020	\$174
	2020 - 2021	\$178

Change in Fee Schedule

- Fall 2011 – vote by student fee referendum
- Increase fee from \$45/sem. to \$70/sem. (Fall 2012) and \$2 increments each semester for 5 semesters, with annual increases by index.
- FY 2020 -2021: \$178/annual
- Recommended to evaluate health fee every 8-10 years
 - Changing needs of the campus
 - Student health status and needs
 - Increased costs of medical supplies, equipment and contracted services
 - Changes in employee salaries/benefits
 - Facility improvements/upgrades
 - Educational programming and prevention measures

2020 – 2021 System-wide Health Center Fee

Maritime	\$740	San Bernardino	\$275
Humboldt	\$666	Pomona	\$269
San Luis Obispo	\$662	Sacramento	\$259
Chico	\$510	Channel Islands	\$190
San Francisco	\$448	Monterey Bay	\$186
Sonoma	\$444	Fullerton	\$178
Stanislaus	\$430	Northridge	\$152
San Diego	\$410	Dominguez Hills	\$150
East Bay	\$386	Long Beach	\$150
San José	\$380		
San Marcos	\$332	<u>Average: \$353</u>	
Bakersfield	\$326		
Los Angeles	\$287		
Fresno	\$278		

Revenue and Expenses

- Revenue (Health Fee)
 - Summer 2020 (\$) \$ 710,895.85
 - Fall 2020 (\$) \$3,660,163.52
 - Spring 2021 (\$) \$3,503,043.28
 - **Total SHC fees collected** **\$7,874,102.65**
- Expenses
 - Salaries and Benefits \$9,367,157.09
 - Supplies, services, programming \$1,692,660.89
 - **Total Expenses** **\$11,059,819.98**

Purpose

- Increased ***demand***, especially in crisis and other mental health services
- Increased ***severity*** of presenting symptoms/concerns
- Barrier to ***access*** (for off campus care)
- Training for faculty, staff & students
- Campus partner in risk assessments, emergency response, and wellness services

Basic and Augmented Services

- Primary Care
- Radiology
- Pharmacy
- Family PACT Family Planning Services
- Laboratory Services
- Immunization Services
- Counseling
- Psychiatry
- Rehabilitation Services (PT, Athletic Training)
- Orthopedics and Sports Specialist
- Optometry
- Telehealth
- Prevention and Educational Programming

2020-2021 Contacts Summary

SERVICE	# APPOINTMENTS	DEPARTMENT	# STUDENTS SERVED
CAPS	9,228	CAPS	2,153
CAPS Crisis	385	Health Services	4,497*
FAMILY PACT	440*		
NURSING	1,892*		
COVID Testing (clinical)	244		
REHABILITATION SERVICES	463*		
PRIMARY CARE	9,725*		
PSYCHIATRY	955		
TITANWELL (CLINICAL)	87*		
GRAND TOTAL:	23,419	GRAND TOTAL:	6,650

*Clinical contacts were drastically impacted by COVID-19 protocol. Per CDC and Cal/OSHA guidelines, clinical in-person services were significantly restricted for most of this time period.

Health Services Highlights

- Incorporated telemedicine into on-going provider schedules
- Partnered with OCHCA and other off campus partners to provide COVID-19 vaccines on campus
- Offered flu vaccine clinic on campus
- Renewed contracts for optometry and orthopedic services
- Hired and trained approximately 10 new professional staff
- Ongoing partnership with Basic Needs Center

CAPS Highlights

- Provided 11,862 counseling and psychiatric appointments which were utilized by 1,975 students
 - 46.3% increase in counseling sessions with clients over previous years
- 8,119 hours spent face to face with students this last year
- 348 crisis sessions for students who needed to be seen
- CAPS offered 16 weekly psychotherapy groups and drop-in groups

Titan Well Highlights

- Virtual programming included: topic based Zoom hangouts; FOODucation Live! series; CHOICES/BASICS/CASICS workshops; Step Up Bystander Intervention; etc.
- Titan Hut Videos
- Condom Request Program
- Virtual and In-person advocacy
- Social media engagement

Accomplishments in 2020-2021

- Re-accredited by AAAHC through January 2024
- Effective March 2020, implemented telemedicine for primary care and mental health appointments
- Beginning September 2020, served as campus COVID-19 testing provider for all students and employees.
- Served as the lead for contact tracing for all student COVID-19 cases and exposures.
- Continued virtual programming in both Titan Well and CAPS

Looking ahead to 2021-2022, etc.

- Renovation of Facilities
- CAPS Expansion - Two Locations
 - SHCC East and Titan Hall
- New Wellness Room Opening Soon (Titan Hall)
 - Massage Chairs, Yoga Room, Nap Pods
- Robust recruitment
- On-going partnerships – Walmart (Vaccine Distribution); Waymakers (Advocacy); OCHCA

Questions?